AHA Session III: Gender Roles and Societal Norms

1. Icebreaker- Gender in a bag (15 mins)
2. Group Discussion/ Pre Test
   • What do you think normally male and female roles are? (15 mins)
3. Have everyone list attributes of their perfect mate (15 mins)
4. Discussion about what they selected and why? How does society and media impact our vision?
5. Break into groups by gender (15 mins)
   • Go over the question what if you woke up as the other gender?
   • What would your day be like?
   • What do you think the other gender is saying about being your gender?
6. Discussion as a big group about what was said in each group. Allowing for questions from both groups about why they said or thought what they thought. (10mins)
7. Questions about anything covered today/ touch upon Thursday’s session.
8. Rose and Thorne (10 mins)