

# Supplementary Information for

## Feeling Appreciated Buffers against the Negative Effects of Unequal Division of Household Labor on Relationship Satisfaction

This file includes:

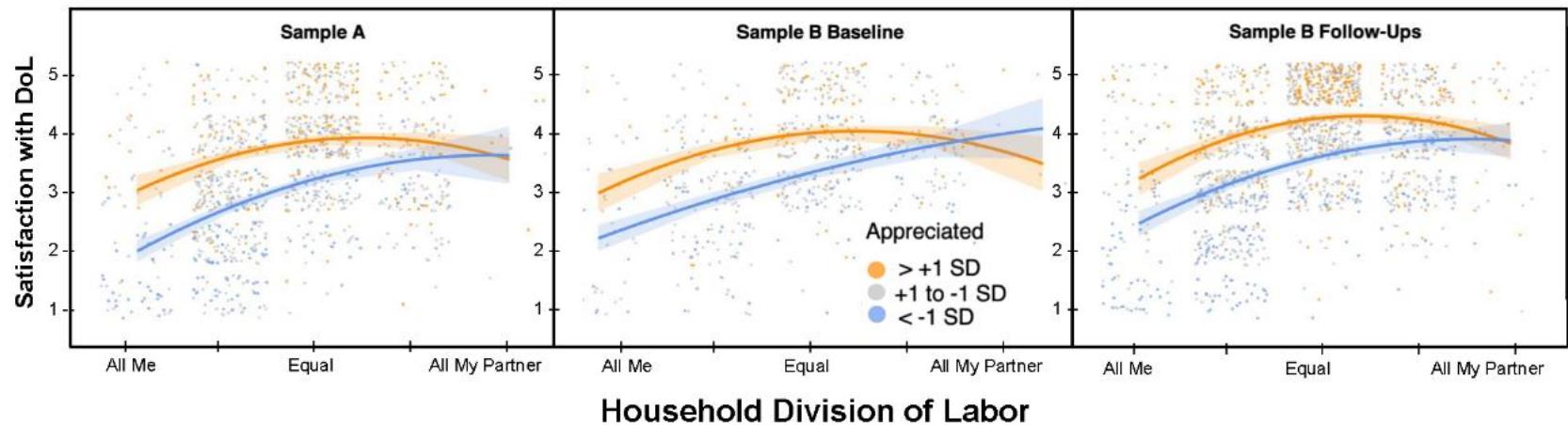
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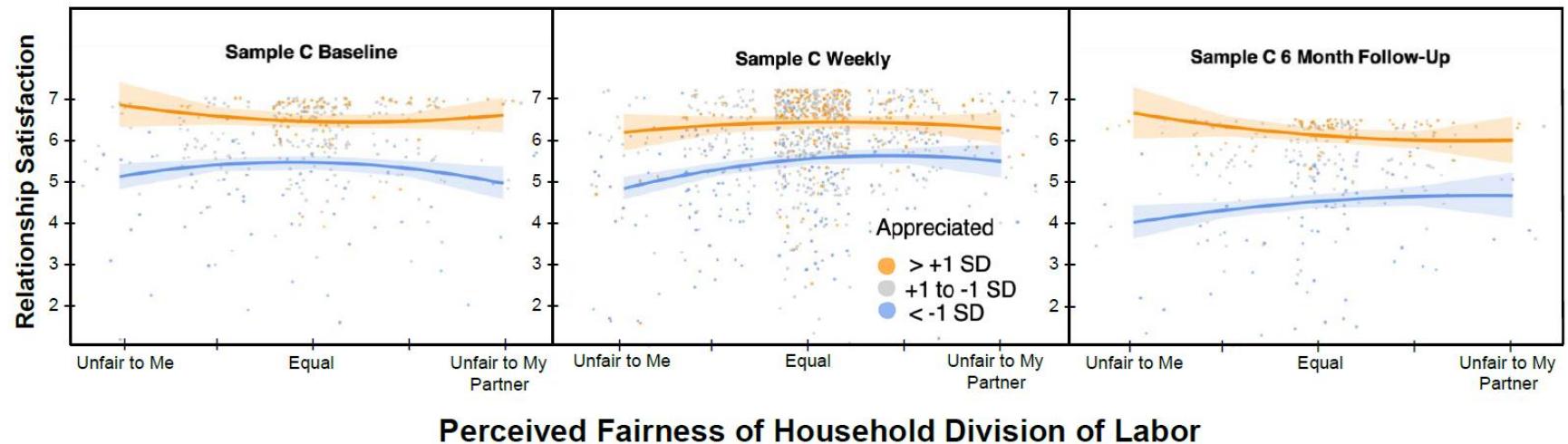
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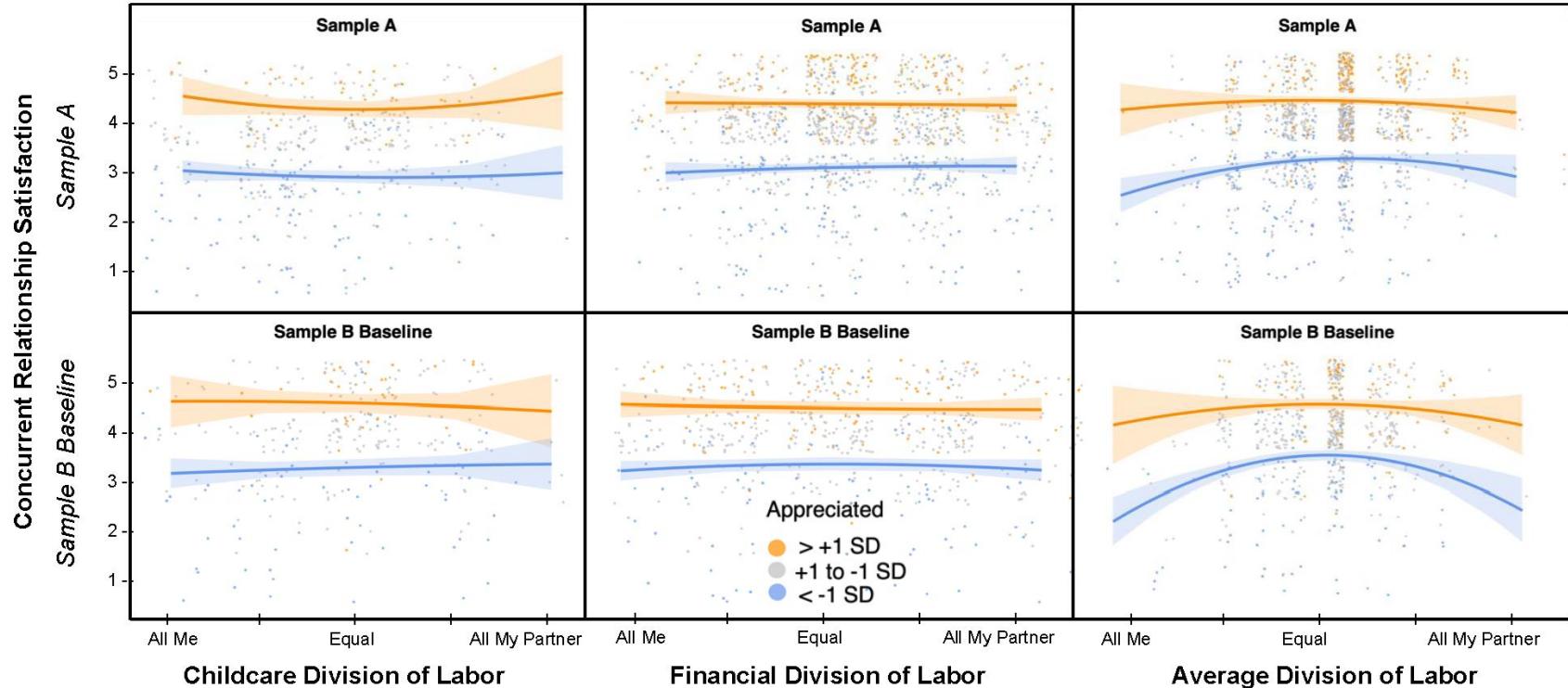


**Figure S1.** Feeling appreciated by one's partner moderating the association between perceived household DoL and *satisfaction with DoL* across Samples A and B. See Table S11 for estimates.



### Perceived Fairness of Household Division of Labor

**Figure S2.** Feeling appreciated by one's partner moderating the association between *perceived fairness of household DoL* and relationship satisfaction (Sample C only). See Table S13 for estimates. Curvilinear simple slopes at -1 SD were significant for baseline (left panel;  $B = -.11$ ,  $t = -2.46$ ,  $p = .014$ ) and weekly (middle panel;  $B = -.10$ ,  $t = -.224$ ,  $p = .03$ ) assessments, but only the linear, not curvilinear, effect was significant at follow-up (right panel; Curvilinear  $B = -.04$ ,  $t = -0.87$ ,  $p = .38$ , Linear  $B = -.17$ ,  $t = -2.17$ ,  $p = .031$ ) and no slopes were significant at +1 SD of feeling appreciated (baseline;  $B = .07$ ,  $t = 1.25$ ,  $p = .21$ , weekly;  $B = -.04$ ,  $t = -.75$ ,  $p = .45$ , follow-up;  $B = .06$ ,  $t = .77$ ,  $p = .44$ , Linear,  $B = -.17$ ,  $t = 1.96$ ,  $p = .053$ ).



**Figure S3.** Feeling appreciated moderating the association between perceived DoL and relationship satisfaction for *childcare*, *financial*, and *average DoL* (Samples B and C). See Table S14 for associations.

**Table S1.** Demographics at initial assessment across all three samples.

		Sample A		Sample B		Sample C	
		N	Percent	N	Percent	N	Percent
Sample size		1195 (135 couples)		618 (151 couples)		380 (190 couples)	
Time points		1		5		5	
Country	Canada	578	48.4%	0	0%	Canada	282 73.4%
	USA	617	51.6%	618	100%	USA	98 25.5%
Gender	Man	191	16%	293	47.4%	Man	183 47.7%
	Woman	837	70%	309	50.0%	Woman	191 49.7%
	Another identity (e.g., Agender, Nonbinary, Genderfluid)	44	3.7%	14	2.3%	Another identity (e.g., Agender, Nonbinary, Genderfluid)	6 1.6%
Age (Years)		<i>M</i> = 33.74, <i>SD</i> = 9.83, Range = 18-79		<i>M</i> = 36.61, <i>SD</i> = 10.70, Range = 19-75		<i>M</i> = 32.40, <i>SD</i> = 9.32, Range 19-88	
Ethnicity*	American Indian, First Nation or Alaska Native	22	1.8%	9	1.5%	Native American, First Nation or Alaska Native	3 .8%
	Asian (e.g., East Asian, South Asian, Southeast Asian)	65	5.4%	38	6.1%	Asian	50 13.2%
	Middle Eastern	13	1.1%	7	1.1%	Black/African American	5 1.3%
	Native Hawaiian or other Pacific Islander	3	.3%	4	.6%	Hispanic or Latino	12 3.2%
	Black/African American	29	2.4%	37	6%	White	269 70.8%
	White/European American	902	75.5%	497	80.4%	Mixed race/ethnicity	23 6.1%
	Hispanic/Latino/Latina	81	6.8%	63	10.2%	Not listed	18 4.7%
	Not listed	34	2.8%	3	.5%		
Employment status	Not Working*	482	40.3%	212	34.3%	Not Working	85 22.4%
	Employed Part-time	124	10.4%	79	12.8%	Somewhat Working	43 11.3%
	Employed Full-time	589	49.3%	279	45.1%	Working	252 66.3%
		<i>Work hours per week?</i> <i>M</i> = 32.68 (14.89)					
Household Income	Under 15k	26	2.2%	31	5%	Under 30k	21 5.5%
	15k-25k	50	4.2%	38	6.1%	30k-50k	40 10.5%
	25k-35k	64	5.4%	41	6.6%	50k-70k	36 9.5%
	35k-50k	106	8.9%	74	12%	70k-90k	38 10.0%
	50k-75k	171	14.3%	125	20.2%	90k-100k	19 5%
	75k-100k	178	14.9%	97	15.7%	Over 100k	226 59.5%

	100k-150k	183	15.3%	127	20.6%			
	Over 150k	226	18.9%	70	11.3%			
Education	Less than high school degree	18	1.5%	9	1.5%	Less than high school degree	0	0%
	Graduated high school	53	4.4%	47	7.6%	Graduated high school	11	2.9%
	Some college	154	12.9%	122	19.7%	Some college	31	8.1%
	Graduated college	363	30.4%	283	45.8%	Graduated college	196	51.1%
	Post-graduate degree	458	38.3%	156	25.2%	Post-graduate degree	142	36.9%
	Other (e.g., vocational training)	18	1.5%	1	.2%			
Relationship Type/Sexual Orientation <sup>+</sup>	Man-Woman	774	64.8%	542	87.7%	Heterosexual	306	80.5%
	Woman-Woman	36	3%	22	3.6%	Bisexual	27	7.1%
	Man-Man	21	1.8%	20	3.2%	Queer	13	3.4%
	Non-binary	36	3%	18	2.9%	Lesbian	11	2.9%
						Pansexual	7	1.8%
						Gay	7	1.8%
						Asexual	6	1.6%
						Not listed	3	.8%
Parental Status	No children living at home	772	64.6%	329	53.2%	No children	298	78%
	Children living at home	408	34.1%	269	43.4%	Have children	82	22%
Relationship Status	Exclusive (monogamous)	1117	93.5%	602	97.4%	Monogamous	352	93.7%
	Non-exclusive (e.g., polyamorous, swinging, open)	76	6.4%	16	2.6%	Consensually non-monogamous	20	5.3%
						Other	4	1.1%
Marital Status	Not married	547	48.3%	201	32.5%	Not married	173	45.1%
	Married	616	51.5%	416	67.3%	Married	158	41.1%
						Common-law	49	12.8%
Relationship Length (Yrs)		$M = 8.27(8.03)$ , $Range = .17-51$		$M = 10.50(8.73)$ , $Range = 0-50$			$M = 8.05(8.01)$ , $Range = .5-46$	

Note. \*Not Working is a self-reported measure including students, those who have lost their jobs due to COVID-19, and those whose jobs are on pause, among others. <sup>+</sup>For samples A and B, own gender and partner's gender were assessed, rather than sexual orientation; In an effort to avoid categorizing people incorrectly, we created a "non-binary" category that includes people who did not identify as a man or woman (e.g., genderfluid, agender).

**Table S2.** Descriptive statistics of key variables at baseline across samples.

	Sample A			Sample B			Sample C		
	M	SD	Range	M	SD	Range	M	SD	Range
<b>Main Variables</b>									
Household DoL	-0.37	0.88	-2-2	-0.23	0.88	-2-2	2.90	.78	1-5
Appreciated	5.24	1.56	1-7	5.12	1.57	1-7	5.52	1.20	1-7
Relationship Satisfaction	3.77	1.01	1-5	3.91	0.96	1-5	6.01	1.09	1-7
<b>Additional Variables</b>									
Expected Satisfaction	5.63	1.93	0-10	6.11	1.95	0-10	-	-	-
Satisfaction with DoL	3.31	1.17	1-5	3.53	1.09	1-5	-	-	-
Perceived Fairness							2.96	.89	1-5
Childcare DoL	-0.52	0.88	-2-2	-0.15	0.93	-2-2	-	-	-
Financial DoL	0.13	1.01	-2-2	0.02	1.19	-2-2	-	-	-
Average DoL	-0.16	0.56	-2-2	-0.10	0.55	-2-2	-	-	-

Note: Average = average of household, childcare (if relevant) and financial DoL; Higher scores on DoL and perceived fairness of DoL indicate the partner is doing more/it is more unfair to the partner.

**Table S3.** Descriptive statistics of key variables at follow-up time points across samples.

	Sample B				Sample C			
	Time 2 <i>M (SD)</i>	Time 3 <i>M (SD)</i>	Time 4 <i>M (SD)</i>	Time 5 <i>M (SD)</i>	Weekly 1 <i>M (SD)</i>	Weekly 2 <i>M (SD)</i>	Weekly 3 <i>M (SD)</i>	Follow-up <i>M (SD)</i>
Sample Size	556	432	362	292	345	329	324	293
Time Since Baseline	1-3 weeks	3 months	6 months	9 months	1 week	2 weeks	3 weeks	6 months
<b>Main Variables</b>								
Household DoL Appreciated (current week)	-0.18(1.09) 3.53(1.15)	-0.21(0.91) 3.55(1.09)	-0.15(1.01) 3.47(1.14)	-0.25(.87) 3.54(1.12)	2.92(0.82) -	2.92(0.79) -	2.89(0.79) -	2.87(0.74) 5.38(1.33)
Relationship Satisfaction	4.02(0.97)	4.08(0.99)	4.13(0.95)	4.13(.98)	5.99(1.28)	6.02(1.25)	5.91(1.30)	5.88(1.26)
<b>Additional Variables</b>				-0.25(.87)				
Expected Satisfaction	6.32(1.92)	6.44(1.84)	6.34(1.71)	6.17(1.62)	-	-	-	-
Satisfaction with DoL	3.76(1.15)	3.79(1.14)	3.78(1.14)	3.86(1.08)	-	-	-	-
Perceived Fairness	-	-	-	-	2.98(0.82)	2.98(0.80)	3.00(0.82)	3.99(0.85)
Childcare DoL	-0.14(1.05)	-0.17(1.04)	-0.11(1.00)	-0.18(.98)	-	-	-	-
Financial DoL	0.03(1.19)	0.07(1.22)	-0.02(1.16)	0.08(1.17)	-	-	-	-
Average DoL	-0.08(0.58)	-0.09(0.53)	-0.08(0.57)	-0.10(0.50)	-	-	-	-
Apprd for contributions	-	-	3.59(1.11)	3.66(1.05)	-	-	-	3.41(1.03)

Note: Average DoL = average of household, childcare (if relevant) and financial DoL; Higher scores on DoL and perceived fairness of DoL indicate the partner is doing more, and it is more unfair to the partner, respectively.

**Table S4.** Correlations between key variables at baseline across Sample A (below diagonal) and Sample B (above diagonal).

	1.	2.	3.	4.	5.	6.	7.	8.	9.	10.	11.	12.	13.	14.
1. Rel. Satisfaction		0.42	0.43	0.15	0.12	0.02	0.15	0.60	0.08	0.06	-0.02	-0.09	-0.08	-0.20
2. Exp. Satisfaction	0.47		0.26	0.07	0.08	0.01	0.06	0.35	0.02	0.04	-0.04	-0.17	-0.18	-0.12
3. Satisf w. DoL	0.48	0.25		0.39	0.30	-0.08	0.28	0.38	0.19	0.07	-0.05	0.001	-0.001	-0.16
4. Household DoL	0.19	0.12	0.39		0.62	-0.37	0.51	0.16	0.36	0.21	0.02	0.07	0.01	-0.12
5. Childcare DoL	0.15	0.09	0.24	0.44		-0.40	0.61	0.15	0.53	0.28	0.04	0.07	-0.06	-0.15
6. Financial DoL	0.05	0.03	0.02	-0.25	-0.32		0.53	0.05	-0.44	-0.44	-0.07	-0.04	0.01	0.16
7. Average DoL	0.22	0.13	0.34	0.60	0.60	0.55		0.19	-0.01	-0.18	-0.04	0.02	0.001	0.01
8. Appreciated	0.64	0.37	0.42	0.23	0.25	0.06	0.28		0.07	0.04	-0.09	-0.14	-0.15	-0.13
9. Gender	0.01	-0.01	0.10	0.14	0.25	-0.19	0.001	0.06		0.24	0.03	0.08	-0.003	-0.20
10. Employment Status	0.01	0.01	0.03	0.25	0.32	-0.34	-0.03	0.03	0.14		0.40	-0.09	-0.09	-0.15
11. SES	-0.05	-0.06	0.09	0.11	0.18	-0.04	0.06	-0.04	0.10	0.42		0.12	0.10	-0.10
12. Age	-0.11	-0.09	0.04	0.05	0.08	-0.03	-0.01	-0.19	0.09	0.10	0.32		0.73	-0.11
13. Rel. Length	-0.07	-0.08	0.03	0.03	0.13	0.004	0.02	-0.18	0.04	0.08	0.27	0.68		0.02
14. Health	0.31	0.19	0.30	0.11	0.17	-0.11	0.02	0.22	0.16	0.19	0.21	0.15		0.10

Note: For DoL, higher scores indicate partner does more of the labor; Gender was coded as -1 = Woman, 1 = Man; Employment status was coded as 0 = Not employed, 1 = Employed part-time, 2 = Employed full-time. Satisf w. DoL indicates satisfaction with division of labor.

**Table S5.** Correlations across key variables in Sample C baseline.

	1.	2.	3.	4.	5.	6.	7.
1. Relationship Satisfaction	0.12	0.60	0.10	0.35	-0.09	-0.00	
2. Household DoL		0.20	0.67	0.16	0.12	0.22	
3. Appreciated			0.21	0.22	-0.06	0.02	
4. Perceived Fairness of DoL				0.12	0.12	0.10	
5. Health					0.04	0.12	
6. Gender						0.15	
7. Hours of Paid Employment							

*Note:* For DoL, higher scores indicate partner does more of the labor; For Perceived Fairness of DoL, higher scores indicate DoL is more unfair to partner; Gender was coded as -1 = Woman, 1 = Man.

**Table S6.** Feeling appreciated by one's partner moderating the association between perceived household DoL and *concurrent* relationship satisfaction across samples at baseline.

DV: Concurrent Relationship Satisfaction	Sample A					Sample B					Sample C				
	B	t	p	LL	UL	B	t	p	LL	UL	B	t	p	LL	UL
<b>Model 1a: Linear Effect of DoL</b>															
DoL	0.17	5.70	<0.001	0.11	0.23	0.12	3.09	<0.001	0.04	0.19	0.11	2.12	0.04	0.01	0.22
<b>Model 1b: Curvilinear Effect of DoL</b>															
DoL	0.10	2.98	<0.01	0.03	0.17	0.07	1.51	0.13	-0.02	0.15	0.08	1.47	0.14	-0.03	0.19
DoL <sup>2</sup>	-0.12	-4.19	<0.001	-0.18	-0.07	-0.10	-2.79	0.01	-0.18	-0.03	-0.16	-2.39	0.02	-0.29	-0.03
<b>Model 2a: Appreciated Moderating the Linear DoL-Satisfaction Link</b>															
DoL	0.01	0.39	0.70	-0.05	0.07	0.02	0.40	0.69	-0.06	0.09	-0.03	-0.53	0.60	-0.13	0.07
DoL <sup>2</sup>	-0.05	-1.93	0.05	-0.10	0.00	-0.05	-1.47	0.14	-0.11	0.02	-0.04	-0.73	0.47	-0.15	0.07
Appreciated	0.59	21.80	<0.001	0.54	0.64	0.55	16.35	<0.001	0.48	0.61	0.57	11.95	<0.001	0.48	0.66
DoL x Appreciated	-0.06	-2.46	0.01	-0.12	-0.01	-0.04	-1.26	0.21	-0.11	0.02	-0.09	-1.88	0.06	-0.19	0.00
<b>Model 2b: Appreciated Moderating the Curvilinear DoL-Satisfaction Link</b>															
DoL	-0.01	-0.33	0.74	-0.07	0.05	0.01	0.21	0.84	-0.07	0.09	-0.03	-0.61	0.54	-0.13	0.07
DoL <sup>2</sup>	-0.05	-2.00	0.05	-0.10	0.00	-0.04	-1.40	0.16	-0.10	0.02	-0.02	-0.27	0.79	-0.13	0.10
Appreciated	0.55	17.65	<0.001	0.48	0.61	0.52	13.08	<0.001	0.44	0.60	0.52	9.07	<0.001	0.41	0.63
DoL x Appreciated	-0.01	-0.28	0.78	-0.07	0.05	-0.01	-0.25	0.80	-0.09	0.07	-0.08	-1.53	0.13	-0.18	0.02
DoL <sup>2</sup> x Appreciated	0.07	2.95	<0.01	0.02	0.11	0.04	1.30	0.19	-0.02	0.10	0.07	1.57	0.12	-0.02	0.17

Note: DoL tests the linear effects of division of labor, DoL<sup>2</sup> tests the curvilinear effect of division of labor.

**Table S7.** Feeling appreciated by one's partner moderating the association between perceived household DoL and *concurrent* relationship satisfaction in follow-up assessments (Samples B & C).

DV: Concurrent Relationship Satisfaction	Sample B							Sample C							
	Follow Ups (T2-T5)				Weekly (W1-W3)				6 Month Follow Up						
	B	t	p	LL	UL	B	t	p	LL	UL	B	t	p	LL	UL
<b>Model 1a: Linear Effect of DoL</b>															
DoL	0.09	3.19	0.002	0.03	0.15	0.15	2.67	0.01	0.04	0.26	0.14	1.88	0.06	-0.01	0.30
<b>Model 1b: Curvilinear Effect of DoL</b>															
DoL	0.07	2.39	0.02	0.01	0.13	0.13	2.28	0.03	0.02	0.24	0.12	1.39	0.17	-0.05	0.28
DoL <sup>2</sup>	-0.08	-3.06	0.003	-0.13	-0.03	-0.08	-1.68	0.10	-0.17	0.01	0.08	-0.87	0.39	-0.26	0.10
<b>Model 2a: Appreciated Moderating the Linear DoL-Relationship Satisfaction Link</b>															
DoL	0.02	.72	0.47	-0.03	0.07	0.04	.78	0.44	-0.06	0.14	-0.02	-0.34	0.74	-0.16	0.11
DoL <sup>2</sup>	-0.03	-1.34	0.18	-0.07	0.01	-0.05	-1.07	0.29	-0.14	0.04	-0.12	-1.81	0.07	-0.25	0.01
Appreciated	0.48	19.79	<0.001	0.43	0.53	0.49	9.28	<0.001	0.38	0.59	0.85	15.70	<0.001	0.74	0.95
DoL x Appreciated	-0.07	-3.25	0.001	-0.12	-0.03	-0.11	-2.12	0.04	-0.22	-0.01	-0.16	-2.40	0.02	-0.28	-0.03
<b>Model 2b: Appreciated Moderating the Curvilinear DoL-Relationship Satisfaction Link</b>															
DoL	0.01	.48	0.64	-0.04	0.06	0.03	.51	0.61	-0.08	0.13	-0.05	-0.69	0.49	-0.18	0.09
DoL <sup>2</sup>	-0.02	-1.16	0.25	-0.06	0.02	-0.04	-.83	0.41	-0.13	0.05	-0.13	-2.05	0.04	-0.26	-0.01
Appreciated	0.45	16.18	<0.001	0.40	0.51	0.46	8.26	<0.001	0.35	0.57	0.78	12.44	<0.001	0.66	0.90
DoL x Appreciated	-0.06	-2.74	0.01	-0.11	-0.02	-0.09	-1.56	0.12	-0.20	0.02	0.08	-1.16	0.25	-0.23	0.06
DoL <sup>2</sup> x Appreciated	0.04	2.04	0.04	0.00	0.07	0.06	1.56	0.12	-0.02	0.14	0.13	2.16	0.03	0.01	0.26

Note: Sample B follow-ups were assessed every three months.

**Table S8.** Feeling appreciated by one's partner moderating the association between perceived household DoL and expected changes in relationship satisfaction across Samples A and B.

DV: Expected Relationship Satisfaction	Sample A							Sample B							
					Baseline (T1)				Follow Ups (T2-T5)						
	B	t	p	LL	UL	B	t	p	LL	UL	B	t	p	LL	UL
<b>Model 1a: Linear Effect of DoL</b>															
DoL	0.22	3.49	0.001	0.09	0.34	0.13	1.54	0.12	-0.04	0.29	0.17	3.37	0.001	0.07	0.27
<b>Model 1b: Curvilinear Effect of DoL</b>															
DoL	0.05	0.75	0.45	-0.08	0.19	0.02	.17	0.87	-0.17	0.20	0.15	2.85	0.01	0.05	0.25
DoL <sup>2</sup>	-0.30	-4.97	<0.001	-0.41	-0.18	-0.20	-2.59	0.01	-0.35	-0.05	-0.06	-1.24	0.22	-0.15	0.03
<b>Model 2a: Appreciated Moderating the Linear DoL- Satisfaction Link</b>															
DoL	-0.04	-0.65	0.51	-0.18	0.09	-0.05	-.60	0.55	-0.23	0.12	0.11	2.30	0.02	0.02	0.20
DoL <sup>2</sup>	-0.20	-3.47	0.001	-0.32	-0.09	-0.10	-1.34	0.18	-0.25	0.05	-0.00	-0.01	0.99	-0.09	0.09
Appreciated	0.65	10.28	<0.001	0.52	0.77	0.60	7.53	<0.001	0.45	0.76	0.39	6.91	<0.001	0.28	0.50
DoL x Appreciated	-0.07	-1.13	0.26	-0.19	0.05	-0.13	-1.74	0.08	-0.28	0.02	-0.02	-0.50	0.62	-0.12	0.07
<b>Model 2b: Appreciated Moderating the Curvilinear DoL-Satisfaction Link</b>															
DoL	-0.08	-1.21	0.23	-0.22	0.05	-0.06	-.65	0.51	-0.24	0.12	0.11	2.19	0.03	0.01	0.20
DoL <sup>2</sup>	-0.21	-3.53	<0.001	-0.32	-0.09	-0.10	-1.32	0.19	-0.24	0.05	-0.00	-0.05	0.96	-0.09	0.09
Appreciated	0.56	7.84	<0.001	0.42	0.71	0.59	6.18	<0.001	0.40	0.77	0.38	5.71	<0.001	0.25	0.51
DoL x Appreciated	0.03	0.41	0.68	-0.11	0.18	-0.11	-1.20	0.23	-0.30	0.07	-0.02	-0.32	0.75	-0.12	0.09
DoL <sup>2</sup> x Appreciated	0.12	2.32	0.02	0.02	0.23	0.03	.36	0.72	-0.11	0.16	0.01	0.19	0.85	-0.07	0.09

**Table S9.** Feeling appreciated by one's partner moderating the association between perceived household DoL and *change in* relationship satisfaction across Samples B and C.

DV: Change in Relationship Satisfaction	Sample B						Sample C								
	Follow Ups (T2-T5)			Weekly (W1-W3)			6 Month Follow Up								
	B	t	p	LL	UL	B	t	p	LL	UL	B	t	p	LL	UL
<b>Model 1a: Linear Effect of DoL</b>															
Intercept	0.05	2.05	0.04	0.00	0.10	-0.02	-0.43	0.67	-0.11	0.07	-0.11	-1.75	0.08	-0.23	0.01
Rel. Satisfaction	-0.40	-13.69	<0.001	-0.46	-0.34	-0.24	-6.54	<0.001	-0.31	-0.17	-0.25	-5.03	<0.001	-0.35	-0.15
DoL	0.08	3.01	0.003	0.03	0.13	0.10	2.29	0.02	0.01	0.18	0.07	1.11	0.27	-0.05	0.20
<b>Model 1b: Curvilinear Effect of DoL</b>															
Intercept	0.09	2.83	0.01	0.03	0.15	0.02	0.45	0.65	-0.07	0.12	-0.04	-.55	0.59	-0.18	0.10
Rel. Satisfaction	-0.40	-13.90	<0.001	-0.46	-0.35	-0.24	-6.60	<0.001	-0.31	-0.17	-0.25	-5.06	<0.001	-0.35	-0.15
DoL	0.06	2.35	0.02	0.01	0.11	0.08	1.79	0.08	-0.01	0.16	0.02	.31	0.76	-0.11	0.16
DoL <sup>2</sup>	-0.05	-2.08	0.04	-0.10	0.00	-0.08	-2.11	0.04	-0.15	0.00	-0.13	-1.95	0.05	-0.27	0.00
<b>Model 2a: Appreciated Moderating the Linear DoL- Satisfaction Link</b>															
Intercept	0.07	2.11	0.04	0.00	0.13	0.02	0.40	0.69	-0.08	0.11	-0.06	-1.03	0.31	-0.17	0.05
Rel. Satisfaction	-0.52	-15.52	<0.001	-0.59	-0.45	-0.28	-6.51	<0.001	-0.37	-0.20	-0.53	-10.84	<0.001	-0.63	-0.44
DoL	0.06	2.14	0.03	0.00	0.11	0.06	1.33	0.19	-0.03	0.14	-0.03	-.53	0.60	-0.15	0.09
DoL <sup>2</sup>	-0.01	-0.58	0.56	-0.06	0.03	-0.06	-1.58	0.12	-0.13	0.02	-0.12	-2.07	0.04	-0.23	-0.01
Appreciated	0.17	5.65	<0.001	0.11	0.23	0.07	1.50	0.13	-0.02	0.17	0.58	1.40	0.01	0.47	0.68
DoL x Appreciated	-0.07	-2.94	0.004	-0.13	-0.02	-0.07	-1.57	0.12	-0.15	0.02	-0.11	-1.84	0.07	-0.22	0.01
<b>Model 2b: Appreciated Moderating the Curvilinear DoL- Satisfaction Link</b>															
Intercept	0.07	2.15	0.03	0.01	0.13	0.02	0.41	0.69	-0.08	0.11	-0.05	-.96	0.34	-0.16	0.06
Rel. Satisfaction	-0.51	-15.35	<0.001	-0.57	-0.44	-0.27	-6.33	<0.001	-0.36	-0.19	-0.53	-10.96	<0.001	-0.63	-0.44
DoL	0.05	2.21	0.03	0.01	0.10	0.04	1.02	0.31	-0.04	0.12	-0.06	-.95	0.35	-0.18	0.06
DoL <sup>2</sup>	-0.01	-0.59	0.56	-0.06	0.03	-0.05	-1.52	0.13	-0.12	0.02	-0.13	-2.35	0.02	-0.24	-0.02
Appreciated	0.16	4.77	<0.001	0.10	0.23	0.03	0.60	0.55	-0.07	0.13	0.50	8.12	<0.001	0.38	0.62
DoL x Appreciated	-0.08	-2.81	0.01	-0.13	-0.02	-0.03	-0.63	0.53	-0.11	0.05	-0.03	-.45	0.66	-0.15	0.10
DoL <sup>2</sup> x Appreciated	0.00	0.14	0.89	-0.04	0.05	0.07	2.38	0.02	0.01	0.13	0.15	2.69	0.01	0.04	0.25

Note: Intercepts included to illustrate average level of change. All models control for relationship satisfaction at initial time, thus the regression estimates (Bs) demonstrates the residual change in relationship satisfaction (3 months in Sample B and weekly and 6 months in Sample C).

**Table S10.** Feeling appreciated by one's partner moderating the association between DoL and *satisfaction with DoL* across Samples A and B.

DV: Satisfaction with Household DoL	Sample A							Sample B							
								Baseline (T1)				Follow Ups (T2-T5)			
	B	t	p	LL	UL	B	t	p	LL	UL	B	t	p	LL	UL
<b>Model 1a: Linear Effect of DoL</b>															
DoL	0.51	14.38	<0.001	0.44	0.58	0.46	10.75	<0.001	0.38	0.55	0.39	10.58	<0.001	0.32	0.46
<b>Model 1b: Curvilinear Effect of DoL</b>															
DoL	0.37	9.13	<0.001	0.29	0.44	0.35	7.21	<0.001	0.25	0.44	0.33	9.17	<0.001	0.26	0.41
DoL <sup>2</sup>	-0.22	-6.69	<0.001	-0.28	-0.15	-0.20	-5.08	<0.001	-0.28	-0.12	-0.20	-6.76	<0.001	-0.26	-0.14
<b>Model 2a: Appreciated Moderating the Linear DoL-Satisfaction with DoL Link</b>															
DoL	0.29	7.50	<0.001	0.22	0.37	0.31	6.75	<0.001	0.22	0.40	0.28	8.68	<0.001	0.22	0.35
DoL <sup>2</sup>	-0.15	-4.48	<0.001	-0.21	-0.08	-0.13	-3.54	<0.001	-0.21	-0.06	-0.20	-6.42	<0.001	-0.26	-0.14
Appreciated	0.34	9.71	<0.001	0.27	0.40	0.29	7.27	<0.001	0.21	0.37	0.32	11.34	<0.001	0.27	0.38
DoL x Appreciated	-0.14	-4.03	<0.001	-0.20	-0.07	-0.13	-3.30	0.001	-0.20	-0.05	-0.12	-4.23	<0.001	-0.17	-0.06
<b>Model 2b: Appreciated Moderating the Curvilinear DoL-Satisfaction with DoL Link</b>															
DoL	0.30	7.44	<0.001	0.22	0.38	0.32	7.03	<0.001	0.23	0.41	0.29	8.77	<0.001	0.23	0.36
DoL <sup>2</sup>	-0.15	-4.46	<0.001	-0.21	-0.08	-0.14	-3.65	<0.001	-0.21	-0.06	-0.16	-5.83	<0.001	-0.21	-0.11
Appreciated	0.35	8.79	<0.001	0.27	0.43	0.35	7.33	<0.001	0.26	0.44	0.35	10.58	<0.001	0.28	0.41
DoL x Appreciated	-0.15	-3.66	<0.001	-0.24	-0.07	-0.19	-3.95	<0.001	-0.28	-0.09	-0.14	-4.69	<0.001	-0.19	-0.08
DoL <sup>2</sup> x Appreciated	-0.02	-0.68	0.50	-0.08	0.04	-0.08	-2.17	0.03	-0.14	-0.01	-0.04	-1.66	0.10	-0.08	0.01

**Table S11.** *Feeling appreciated for household contributions* moderating the association between perceived household DoL and relationship satisfaction (Samples B and C).

DV: Relationship Satisfaction	Sample B-T4 & T5					Sample C- 6 Month Follow-Up				
	B	t	p	LL	UL	B	t	p	LL	UL
<b>Model 2a: Appreciated for Contributions Moderating the Linear DoL-Satisfaction Link</b>										
DoL	0.03	1.01	0.31	-0.03	0.10	0.06	0.80	0.43	-0.09	0.21
DoL <sup>2</sup>	0.00	-0.14	0.89	-0.06	0.05	-0.04	-0.46	0.65	-0.20	0.12
Appreciated for Household Contributions	0.51	16.08	<0.001	0.45	0.57	0.51	7.63	<0.001	0.38	0.64
DoL x Appreciated for Household Contributions	-0.11	-3.77	<0.001	-0.16	-0.05	-0.20	-2.70	0.01	-0.35	-0.05
<b>Model 2b: Appreciated for Contributions Moderating the Curvilinear DoL-Satisfaction Link</b>										
DoL	0.03	0.97	0.34	-0.03	0.09	0.07	0.85	0.40	-0.09	0.22
DoL <sup>2</sup>	0.00	0.01	0.99	-0.05	0.05	-0.03	-0.37	0.71	-0.19	0.13
Appreciated for Household Contributions	0.49	12.57	<0.001	0.41	0.56	0.48	6.40	<0.001	0.33	0.63
DoL x Appreciated for Household Contributions	-0.10	-3.21	0.001	-0.16	-0.04	-0.15	-1.67	0.10	-0.34	0.03
DoL <sup>2</sup> x Appreciated for Household Contributions	0.02	0.98	0.33	-0.02	0.07	0.06	0.80	0.43	-0.09	0.22

Note: Correlations between appreciated for contributions and general feelings of being appreciated are:  $r = .70$  (Sample B T4),  $r = .65$  (Sample B T5), and  $r = .55$  (Sample C), suggesting they are highly related but not indistinct (sharing 30%-49% of their variance).

**Table S12.** Simple slopes for feeling appreciated and concurrent relationship satisfaction, expected future relationship satisfaction, and actual changes in relationship satisfaction at More Me (1.5), Equal (3), and More Partner (4.5; Household Division of Labor)

DV: Relationship Satisfaction	DoL - More Me					Equal DoL					DoL - More my Partner					
	IV	B	t	p	LL	UL	B	t	p	LL	UL	B	t	p	LL	UL
<b>Feeling Appreciated Predicting Concurrent Relationship Satisfaction at Baseline</b>																
Sample A - Baseline	DoL	0.69	19.24	<0.001	0.62	0.76	0.59	21.80	<0.001	0.54	0.64	0.88	8.15	<0.001	0.67	1.09
	DoL <sup>2</sup>	0.71	19.45	<0.001	0.64	0.79	0.55	17.65	<0.001	0.48	0.61	1.98	5.11	<0.001	1.22	2.74
Sample B - Baseline	DoL	0.61	12.04	<0.001	0.51	0.71	0.55	16.35	<0.001	0.48	0.61	0.73	5.19	<0.001	0.46	1.01
	DoL <sup>2</sup>	0.62	12.08	<0.001	0.52	0.72	0.52	13.08	<0.001	0.44	0.60	1.34	2.75	0.01	0.38	2.30
Sample C - Baseline	DoL	0.71	8.82	<0.001	0.55	0.87	0.57	11.95	<0.001	0.48	0.66	0.43	4.43	<0.001	0.24	0.62
	DoL <sup>2</sup>	0.80	8.03	<0.001	0.61	1.00	0.52	9.07	<0.001	0.41	0.63	0.57	4.31	<0.001	0.31	0.83
<b>Predicting Concurrent Relationship Satisfaction in Weekly and Follow-ups Assessments</b>																
Sample B - Follow-ups	DoL	0.60	19.29	<0.001	0.54	0.66	0.47	22.83	<0.001	0.43	0.51	0.85	10.25	<0.001	0.69	1.01
	DoL <sup>2</sup>	0.64	19.40	<0.001	0.57	0.70	0.42	17.22	<0.001	0.38	0.47	1.78	6.36	<0.001	1.23	2.33
Sample C - Weekly	DoL	0.66	8.29	<0.001	0.51	0.82	0.49	9.28	<0.001	0.38	0.59	0.34	3.59	<0.001	0.15	0.52
	DoL <sup>2</sup>	0.73	8.38	<0.001	0.56	0.90	0.46	8.26	<0.001	0.35	0.57	0.49	3.98	<0.001	0.25	0.73
Sample C - Follow-up	DoL	1.08	10.82	<0.001	0.89	1.27	0.85	15.70	<0.001	0.74	0.95	0.61	5.05	<0.001	0.37	0.85
	DoL <sup>2</sup>	1.21	10.50	<0.001	0.98	1.43	0.78	12.44	<0.001	0.66	0.90	0.95	4.81	<0.001	0.56	1.34
<b>Predicting Expected Relationship Satisfaction</b>																
Sample A - Baseline	DoL	0.75	9.07	<0.001	0.59	0.91	0.65	10.28	<0.001	0.52	0.77	0.95	3.84	<0.001	0.47	1.44
	DoL <sup>2</sup>	0.80	9.39	<0.001	0.63	0.97	0.56	7.84	<0.001	0.42	0.71	2.95	3.29	0.001	1.19	4.71
Sample B - Baseline	DoL	0.80	6.75	<0.001	0.57	1.04	0.60	7.53	<0.001	0.45	0.76	1.20	3.65	<0.001	0.56	1.85
	DoL <sup>2</sup>	0.81	6.69	<0.001	0.57	1.05	0.59	6.18	<0.001	0.40	0.77	1.60	1.38	0.17	-0.67	3.88
Sample B - Follow-ups	DoL	0.44	6.16	<0.001	0.30	0.58	0.38	7.84	<0.001	0.28	0.47	0.57	2.98	<0.01	0.20	0.95
	DoL <sup>2</sup>	0.48	6.20	<0.001	0.33	0.63	0.34	5.85	<0.001	0.23	0.45	1.34	2.03	0.04	0.05	2.62
<b>Predicting Change in Relationship Satisfaction Across Time</b>																
Sample B - Follow-ups	DoL	0.28	6.53	<0.001	0.20	0.36	0.17	5.67	<0.001	0.11	0.23	0.50	4.73	<0.001	0.29	0.71
	DoL <sup>2</sup>	0.28	5.98	<0.001	0.19	0.37	0.17	5.05	<0.001	0.10	0.24	0.44	1.19	0.23	-0.29	1.18
Sample C - Weekly	DoL	0.16	2.28	0.02	0.02	0.30	0.07	1.50	0.13	-0.02	0.17	-0.01	-0.11	0.90	-0.17	0.15
	DoL <sup>2</sup>	0.23	3.01	<0.01	0.08	0.38	0.03	0.60	0.55	-0.07	0.13	0.15	1.47	0.14	-0.05	0.36
Sample C - Follow-up	DoL	0.73	7.70	<0.001	0.55	0.92	0.58	10.40	<0.001	0.47	0.68	0.42	3.83	<0.001	0.2	0.63
	DoL <sup>2</sup>	0.87	8.16	<0.001	0.66	1.08	0.50	8.12	<0.001	0.38	0.62	0.78	4.51	<0.001	0.44	1.12

**Table S13.** Feeling appreciated by one's partner moderating the association between *perceived fairness of DoL* and relationship satisfaction (Sample C only).

DV:	Baseline						Weekly						Follow-Up			
	Relationship Satisfaction	B	t	p	LL	UL	B	t	p	LL	UL	B	t	p	LL	UL
<b>Model 1a: Linear Effect of DoL Fairness</b>																
Fair DoL	0.09	1.91	0.06	-0.00	0.19	0.18	3.37	<0.01	-0.07	0.28	0.16	2.39	0.02	0.03	0.30	
<b>Model 1b: Curvilinear Effect DoL Fairness</b>																
Fair DoL	0.08	1.56	0.11	-0.02	0.18	0.17	3.39	<0.01	0.07	0.27	0.16	2.32	0.02	0.02	0.29	
Fair DoL <sup>2</sup>	-0.12	-2.87	<0.01	-0.21	-0.04	-0.11	-3.04	<0.01	-0.17	-0.04	-0.07	-1.21	0.23	-0.20	0.05	
<b>Model 2a: Appreciated Moderating the Linear DoL Fairness-Satisfaction Link</b>																
Fair DoL	-0.02	-0.57	0.56	-0.12	0.07	0.08	1.68	0.10	-0.02	0.18	0.01	0.18	0.86	-0.10	0.12	
Fair DoL <sup>2</sup>	-0.05	-1.23	0.22	-0.12	0.03	-0.08	-2.08	0.04	-0.15	-0.00	-0.01	-0.25	0.80	-0.11	0.08	
Appreciated	0.59	12.45	<0.001	0.50	0.68	0.49	9.52	<0.001	0.39	0.59	0.85	16.02	<0.001	0.75	0.96	
Fair DoL x Appreciated	0.00	0.01	0.99	-0.09	0.09	-0.08	-1.69	0.09	-0.18	0.01	-0.18	-3.05	<0.01	-0.30	-0.06	
<b>Model 2b: Appreciated Moderating the Curvilinear DoL Fairness-Satisfaction Link</b>																
Fair DoL	-0.05	-1.13	0.26	-0.15	0.04	0.07	1.36	0.18	-0.03	.173	-0.00	-0.02	0.98	-0.11	0.12	
Fair DoL <sup>2</sup>	-0.02	-0.46	0.64	-0.10	0.06	-0.07	-1.88	0.06	-0.15	0.00	0.00	0.08	0.94	-0.09	0.10	
Appreciated	0.50	8.93	<0.001	0.39	0.61	0.48	8.81	<0.001	0.37	0.58	0.82	13.63	<0.001	0.70	0.94	
Fair DoL x Appreciated	-0.01	-0.09	0.93	-0.10	0.08	-0.07	-1.43	0.16	-0.17	0.03	-0.17	-2.87	<0.01	-0.29	-0.05	
Fair DoL <sup>2</sup> x Appreciated	0.09	2.78	<0.01	0.03	0.15	0.03	0.93	0.35	-0.03	0.10	0.05	1.22	0.23	-0.03	0.14	

**Table S14.** Feeling appreciated by one's partner moderating the association between perceived household DoL and *concurrent* relationship satisfaction across samples at baseline, *controlling for gender*.

DV: Relationship Satisfaction	Sample A						Sample B						Sample C			
	B	t	p	LL	UL	B	t	p	LL	UL	B	t	p	LL	UL	
<b>Model 1a: Linear Effect of DoL</b>																
DoL	0.17	4.97	<0.001	0.10	0.23	0.13	2.96	0.003	0.04	0.21	0.14	2.58	0.01	0.03	0.24	
Gender	-0.05	-1.52	0.13	-0.12	0.02	0.01	0.15	0.882	-0.07	0.08	-0.11	-2.69	0.01	-0.19	-0.03	
<b>Model 1b: Curvilinear Effect of DoL</b>																
DoL	0.08	2.22	0.03	0.01	0.16	0.08	1.64	0.10	-0.02	0.17	0.10	1.93	0.06	0.00	0.21	
DoL <sup>2</sup>	-0.15	-4.58	<0.001	-0.22	-0.09	-0.10	-2.53	0.01	-0.17	-0.02	-0.15	-2.32	0.02	-0.28	-0.02	
Gender	-0.06	-1.86	0.06	-0.13	0.00	0.00	0.10	0.92	-0.07	0.08	-0.11	-2.72	0.01	-0.19	-0.03	
<b>Model 2a: Appreciated Moderating the Linear DoL-Satisfaction Link</b>																
DoL	0.01	0.38	0.70	-0.05	0.08	0.02	0.48	0.63	-0.06	0.10	-0.02	-.33	0.74	-0.12	0.09	
DoL <sup>2</sup>	-0.06	-2.05	0.04	-0.11	0.00	-0.03	-1.12	0.26	-0.10	0.03	-0.04	-.65	0.52	-0.15	0.07	
Appreciated	0.60	21.10	<0.001	0.54	0.65	0.56	16.55	<0.001	0.49	0.62	0.56	11.64	<0.001	0.47	0.66	
DoL x Appreciated	-0.07	-2.48	0.01	-0.12	-0.01	-0.06	-1.67	0.10	-0.12	0.01	-0.09	-1.72	0.09	-0.18	0.01	
Gender	-0.06	-1.83	0.07	-0.11	0.00	0.01	0.35	0.73	-0.05	0.08	-0.05	-1.41	0.16	-0.13	0.02	
<b>Model 2b: Appreciated Moderating the Curvilinear DoL-Satisfaction Link</b>																
DoL	-0.01	-0.27	0.79	-0.07	0.06	0.01	0.33	0.74	-0.07	0.10	-0.02	-.42	0.67	-0.12	0.08	
DoL <sup>2</sup>	-0.05	-1.97	0.05	-0.11	0.00	-0.03	-1.05	0.29	-0.09	0.03	-0.01	-.25	0.80	-0.13	0.10	
Appreciated	0.55	16.90	<0.001	0.48	0.61	0.53	13.33	<0.001	0.45	0.61	0.52	9.00	<0.001	0.41	0.64	
DoL x Appreciated	-0.01	-0.19	0.85	-0.07	0.06	-0.03	-0.69	0.49	-0.11	0.05	-0.07	-1.43	0.15	-0.17	0.03	
DoL <sup>2</sup> x Appreciated	0.08	3.14	0.002	0.03	0.13	0.03	1.13	0.26	-0.02	0.09	0.06	1.34	0.18	-0.03	0.16	
Gender	-0.05	-1.74	0.08	-0.11	0.01	0.01	0.34	0.73	-0.05	0.08	-0.05	-1.27	0.21	-0.12	0.03	

Note: Gender coded such that -1 = Woman, 1 = Man.

**Table S15.** Feeling appreciated by one's partner moderating the association between perceived household DoL and *expected* relationship satisfaction at baseline across Samples A and B, *controlling for gender*.

DV: Relationship Satisfaction	Sample A					Sample B				
	B	t	p	LL	UL	B	t	p	LL	UL
<b>Model 1a: Linear Effect of DoL</b>										
DOL	0.25	3.84	<0.001	0.12	0.38	0.16	1.81	0.071	-0.01	0.34
Gender	-0.07	-1.04	0.30	-0.21	0.07	-0.06	-0.72	0.474	-0.21	0.10
<b>Model 1b: Curvilinear Effect of DoL</b>										
DoL	0.08	1.13	0.26	-0.06	0.23	0.05	0.49	0.624	-0.15	0.25
DoL <sup>2</sup>	-0.29	-4.57	<0.001	-0.42	-0.17	-0.21	-2.69	0.007	-0.36	-0.06
Gender	-0.09	-1.29	0.20	-0.22	0.05	-0.06	-0.80	0.423	-0.22	0.09
<b>Model 2a: Appreciated Moderating the Linear DoL-Satisfaction Link</b>										
DoL	-0.01	-0.16	0.87	-0.15	0.13	-0.02	-0.21	0.831	-0.21	0.17
DoL <sup>2</sup>	-0.20	-3.18	0.002	-0.33	-0.08	-0.10	-1.35	0.178	-0.25	0.05
Feeling Appreciated	0.66	10.29	<0.001	0.54	0.79	0.61	7.52	0.000	0.45	0.77
DoL x Feeling Appreciated	-0.05	-0.72	0.47	-0.17	0.08	-0.14	-1.86	0.064	-0.30	0.01
Gender	-0.10	-1.44	0.15	-0.23	0.03	-0.07	-0.88	0.377	-0.22	0.08
<b>Model 2b: Appreciated Moderating the Curvilinear DoL-Satisfaction Link</b>										
DoL	-0.05	-0.66	0.51	-0.19	0.10	-0.02	-0.24	0.808	-0.21	0.17
DoL <sup>2</sup>	-0.20	-3.13	0.002	-0.32	-0.07	-0.10	-1.33	0.183	-0.25	0.05
Feeling Appreciated	0.58	7.83	<0.001	0.43	0.72	0.60	6.24	0.000	0.41	0.79
DoL x Feeling Appreciated	0.06	0.75	0.45	-0.09	0.21	-0.13	-1.36	0.174	-0.32	0.06
DoL <sup>2</sup> x Feeling Appreciated	0.13	2.32	0.02	0.02	0.24	0.02	0.22	0.823	-0.12	0.15
Gender	-0.09	-1.36	0.18	-0.22	0.04	-0.07	-0.89	0.376	-0.22	0.08

Note: Gender coded such that -1 = Woman, 1 = Man.

**Table S16.** Feeling appreciated by one's partner moderating the association between perceived household DoL and *change in* relationship satisfaction across Samples B and C, controlling for gender.

DV: Change in Relationship Satisfaction	Sample B						Sample C								
	Follow Ups (T2-T5)			Weekly (W1-W3)			Baseline - 6 Month Follow Up								
	B	t	p	LL	UL	B	t	p	LL	UL	B	t	p	LL	UL
<b>Model 1b: Curvilinear Effect of DoL</b>															
Intercept	0.08	2.57	0.01	0.02	0.15	0.03	0.66	0.51	-0.06	0.13	-0.03	-.36	0.72	-0.17	0.11
Relationship Satisfaction	-0.40	-13.64	<0.001	-0.46	-0.34	-0.24	-6.44	<0.001	-0.31	-0.16	-0.24	-4.73	<0.001	-0.33	-0.14
DoL	0.05	1.88	0.06	0.00	0.11	0.07	1.57	0.12	-0.02	0.15	0.01	.19	0.85	-0.12	0.15
DoL <sup>2</sup>	-0.05	-1.97	0.05	-0.10	0.00	-0.08	-2.24	0.03	-0.15	-0.01	-0.14	-2.00	0.05	-0.27	0.00
Gender	0.02	0.64	0.53	-0.03	0.06	0.01	0.42	0.68	-0.05	0.08	0.09	2.06	0.04	0.00	0.19
<b>Model 2b: Appreciated Moderating the Curvilinear DoL-Satisfaction Link</b>															
Intercept	0.06	1.95	0.05	0.00	0.12	0.03	0.60	0.55	-0.07	0.13	-0.05	-.83	0.41	-0.16	0.06
Relationship Satisfaction	-0.51	-15.19	<0.001	-0.58	-0.45	-0.28	-6.28	<0.001	-0.36	-0.19	-0.52	-10.51	<0.001	-0.61	-0.42
DoL	0.05	1.85	0.07	0.00	0.11	0.03	0.69	0.49	-0.06	0.12	-0.07	-1.08	0.28	-0.19	0.06
DoL <sup>2</sup>	-0.01	-0.55	0.58	-0.06	0.03	-0.05	-1.43	0.16	-0.13	0.02	-0.13	-2.33	0.02	-0.24	-0.02
Appreciated	0.17	4.84	<0.001	0.10	0.24	0.03	0.52	0.61	-0.07	0.13	0.49	7.84	<0.001	0.37	0.62
DoL x Appreciated	-0.07	-2.68	0.01	-0.13	-0.02	-0.04	-0.88	0.38	-0.13	0.05	-0.01	-.17	0.87	-0.14	0.12
DoL <sup>2</sup> x Appreciated	0.00	-0.01	1.00	-0.05	0.05	0.07	2.22	0.03	0.01	0.14	0.15	2.84	0.01	0.05	0.26
Gender	0.01	0.36	0.72	-0.04	0.06	0.02	0.57	0.57	-0.05	0.08	0.09	2.08	0.04	0.00	0.17

Note: Gender coded such that -1 = Woman, 1 = Man. Models 1a and 2b are omitted due to size constraints, but results show a similar pattern. All models control for relationship satisfaction measured at same time point as predictors, thus the regression estimate (B) demonstrates the residual change in relationship satisfaction (every 3 months in Sample B; weekly and across 6 months in Sample C).

**Table S17.** Feeling appreciated by one's partner and gender moderating the association between perceived household DoL and relationship satisfaction across combined Samples A and B (baseline).

DV: Relationship Satisfaction	Concurrent						Expected					
	B	t	p	LL	UL	B	t	p	LL	UL		
<b>Main Analyses in Combined Sample</b>												
<b>Model 1b: Curvilinear Effect of DoL</b>												
DoL	0.09	3.49	0.001	0.04	0.15	0.06	1.00	0.32	-0.05	0.17		
DoL <sup>2</sup>	-0.11	-4.97	<0.001	-0.16	-0.07	-0.25	-5.36	<0.001	-0.35	-0.16		
<b>Model 2b: Appreciated Moderating the Curvilinear DoL- Satisfaction Link</b>												
DoL	0.01	0.22	0.83	-0.04	0.05	-0.05	-0.85	0.39	-0.16	0.06		
DoL <sup>2</sup>	-0.05	-2.32	0.02	-0.08	-0.01	-0.16	-3.40	0.001	-0.25	-0.07		
Appreciated	0.53	21.95	<0.001	0.49	0.58	0.56	9.73	<0.001	0.45	0.67		
DoL x Appreciated	-0.02	-0.71	0.48	-0.07	0.03	-0.04	-0.74	0.46	-0.16	0.07		
DoL <sup>2</sup> x Appreciated	0.05	2.90	<0.001	0.02	0.09	0.08	1.83	0.07	-0.01	0.16		
<b>Gender Moderations in Combined Sample</b>												
<b>Model 1b: Gender Moderating the Curvilinear Effect of DoL</b>												
DoL	0.09	2.84	0.01	0.03	0.15	0.10	1.48	0.14	-0.03	0.22		
DoL <sup>2</sup>	-0.12	-4.18	<0.001	-0.18	-0.07	-0.27	-4.49	<0.001	-0.38	-0.15		
Gender	-0.01	-0.44	0.66	-0.07	0.05	0.00	-0.05	0.96	-0.12	0.12		
DoL x Gender	0.00	0.05	0.96	-0.07	0.07	0.07	0.94	0.35	-0.07	0.20		
DoL <sup>2</sup> x Gender	0.00	0.00	10.00	-0.05	0.06	0.00	-0.01	10.00	-0.11	0.11		
<b>Model 2b: Appreciated + Gender Moderating the Curvilinear DoL- Satisfaction Link</b>												
DoL	0.02	0.83	0.41	-0.03	0.08	0.00	0.07	0.94	-0.12	0.13		
DoL <sup>2</sup>	-0.05	-2.13	0.03	-0.10	0.00	-0.16	-2.81	0.01	-0.28	-0.05		
Appreciated	0.56	19.70	<0.001	0.50	0.61	0.60	9.20	<0.001	0.47	0.73		
Gender	0.02	0.71	0.48	-0.03	0.07	0.02	0.37	0.71	-0.09	0.14		
DoL x Appreciated	-0.03	-1.21	0.23	-0.09	0.02	-0.08	-1.20	0.23	-0.21	0.05		
DoL x Gender	0.03	1.01	0.31	-0.03	0.08	0.11	1.59	0.11	-0.02	0.24		
DoL <sup>2</sup> x Appreciated	0.05	2.25	0.03	0.01	0.10	0.07	1.30	0.19	-0.04	0.18		
DoL <sup>2</sup> x Gender	-0.01	-0.59	0.55	-0.06	0.03	0.01	0.13	0.90	-0.10	0.12		
Appreciated x Gender	0.04	1.37	0.17	-0.02	0.09	0.03	0.51	0.61	-0.09	0.16		
DoL x Appreciated x Gender	-0.02	-0.71	0.48	-0.08	0.04	-0.19	-2.86	<.001	-0.32	-0.06		
DoL <sup>2</sup> x Appreciated x Gender	-0.01	-0.61	0.54	-0.06	0.03	-0.08	-1.45	0.15	-0.19	0.03		

Note: Gender is coded -1 = Woman, 1 = Man.

**Table S18.** Feeling appreciated moderating the association between DoL and concurrent relationship satisfaction for (a) *financial*, (b) *childcare*, and (c) *average DoL* at baseline (Samples A and B).

DV: Relationship Satisfaction	Sample A					Sample B				
	B	t	p	LL	UL	B	t	p	LL	UL
<b>Financial Division of Labor</b>										
Financial DoL	0.01	0.43	0.67	-0.03	0.05	-0.01	-0.37	0.71	-0.06	0.04
Financial DoL <sup>2</sup>	-0.01	-0.29	0.77	-0.04	0.03	-0.01	-0.61	0.54	-0.06	0.03
Appreciated	0.63	20.33	<0.001	0.57	0.69	0.54	11.72	<0.001	0.45	0.63
Financial DoL x Appreciated	-0.02	-1.05	0.29	-0.06	0.02	-0.01	-0.55	0.58	-0.06	0.03
Financial DoL <sup>2</sup> x Appreciated	0.00	0.27	0.79	-0.03	0.04	0.02	0.92	0.36	-0.02	0.06
<b>Childcare Division of Labor</b>										
Childcare DoL	0.00	0.06	0.95	-0.12	0.13	0.00	-0.01	0.99	-0.12	0.12
Childcare DoL <sup>2</sup>	0.05	1.07	0.29	-0.05	0.15	-0.01	-0.22	0.83	-0.11	0.08
Appreciated	0.69	13.52	<0.001	0.59	0.80	0.62	10.60	<0.001	0.51	0.74
Childcare DoL x Appreciated	0.01	0.29	0.77	-0.08	0.11	-0.04	-0.84	0.41	-0.15	0.06
Childcare DoL <sup>2</sup> x Appreciated	0.02	0.70	0.49	-0.05	0.10	0.00	-0.09	0.93	-0.09	0.08
<b>Average Division of Labor</b>										
Average DoL	-0.02	-0.35	0.73	-0.11	0.08	-0.05	-0.83	0.41	-0.17	0.07
Average DoL <sup>2</sup>	-0.13	-2.34	0.02	-0.23	-0.02	-0.24	-3.40	0.001	-0.38	-0.10
Appreciated	0.59	20.85	<0.001	0.54	0.65	0.52	14.07	<0.001	0.44	0.59
Average DoL x Appreciated	-0.04	-0.78	0.44	-0.13	0.06	0.01	0.13	0.90	-0.11	0.12
Average DoL <sup>2</sup> x Appreciated	0.05	1.29	0.20	-0.03	0.13	0.12	1.92	0.06	0.00	0.24

**Table S19.** Feeling appreciated by one's partner moderating the association between perceived household DoL and relationship satisfaction across samples at baseline, *controlling for employment status*.

DV: Relationship Satisfaction	Sample A					Sample B					Sample C				
	B	t	p	LL	UL	B	t	p	LL	UL	B	t	p	LL	UL
<b>Model 1a: Linear Effect of DoL</b>															
DoL	0.18	5.87	<0.001	0.12	0.25	0.11	2.88	0.004	0.04	0.19	0.12	2.14	0.03	0.01	0.23
Employment Status	-0.04	-1.43	0.15	-0.11	0.02	0.02	0.42	0.67	-0.06	0.10	-0.01	-1.86	0.06	-0.01	0.00
<b>Model 1b: Curvilinear Effect of DoL</b>															
DoL	0.11	3.25	0.002	0.05	0.18	0.06	1.40	0.16	-0.02	0.15	0.08	1.43	0.15	-0.03	0.19
DoL <sup>2</sup>	-0.12	-4.23	<0.001	-0.18	-0.07	-0.10	-2.77	0.01	-0.18	-0.03	-0.17	-2.55	0.01	-0.28	-0.03
Employment Status	-0.05	-1.55	0.12	-0.11	0.01	0.01	0.34	0.73	-0.07	0.10	-0.01	-1.82	0.07	-0.01	0.00
<b>Model 2a: Appreciated Moderating the Linear DoL-Satisfaction Link</b>															
DoL	0.01	0.48	0.63	-0.05	0.07	0.01	0.30	0.77	-0.07	0.09	-0.02	-0.41	0.69	-0.13	0.09
DoL <sup>2</sup>	-0.05	-1.95	0.05	-0.10	0.00	-0.05	-1.46	0.15	-0.11	0.02	-0.05	-0.84	0.40	-0.16	0.06
Appreciated	0.59	21.78	<0.001	0.54	0.64	0.55	16.34	<0.001	0.48	0.61	0.56	11.53	<0.001	0.46	0.65
DoL x Appreciated	-0.06	-2.45	0.01	-0.12	-0.01	-0.04	-1.24	0.22	-0.11	0.02	-0.09	-1.79	0.07	-0.19	0.01
Employment Status	-0.01	-0.49	0.63	-0.06	0.04	0.02	0.52	0.60	-0.05	0.08	0.00	-0.84	0.40	-0.01	0.00
<b>Model 2b: Appreciated Moderating the Curvilinear DoL-Satisfaction Link</b>															
DoL	-0.01	-0.21	0.83	-0.07	0.06	0.00	0.11	0.91	-0.07	0.08	-0.03	-0.49	0.63	-0.13	0.08
DoL <sup>2</sup>	-0.05	-2.03	0.04	-0.10	0.00	-0.04	-1.39	0.17	-0.10	0.02	-0.02	-0.40	0.69	-0.14	0.09
Appreciated	0.54	17.61	<0.001	0.48	0.61	0.52	13.08	<0.001	0.44	0.60	0.51	8.86	<0.001	0.40	0.63
DoL x Appreciated	-0.01	-0.26	0.80	-0.07	0.06	-0.01	-0.24	0.81	-0.09	0.07	-0.08	-1.48	0.14	-0.18	0.03
DoL <sup>2</sup> x Appreciated	0.07	2.96	0.003	0.02	0.11	0.04	1.30	0.20	-0.02	0.10	0.07	1.45	0.15	-0.02	0.16
Employment Status	-0.01	-0.57	0.57	-0.06	0.03	0.02	0.51	0.61	-0.05	0.08	0.00	-0.80	0.42	-0.01	0.00

*Note.* In Samples A and B, employment status was treated as continuous (0 = not employed, 1 = part-time employment, 2 = full-time employment). In Sample C "Hours of Paid Employment" was modelled instead of employment status. Controlling for employment status did not change the primary associations for analyses predicting expected satisfaction (Samples A and B) and changes in satisfaction (Samples B and C).

**Table S20.** Feeling appreciated by one's partner and *employment status* moderating the association between perceived household DoL and relationship satisfaction across combined Samples A and B (baseline).

DV: Relationship Satisfaction	Concurrent						Expected					
	B	t	p	LL	UL	B	t	p	LL	UL		
<b>Model 1b</b>												
DoL	0.01	0.24	0.82	-0.09	0.11	-0.07	-0.69	0.49	-0.27	0.13		
DoL <sup>2</sup>	-0.15	-4.41	<0.001	-0.22	-0.09	-0.29	-3.99	<0.001	-0.43	-0.15		
Employment Status	-0.03	-0.85	0.40	-0.09	0.03	0.01	0.17	0.87	-0.11	0.13		
DoL x Employment Status	0.07	2.15	0.03	0.01	0.13	0.11	1.67	0.10	-0.02	0.24		
DoL <sup>2</sup> x Employment Status	0.02	0.94	0.35	-0.03	0.07	0.00	0.05	0.96	-0.10	0.11		
<b>Model 2b</b>												
DoL	-0.08	-1.87	0.06	-0.17	0.00	-0.18	-1.75	0.08	-0.37	0.02		
DoL <sup>2</sup>	-0.09	-2.91	0.004	-0.15	-0.03	-0.18	-2.56	0.01	-0.32	-0.04		
Appreciated	0.56	15.50	<0.001	0.49	0.63	0.50	5.87	<0.001	0.33	0.66		
Employment Status	0.00	0.01	10.00	-0.05	0.05	0.03	0.53	0.59	-0.09	0.15		
DoL x Appreciated	0.05	1.14	0.25	-0.04	0.14	0.07	0.64	0.52	-0.14	0.27		
DoL x Employment Status	0.07	2.39	0.02	0.01	0.12	0.11	1.73	0.08	-0.01	0.24		
DoL <sup>2</sup> x Appreciated	0.07	2.60	0.01	0.02	0.13	0.17	2.58	0.01	0.04	0.30		
DoL <sup>2</sup> x Employment Status	0.03	1.23	0.22	-0.02	0.07	-0.01	-0.15	0.88	-0.11	0.09		
Appreciated x Employment Status	-0.02	-0.81	0.42	-0.07	0.03	0.07	1.14	0.25	-0.05	0.19		
DoL x Appreciated x Employment Status	-0.05	-1.92	0.06	-0.11	0.00	-0.08	-1.17	0.24	-0.21	0.05		
DoL <sup>2</sup> x Appreciated x Employment Status	-0.01	-0.38	0.70	-0.05	0.03	-0.09	-1.79	0.07	-0.18	0.01		

Note: Employment status was coded as 0 = Not employed, 1 = Employed part-time, 2 = Employed full-time.

**Table S21.** Feeling appreciated by one's partner and *income* and *education* moderating the association between the curvilinear effect of perceived household DoL and relationship satisfaction across combined Samples A & B (baseline).

DV: Relationship Satisfaction	Concurrent						Expected					
	B	t	p	LL	UL	B	t	p	LL	UL		
<b>Household Income</b>												
DoL	0.01	0.41	0.68	-0.04	0.06	-0.02	-0.41	0.69	-0.14	0.09		
DoL <sup>2</sup>	-0.03	-1.30	0.19	-0.07	0.01	-0.14	-2.91	0.004	-0.24	-0.05		
Appreciated	0.52	20.54	<.001	0.47	0.57	0.57	9.61	<.001	0.46	0.69		
Income	-0.07	-2.65	0.008	-0.11	-0.02	-0.11	-1.92	0.055	-0.23	0.00		
DoL x Appreciated	-0.01	-0.55	0.58	-0.06	0.04	-0.03	-0.58	0.56	-0.15	0.08		
DoL x Income	0.01	0.26	0.80	-0.04	0.06	-0.01	-0.13	0.90	-0.12	0.11		
DoL <sup>2</sup> x Appreciated	0.06	3.31	<.001	0.03	0.10	0.08	1.81	0.071	-0.01	0.17		
DoL <sup>2</sup> x Income	0.06	2.76	0.006	0.02	0.10	-0.02	-0.37	0.71	-0.11	0.08		
Appreciated x Income	0.01	0.35	0.73	-0.04	0.06	-0.06	-1.01	0.31	-0.17	0.06		
DoL x Apprd x Income	0.00	-0.12	0.90	-0.06	0.05	0.05	0.77	0.44	-0.08	0.18		
DoL <sup>2</sup> x Apprd x Income	0.00	-0.12	0.90	-0.04	0.04	-0.02	-0.34	0.74	-0.11	0.08		
<b>Education</b>												
DoL	0.01	0.35	0.724	-0.04	0.06	-0.05	-0.87	0.384	-0.16	0.06		
DoL <sup>2</sup>	-0.05	-2.20	0.028	-0.09	0.00	-0.15	-3.12	0.002	-0.24	-0.06		
Appreciated	0.53	21.15	<.001	0.48	0.58	0.55	9.47	<.001	0.44	0.67		
Education	-0.02	-0.92	0.360	-0.07	0.03	-0.13	-2.33	0.020	-0.25	-0.02		
DoL x Appreciated	-0.02	-0.72	0.472	-0.07	0.03	-0.04	-0.70	0.484	-0.16	0.08		
DoL x Education	0.02	0.92	0.358	-0.03	0.07	0.05	0.80	0.426	-0.07	0.16		
DoL <sup>2</sup> x Appreciated	0.06	3.10	0.002	0.02	0.10	0.07	1.68	0.093	-0.01	0.16		
DoL <sup>2</sup> x Education	0.00	0.21	0.835	-0.03	0.04	0.06	1.46	0.143	-0.02	0.15		
Appreciated x Education	-0.03	-1.09	0.274	-0.07	0.02	-0.03	-0.55	0.585	-0.14	0.08		
DoL x Apprd x Education	0.01	0.21	0.835	-0.05	0.06	0.06	0.95	0.341	-0.06	0.18		
DoL <sup>2</sup> x Apprd x Education	0.01	0.75	0.451	-0.02	0.05	0.01	0.28	0.776	-0.07	0.10		

**Table S22.** Feeling appreciated by one's partner and *age* and *relationship length* moderating the association between the curvilinear effect of perceived household DoL and relationship satisfaction across combined Samples A & B (baseline).

DV: Relationship Satisfaction	Concurrent						Expected					
	B	t	p	LL	UL	B	t	p	LL	UL		
<b>Age</b>												
DoL	0.00	-0.03	0.98	-0.05	0.05	-0.05	-0.89	0.37	-0.16	0.06		
DoL <sup>2</sup>	-0.04	-1.81	0.07	-0.08	0.00	-0.15	-3.22	0.001	-0.25	-0.06		
Appreciated	0.53	21.47	<0.001	0.49	0.58	0.55	9.33	<0.001	0.43	0.66		
Age	-0.03	-1.28	0.20	-0.08	0.02	-0.14	-2.44	0.02	-0.25	-0.03		
DoL x Appreciated	-0.03	-1.06	0.29	-0.08	0.02	-0.04	-0.73	0.47	-0.16	0.07		
DoL x Age	-0.01	-0.55	0.58	-0.06	0.03	-0.01	-0.15	0.88	-0.12	0.10		
DoL <sup>2</sup> x Appreciated	0.05	2.79	0.01	0.02	0.09	0.09	2.03	0.04	0.00	0.18		
DoL <sup>2</sup> x Age	0.05	2.29	0.02	0.01	0.08	0.07	1.61	0.11	-0.02	0.17		
Appreciated x Age	-0.01	-0.26	0.79	-0.06	0.04	-0.09	-1.60	0.11	-0.21	0.02		
DoL x Appreciated x Age	0.00	0.20	0.84	-0.04	0.05	-0.01	-0.19	0.85	-0.11	0.09		
DoL <sup>2</sup> x Appreciated x Age	0.03	1.74	0.08	0.00	0.06	0.02	0.38	0.70	-0.06	0.10		
<b>Relationship Length</b>												
DoL	0.00	-0.07	0.95	-0.05	0.05	-0.04	-0.76	0.45	-0.15	0.07		
DoL <sup>2</sup>	-0.05	-2.33	0.02	-0.09	-0.01	-0.15	-3.19	0.001	-0.24	-0.06		
Appreciated	0.53	21.52	<0.001	0.48	0.58	0.54	9.22	<0.001	0.42	0.65		
Rel. Length	-0.01	-0.49	0.63	-0.06	0.04	-0.17	-2.90	0.004	-0.28	-0.05		
DoL x Appreciated	-0.01	-0.49	0.62	-0.06	0.04	-0.05	-0.80	0.43	-0.17	0.07		
DoL x Rel. Length	0.02	0.96	0.34	-0.02	0.07	-0.02	-0.31	0.76	-0.12	0.09		
DoL <sup>2</sup> x Appreciated	0.06	3.39	0.001	0.03	0.10	0.10	2.20	0.03	0.01	0.18		
DoL <sup>2</sup> x Rel. Length	0.05	2.70	0.01	0.01	0.09	0.10	2.15	0.03	0.01	0.20		
Appreciated x Rel. Length	0.04	1.69	0.09	-0.01	0.09	-0.10	-1.73	0.08	-0.22	0.01		
DoL x Apprd x Rel. Length	-0.01	-0.49	0.63	-0.06	0.03	0.02	0.32	0.75	-0.09	0.12		
DoL <sup>2</sup> x Apprd x Rel. Length	-0.01	-0.46	0.65	-0.04	0.03	0.03	0.82	0.41	-0.05	0.11		

**Table S23.** Feeling appreciated by one's partner moderating the association between perceived household DoL and relationship satisfaction across samples at baseline, *controlling for mental health*.

DV: Relationship Satisfaction	Sample A						Sample B						Sample C					
	B	t	p	LL	UL	B	t	p	LL	UL	B	t	p	LL	UL			
<b>Model 1a: Linear Effect of DOL</b>																		
DoL	0.16	5.24	<0.001	0.10	0.22	0.10	2.59	0.01	0.02	0.17	0.11	1.95	0.05	0.00	0.21			
Mental Health	0.27	9.84	<0.001	0.33	0.22	0.16	4.34	<0.001	0.24	0.09	-0.11	-2.23	0.03	-0.20	-0.01			
<b>Model 1b: Curvilinear Effect of DOL</b>																		
DoL	0.10	3.03	0.003	0.04	0.17	0.05	1.19	0.24	-0.03	0.14	0.08	1.34	0.18	-0.04	0.19			
DoL <sup>2</sup>	-0.09	-3.13	0.002	-0.15	-0.03	-0.09	-2.57	0.01	-0.17	-0.02	-0.15	-2.34	0.02	-0.28	-0.02			
Mental Health	0.26	9.40	<0.001	0.31	0.21	0.16	4.19	<0.001	0.23	0.08	-0.10	-2.16	0.03	-0.20	-0.01			
<b>Model 2a: Appreciated Moderating the Linear DOL-Satisfaction Link</b>																		
DoL	0.01	0.48	0.63	-0.04	0.07	0.01	0.18	0.86	-0.07	0.08	-0.03	-0.61	0.54	-0.13	0.07			
DoL <sup>2</sup>	0.55	20.72	<0.001	0.50	0.61	0.54	16.14	<0.001	0.47	0.60	-0.04	-0.70	0.49	-0.15	0.07			
Appreciated	-0.03	-1.11	0.27	-0.08	0.02	-0.04	-1.31	0.19	-0.10	0.02	0.56	11.83	<0.001	0.47	0.66			
DoL x Appreciated	-0.07	-2.69	0.01	-0.12	-0.02	-0.04	-1.24	0.22	-0.10	0.02	-0.09	-1.81	0.07	-0.19	0.01			
Mental Health	0.18	7.86	<0.001	0.23	0.14	0.12	3.72	<0.001	0.18	-0.05	-0.07	-1.73	0.09	-0.15	0.01			
<b>Model 2b: Appreciated Moderating the Curvilinear DOL-Satisfaction Link</b>																		
DoL	-0.01	-0.23	0.82	-0.07	0.05	0.00	0.02	0.99	-0.08	0.08	-0.04	-0.69	0.49	-0.14	0.07			
DoL <sup>2</sup>	0.51	16.81	<0.001	0.45	0.57	0.51	13.06	<0.001	0.44	0.59	-0.01	-0.24	0.81	-0.13	0.10			
Appreciated	-0.03	-1.19	0.24	-0.08	0.02	-0.04	-1.26	0.21	-0.10	0.02	0.51	8.98	<0.001	0.40	0.63			
DoL x Appreciated	-0.01	-0.45	0.66	-0.08	0.05	-0.01	-0.35	0.73	-0.09	0.07	-0.08	-1.47	0.14	-0.18	0.03			
DoL <sup>2</sup> x Appreciated	0.07	2.96	0.003	0.02	0.11	0.03	1.10	0.27	-0.03	0.09	0.07	1.57	0.12	-0.02	0.17			
Mental Health	0.18	7.85	<0.001	0.23	0.14	0.11	3.65	<0.001	0.18	0.05	-0.07	-1.73	0.09	-0.15	0.01			

Note: In Samples A and B, mental health is measured with the 4-item Ultra Short Depression and Anxiety Scale. In Sample C, mental health is measured with 2-item Depression Scale.

**Table S24.** Feeling appreciated by one's partner moderating the association between perceived household DoL and relationship satisfaction across samples at baseline, *controlling for physical health*.

DV: Relationship Satisfaction	Sample A						Sample B						Sample C					
	B	t	p	LL	UL	B	t	p	LL	UL	B	t	p	LL	UL			
<b>Model 1a: Linear Effect of DOL</b>																		
DoL	0.17	5.61	<.001	0.11	0.23	0.10	2.69	0.007	0.03	0.18	0.09	1.67	0.10	-0.02	0.20			
Physical Health	0.22	6.29	<.001	0.15	0.29	0.20	4.12	<.001	0.10	0.29	0.21	4.26	<.001	0.11	0.31			
<b>Model 1b: Curvilinear Effect of DOL</b>																		
DoL	0.10	2.97	0.003	0.03	0.17	0.06	1.32	0.19	-0.03	0.14	0.06	1.10	0.27	-0.05	0.17			
DoL <sup>2</sup>	-0.11	-3.92	<.001	-0.17	-0.06	-0.09	-2.53	0.012	-0.17	-0.02	-0.14	-2.20	0.03	-0.27	-0.02			
Physical Health	0.21	6.00	<.001	0.14	0.28	0.19	3.86	<.001	0.09	0.28	0.21	4.14	<.001	0.11	0.31			
<b>Model 2a: Appreciated Moderating the Linear DOL-Satisfaction Link</b>																		
DoL	0.01	0.49	0.623	-0.04	0.07	0.01	0.34	0.74	-0.06	0.09	-0.04	-0.71	0.48	-0.14	0.06			
DoL <sup>2</sup>	-0.05	-1.81	0.071	-0.10	0.00	-0.04	-1.28	0.20	-0.10	0.02	-0.03	-0.59	0.56	-0.14	0.08			
Appreciated	0.57	20.75	<.001	0.51	0.62	0.55	16.42	<.001	0.48	0.61	0.55	11.58	<.001	0.46	0.64			
DoL x Appreciated	-0.07	-2.58	0.010	-0.12	-0.02	-0.03	-0.78	0.43	-0.09	0.04	-0.09	-1.73	0.09	-0.18	0.01			
Physical Health	0.11	3.63	<.001	0.05	0.16	0.13	3.09	0.002	0.05	0.21	0.14	3.13	<.001	0.05	0.22			
<b>Model 2b: Appreciated Moderating the Curvilinear DOL-Satisfaction Link</b>																		
DoL	-0.01	-0.30	0.762	-0.07	0.05	0.01	0.18	0.86	-0.07	0.08	-0.04	-0.80	0.42	-0.14	0.06			
DoL <sup>2</sup>	-0.05	-1.95	0.052	-0.10	0.00	-0.04	-1.16	0.25	-0.10	0.02	-0.01	-0.12	0.90	-0.12	0.11			
Appreciated	0.52	16.70	<.001	0.46	0.58	0.52	13.10	<.001	0.44	0.60	0.50	8.76	<.001	0.39	0.61			
DoL x Appreciated	-0.01	-0.27	0.788	-0.07	0.05	0.01	0.14	0.89	-0.07	0.09	-0.07	-1.38	0.17	-0.17	0.03			
DoL <sup>2</sup> x Appreciated	0.07	3.13	0.002	0.03	0.12	0.04	1.32	0.19	-0.02	0.10	0.08	1.62	0.11	-0.02	0.17			
Physical Health	0.11	3.72	<.001	0.05	0.16	0.13	3.12	0.002	0.05	0.21	0.14	3.15	<.001	0.05	0.22			

Note. In Samples A and B, physical health is assessed with a measure of sleep quality. In Sample C, physical health is measured with one item "How would you rate your physical health?" (1 = poor, 5 = excellent).