A Cocaine Cue Acts as an Incentive Stimulus in Some but not Others: Implications for Addiction

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Background: In addicts drug cues attract attention, elicit approach, and motivate drug-seeking and drug-taking behavior, and addicts find it difficult to resist such cues. In preclinical studies we have found, however, that food cues acquire incentive motivational properties only in a subset of individuals. For example, a food cue becomes attractive, eliciting approach and engagement with it, and acts as an effective conditional reinforcer in some rats but not others. We asked, therefore, whether rats that have a propensity to attribute incentive salience to a food cue are the same ones that attribute incentive value to a drug (cocaine) cue.

Methods: We first used a Pavlovian conditioned approach procedure to determine which individual rats attributed incentive salience to a food cue. A second cue was then associated with the IV self-administration of cocaine. Later, the ability of the cocaine cue to maintain self-administration behavior and to reinstate self-administration after extinction was assessed.

Results: We report that in individuals that had a propensity to attribute incentive salience to a food cue, a cocaine cue spurred motivation to take drugs (its removal greatly diminished self-administration) and reinstated robust drug-seeking after extinction. However, in those individuals that failed to attribute incentive salience to a food cue, the cocaine cue was relatively devoid of incentive motivational properties.

Conclusions: We conclude that it is possible to determine, before any drug experience, which individuals will most likely have difficulty resisting drug cues, a trait that might confer susceptibility to addiction.

Key Words: Addiction, cocaine, goal tracking, incentive salience, reinstatement, sign-tracking

Cues associated with rewards can themselves act as powerful incentives, arousing desire and instigating actions. For example, food-related cues can motivate eating even when one is sated (1,2), and in addicts, drug cues grab the attention more powerfully than other stimuli (3) and can produce craving and/or relapse (4,5). Even drug cues outside of conscious awareness activate brain motive circuits (6). The importance of drug-associated cues in motivating behavior has been confirmed with animal models of addiction. Drug cues are attractive and “wanted”—they are approached (7), and animals will work to get them (8–10); drug cues help maintain drug-seeking and-taking behavior—they omission greatly decreases seeking and self-administration (11–15); and drug cues are powerful instigators of reinstatement/relapse—promoting renewed drug-seeking after extinction or prolonged abstinence (16,17). For reward-associated cues to motivate, however, they must acquire the ability to act as incentive stimuli (i.e., be attributed with incentive salience) (18–22).

How do cues acquire the ability to motivate? It is often assumed that cues (conditional stimuli, [CS]) become incentive stimuli merely as a function of their conditional relationship with a reward (unconditional stimulus, [US]), but in fact, the ability of a CS to predict a US and evoke a conditional response (CR) is not sufficient to confer incentive value to the CS (23–26). When a localizable cue (a lever-CS) is associated with the receipt of food reward, only in some rats does the lever-CS itself become attractive, eliciting approach and engagement with it, and in these animals the lever-CS is also an effective conditional reinforcer (i.e., animals will work to get it). But in other rats the lever-CS does not attract. These animals are fully capable of learning a Pavlovian CR, but the CR is not directed toward the CS but rather toward the place food will be delivered, and in these rats the lever-CS is relatively ineffective as a conditional reinforcer (23). Animals for which a localizable cue acts as an attractive incentive stimulus are called “sign-trackers” (STs)—they approach the cue or “sign” (27)—and those for whom the cue does not have incentive properties are called “goal-trackers” (GTs)—they learn to approach the location of reward delivery or “goal” (28). Note that the cue is predictive and acts as a fully effective CS, supporting Pavlovian learning in both STs and GTs, and their respective CRs are learned at a comparable rate. But the cue itself serves as an attractive incentive stimulus only for STs (23,24).

Thus, only in susceptible individuals are localizable food cues attributed with incentive salience, acquiring the ability to attract and to reinforce new learning. It is important to know whether there are similar individual differences in the propensity to attribute incentive salience to drug cues, because if drug cues act as incentives—as a persistent goad to response generation (20) in some individuals but not others—it is presumably the former who will have difficulty resisting them and thus be susceptible to continued drug use and addiction. We asked, therefore, whether individual differences in the propensity to attribute incentive salience to a food cue, determined before any drug experience, predicts individual differences in the ability of a cocaine cue to motivate drug-seeking and drug-taking behavior.

Methods and Materials

Pavlovian Training

Male Sprague–Dawley rats were initially trained with a Pavlovian conditioning procedure described previously (29). Briefly, an illuminated retractable lever (the CS) located to the left or right of a food magazine was inserted into the chamber for 8 sec. As the lever was retracted, a single 45-mg banana-flavored food pellet (the US) was delivered into the magazine. This CS–US pairing occurred on a response-independent random-interval
90-sec schedule 25 times/session for three sessions. The animals were then classified as sign-trackers or goal-trackers as described previously (29) (Supplement 1).

**Surgery**

After Pavlovian training rats were prepared with IV catheters (30) (Supplement 1).

**Self-Administration**

Self-administration sessions began 1 week after surgery in chambers outfitted with two nose ports but no levers or food magazine. A nose poke into the active port resulted in an IV infusion of cocaine hydrochloride (5.5 mg/kg/infusion in 25 μL delivered in 1.6 sec) on a fixed ratio (FR) 1 schedule. After an infusion there was 20-sec timeout period, during which time the active nose poke port light was illuminated. This light served as the CS signaling cocaine delivery. The training procedure we used guaranteed that all rats received exactly the same number of CS–US pairings by requiring all animals to take exactly the same number of infusions (i.e., session length was determined by how long it took to take a fixed number of infusions, which increased over days of training) (Supplement 1).

**Experiment 1: Cue Removal and Resistance to Extinction**

After STs (final n = 14) and GTs (final n = 16) achieved an infusion criterion of 80 and showed stable levels of self-administration behavior, a cue removal test was conducted. For these 2 days all conditions were the same, and an active nose poke resulted in an infusion of cocaine, and the animals were allowed to take 80 infusions—but the cue light (CS) was not illuminated. After 2 days of cue removal the CS was reintroduced, and daily testing continued for 4 more days. The influence of cue removal on self-administration behavior was assessed by quantifying the rate of self-administration (infusions/min).

To examine resistance to extinction in STs and GTs, animals were then tested under cued extinction conditions, during which time a nose poke resulted in the illumination of the CS but no cocaine injection. Extinction sessions were fixed at 1 hour, and responding was measured until both groups no longer showed a downward trend in responding for four consecutive sessions.

**Experiment 2: Individual Differences in Cue-Induced Reinstatement**

An independent group of rats received Pavlovian training as described in the preceding text to identify STs (final n = 13) and GTs (final n = 12). These rats were then trained to self-administer cocaine, exactly as described in the preceding text. After the acquisition of self-administration all animals underwent extinction training for seven daily 1-hour sessions. During these sessions, rats were not attached to the infusion pump swivel, and nose pokes had no programmed consequences (i.e., animals received neither the drug nor the CS). After extinction training (during which neither cues nor drug were available) all rats were left undisturbed in their home cages for a 30-day “incubation” period (31), after which they were returned to the self-administration chambers for a single cue-induced reinstatement test. During this test session animals were attached to the infusion pump swivel, and a nose poke into the active port resulted in illumination of the nose port light (the CS) for 5 sec but no drug infusion.

**Statistical Analysis**

Linear mixed-effects models were used to analyze all repeated measures data (32). Two-way analyses of variance were used to compare responding on active and inactive nose pokes during reinstatement testing. Bonferroni corrected post hoc comparisons were conducted where appropriate. Statistical significance was set at p < .05.

**Results**

**Group Differences in the Propensity to Approach and Engage a Food-Related Cue**

A summary of the experimental design is shown in Figure 1. In adult male rats presentation of a lever-CS for 8 sec was followed immediately by the unconditional delivery of a food pellet on each of 3 days of training. As described previously (29), the one-third of the rats showing the greatest number of lever deflections during the CS period were designated STs, and the one-third showing the fewest were designated GTs. The remaining rats were not used in any of these experiments. Rats designated as STs or GTs exhibited very different behavior on the last day of training (Figure 2). During the CS period STs had a high probability of rapidly approaching (Figures 2A and 2C) and vigorously engaging the lever-CS (Figure 2B). In contrast, during the CS period GTs seldom approached the lever-CS but instead rapidly approached and engaged the food cup (Figures 2D–2F). Thus, as in our previous studies (23), the lever was a predictive CS in both STs and GTs and was effective in evoking a CR in both, but the food cue was attractive in STs but not GTs.

**No Group Differences in the Acquisition of Cocaine Self-Administration**

After Pavlovian training all rats were equipped with an IV catheter and trained to make an instrumental response (nose poke) for an IV infusion of cocaine. In this situation, the infusion of cocaine (the US) was paired with illumination of the nose port, and therefore this light served as the cocaine-paired cue (drug CS). The training procedure was designed to eliminate any potential group differences in the number of CS (light)–US (cocaine) pairings and to mitigate possible differences in acquisition of self-administration behavior. Thus, rats were allowed to take a fixed number of injections each day (i.e., session length was determined by how long it took to reach the criterion for a fixed number of infusions, which increased over days of training) (Supplement 1).
number of infusions), and the number allowed increased over days of training (Figure 1). With this procedure group differences in acquisition would be evident by differences in the rate of self-administration, but there were no group differences for this measure at any infusion criterion \( F(1,73) = 1.108, p = .296 \) (Figure 3A). Both groups also made the same number of active \( F(1,83) = .107, p = .744 \) and inactive nose pokes \( F(1,43) = 2.429, p = .126 \) and discriminated between the active and inactive nose ports (Figure 3B).

**Removal of the Cocaine Cue Decreases Self-Administration in STs but Not GTs**

By the end of training at the final infusion criterion (80 infusions of .2 mg/kg/test session) all rats showed stable levels of cocaine self-administration (first three sessions shown in Figure 4A). During these baseline sessions each cocaine injection was accompanied by illumination of the nose poke port. On Sessions 4 and 5 a nose poke into the active port still produced an IV injection of cocaine, but the light did not illuminate. Removal of the drug cue sharply decreased the rate of self-administration in STs by approximately one-half [data analysis completed on averaged baseline and cue removal data; effect of group, \( F(1,36) = 4.954, p = .03 \); effect of phase, \( F(1,50) = 19.332, p = .0001 \); group X phase interaction, \( F(1,50) = 4.668, p = .01 \)], and the magnitude of this effect was significantly correlated with how vigorously animals engaged the lever-CS on the first day of Pavlovian training \( (r = .545, p = .022) \). In GTs cue removal produced a small decrease in self-administration, but this was not statistically significant (post hoc tests showed no significant effect of cue removal in GTs, but a large effect in STs, \( p = .001 \)). Figure 4B shows infusions per minute averaged over the three baseline

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**Figure 2.** Behavior directed toward the lever—conditional stimulus (CS) (“sign-tracking” [ST])—or the food cup—the location of unconditional stimulus (US) delivery (“goal-tracking” [GT]) during the 8-sec CS period on the final day of Pavlovian training. The topography of the conditional response is different in rats designated STs (\( n = 14 \)) versus GTs (\( n = 16 \)). The mean ± SEM for (A) probability of approaching the lever-CS (number of trials with a lever contact/number of trials/session) during the 8-sec CS period, (B) number of lever contacts (C) latency to the first lever contact after CS presentation, (D) probability of approach to the food tray during the 8-sec CS period, (E) number of food cup contacts during the CS period, and (F) latency to the first food tray entry after CS presentation. *Significant group differences, \( p < .001 \).

**Figure 3.** Acquisition of cocaine self-administration behavior in sign-trackers (\( n = 14 \)) and goal-trackers (\( n = 16 \)). (A) The mean ± SEM number of cocaine infusions/min for infusion criteria 5, 10, 15, and 25 (5 mg/kg/inf) and 40 and 80 (2 mg/kg/inf). (B) The mean ± SEM number of active and inactive nose poke responses at each infusion criterion.
sessions and the two cue removal sessions for each individual animal. Reintroduction of the cocaine cue reinstated baseline levels of self-administration in STs within a few days (Sessions 6–9 in Figure 4A). All rats continued to discriminate between the active and inactive nose poke during cue removal (Active mean = 224.88, SEM = 13.57; Inactive mean = 24.43, SEM = 6.95), and there were no group differences in the total number of active or inactive responses (data not shown).

**STs Showed Resistance to Extinction Relative to GTs**

After the resumption of baseline levels of self-administration (Session 9 in Figure 4), all animals underwent 28 days of extinction training, during which time nose pokes no longer produced cocaine but did result in illumination of the light CS. Over this period both STs and GTs slowly decreased responding for the CS [effect of session block, \(F(6,125) = 15.459, p < .0001\)] (Figure 5A), and there was a small but significant group difference in responses during this cued extinction phase [effect of group, \(F(1,321) = 4.806, p = .029\); interaction nonsignificant]. Inspection of these data indicates that STs made more responses for the CS than GTs primarily during the first four sessions [effect of group, \(F(1,85) = 4.57, p = .035\)] (Figure 5B-inset).

**A Cocaine-Associated Cue Produces More Robust Reinstatement in STs than GTs**

An independent group of rats underwent Pavlovian training to identify STs and GTs, exactly as in the preceding text (data not shown—these are similar to those in Figure 2). The rats were then trained to self-administer cocaine exactly as described in the preceding text (data not shown—they exhibited the same pattern of acquisition as illustrated in Figure 3). After stable responding all animals underwent 7 days of extinction training, except in this experiment nose pokes had no consequence (that is, nose pokes produced neither cocaine nor the CS). Under these conditions there were no group differences in responding during extinction (data not shown). After extinction all animals were tested for cue-induced reinstatement of responding similar to previous studies (30). In this test nose pokes again resulted in presentation of the cocaine CS (illumination of the nose-poke port), but no cocaine was delivered.

Sign-trackers showed more robust reinstatement of cocaine-seeking than GTs [the group \(\times\) time (block) interaction was significant, \(F(5,45) = 2.871, p = .025\)] (Figure 6). This was because STs increased their number of active nose pokes over the session \([F(1,61) = 5.867, p = .018]\), but GTs did not (Figure 6A). A comparison of active and inactive port responses (Figure 6B, the dashed line indicates the average inactive port responses) indicated that both groups made more active nose pokes than inactive nose pokes, but STs reinstated responding to a significantly greater degree than GTs, as indicated by a significant group \(\times\) port interaction \([F(1,46) = 6.489, p = .014]\; effect of group, \(F(1,46) = 5.539, p = .023\); effect of port, \(F(1,46) = 93.463, p < .0001\).

**Discussion**

If cues associated with rewards are attributed with incentive salience, they acquire the ability to act as incentive stimuli. Incentive stimuli have three fundamental properties: 1) they attract, eliciting approach toward them; 2) they are “wanted,” in the sense that animals will work to get them; and 3) they can spur ongoing instrumental actions to obtain the associated reward, as in the Pavlovian to instrumental transfer effect (21,22). We have reported, however, that if a localizable cue is associated with presentation of a food reward at a different location the cue acquires incentive motivational properties in some individuals but not others—even though all individuals learn the CS–US association as indicated by the development and vigor of their
It is well-known that drug cues are important for maintaining and reinstating drug-seeking behavior, presumably because they spur incentive motivation for drugs (8,13,14,17). In most drug self-administration studies, drug delivery is paired with presentation of a cue for good reason. This is because omitting the cue greatly attenuates self-administration behavior (12,13,15,33,34). Indeed, cues are capable of maintaining responding for long periods even in the absence of the drug—on second-order schedules of reinforcement, for example (11,35). Of course, there is a large literature on both human and nonhuman animals concerning the importance of drug cues in reinstating reinstatement—relapse (17). In addicts, many drugs cues (e.g., people, places, and paraphernalia) evoke craving and/or relapse (4,5), and there is considerable individual variation in the effectiveness of cues in motivating behavior. The data reported here suggest this variation is not just due to experimental error, but much of it might be due to real individual variation in the propensity for cues to acquire incentive motivational properties. In the present study we considered only the effects of discrete localizable stimuli (a lever CS and a light CS), but many other manipulations influence self-administration behavior and reinstatement/relapse—including contextual stimuli, stress, and a “prime” with the drug itself (17,33,37,38). It remains to be determined whether variation in the propensity to attribute incentive salience to a discrete localizable cue also predicts the ability of these other classes of stimuli to produce desire and instigate actions. Furthermore, in the present experiment the cocaine cue was located at the same place where a response produced an infusion of cocaine, a situation that might produce especially “compulsive” behavior (25). Further studies will be required to explore the influence of different arrangements between the CS and manipulandum and whether similar individual differences are evident if a cue is paired with cocaine in a response-independent manner (7).

It is important to emphasize that the differences between STs and GTs reported here are not a function of differential exposure to the drug itself, the number of CS-US pairings, or learning per se. We used a training procedure that held these variables constant across animals. Rather than using sessions of a fixed duration, we allowed each animal to take the same number of injections each day, ensuring that all animals would be exposed to the same amount of drug and the same number of CS–drug pairings. Indeed, there were no group differences in learning cocaine self-administration behavior. Furthermore, the difference between STs and GTs in the Pavlovian task is not attributable to differences in learning, because both groups learn their respective CRs at a comparable rate (23).

What might account for the large difference between STs and GTs in their propensity to attribute incentive value to either the food cue or the cocaine cue? Presumably this is due to variation in the operation of brain systems that attribute incentive salience to reward cues or brain systems that moderate that process. Of course, there is a wealth of evidence implicating ascending mesolimbic dopamine (DA) systems in Pavlovian conditioned motivational processes (21,39,40), which prompts questions about differences in DA function between STs and GTs. Unfortunately, there has been very little research on this question, although the little that has been done suggests such differences exist (25,41). For example, a recent report (29) found higher levels of nucleus accumbens dopamine D1 receptor messenger RNA (mRNA) and lower levels of D2 mRNA in STs compared with GTs, and another found STs are more prone to cocaine sensitization (42).

Recent studies on two selectively bred lines of rats also suggest a relationship between the propensity to attribute incentive salience to reward-related cues and DA (43). Rats selectively bred for up to 18 generations for a high- or low-locomotor response to a novel environment (bHRs and bLRs, respectively) differ dramatically in their propensity to attribute incentive salience to reward cues. Essentially, all bHR animals approach a cue associated with food or with cocaine (they are STs), and no bLRs do so (they are GTs). Furthermore, a food cue is a more effective conditional reinforcer in bHR/STs than bLR/GTs. There are a number of differences in the DA systems of these animals. The bHR/ST rats are more sensitive to the psychomotor activating effects of the DA D2/3 agonist quinpirole, and this behavioral supersensitivity is associated with a much greater proportion of DA D2-receptors in the dorsal striatum in these animals (despite lower D2 mRNA and no difference in total D2 receptor binding). Also, studies using fast-scan cyclic voltammetry revealed that bHR/ST animals have more frequent spontaneous DA “release events” in the accumbens core. Thus, the available data suggest that animals prone to attribute incentive salience to reward cues (STs) have a more active DA system than those who do not (GTs) (43). In addition, with Pavlovian training there is a transfer of the phasic DA signal (assessed with fast-scan cyclic voltammetry in the accumbens core) from a food US to a lever-CS

Figure 6. Cue-induced reinstatement of responding in sign-trackers (STs) (n = 12) and goal-trackers (GTs) (n = 13). After extinction, all animals were given a single 60-min cue reinstatement test session, in which active responses resulted in presentation of the cocaine cue. (A) Mean ± SEM number of active port nose pokes in 10-min blocks over the 60-min session. The total number of active port responses in individual animals (the solid horizontal line indicates the group mean and the dashed line the average number of responses at the inactive port). *Significant group difference, p < .05.
in STs, but this does not occur in GTs (44). It seems that during Pavlovian conditioning the transfer of a phasic DA signal from the US to the CS is not due to a gain in predictive strength but requires that the CS be attributed with incentive salience—as it is in STs but not GTs. This might be why acquisition of a ST CR is DA-dependent, whereas learning a GT CR is not (S. Flagel, unpublished data). Taken together, these data suggest that STs and GTs differ in dopaminergic signaling in ways that might be related to differences in their tendency to attribute incentive salience to stimuli.

The extent to which the ST/GT and HR/LR traits are genetically (or epigenetically) related remains to be determined (43). In outbred animals these two traits are not correlated (24). Nevertheless, there are other traits that might contribute to addiction vulnerability and are associated with the tendency to show an ST or GT phenotype. Relative to GTs, both bHR/ST animals (43) and outbred STs (unpublished studies) have difficulty withholding an action to receive a reward, as assessed with a differential reinforcement of low rates task, and STs show more premature (“impulsive”) responses on a two-choice serial reaction time task (V. Lovic, unpublished data). These studies suggest that STs tend to show “impulsive actions” relative to GTs. Of course, individuals that combine both a propensity to make “impulsive actions” and to be motivationally aroused by drug cues might be especially susceptible to addiction.

Many of the behaviors characteristic of STs are similar to those seen after a lesion of the subthalamic nucleus (STN). Animals with an STN lesion more readily acquire cocaine self-administration, more readily approach (“sign-track”) cues associated with both food and cocaine reward, and show impulsive actions on a differential reinforcement of low rates task (45–47). These symptoms might be due to an increased tendency to attribute incentive salience to reward cues in animals with an STN lesion and, therefore, the STN might be part of a neural system that normally moderates the degree to which incentive salience is attributed to reward cues (47). It should be adaptive to attribute incentive value to cues that predict the location of natural rewards, because approaching such cues would often lead one to the reward itself. It might also be important, however, to moderate this process, because the excessive attribution of incentive salience to cues might be maladaptive and contribute to psychopathologies, including overeating (1,2) and addiction (48,49).

Thus, the differences between STs and GTs might be due to intrinsic differences in DA systems that actively attribute incentive salience to reward cues or to differences in systems that oppose this process, such as the STN, or both.

In conclusion, we report that it is possible to predict, before rats have had any experience with cocaine, which individuals will most likely show cue-induced reinstatement of cocaine-seeking after extinction and for which ones a cue will motivate drug-taking behavior. It seems rats that have a propensity to attribute incentive salience to a food cue also attribute incentive salience to a cocaine cue. The neural mechanism(s) responsible for these differences are unknown, although preliminary data implicate DA systems. Of course, individuals for whom drug cues become attractive will have more difficulty resisting them than individuals for whom cues are mere predictors of reward. Thus, cues might continually goad some individuals to action (20,48), and this trait might render these individuals most susceptible to addiction. It will be important to determine the psychological and neurobiological mechanisms responsible for variation in the propensity to attribute incentive salience to reward cues, because this might not only increase susceptibility to addiction but to other compulsive behavioral disorders as well, including eating disorders and compulsive gambling.

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