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Directed giving: Evidence from an inter-household transfer experiment[☆]



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ABSTRACT

We investigate the determinants of giving in a lab-in-the-field experiment with large stakes. Study participants in urban Mozambique play dictator games where their counterpart is the closest person to them outside their household. When given the option, dictators do a large fraction of giving in kind (in the form of goods) rather than cash. In addition, they share more in total when they have the option of giving in kind, compared to giving that can only be in cash. Qualitative post-experiment responses suggest that this effect is driven by a desire to control how recipients use gifted resources. Standard economic determinants such as the rate of return to giving and the size of the endowment also affect giving, but the effects of even large changes in these determinants are significantly smaller than the effect of the in-kind option. Our results support theories of giving where the utility of givers depends on the composition (not just the level) of gift-recipient expenditures, and givers thus seek control over transferred resources.

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1. Introduction

In both rich and poor countries, transfers of resources across individuals and across households are common and often large in magnitude. In developing countries, inter-household transfers play an important role in replacing public transfers when those public sources are not available (Cox and Jimenez, 1992; Cox et al., 2004; Jensen, 2004; Kazianga, 2006). Similarly, informal transfer and credit relationships between households also augment missing insurance markets in

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developing countries (Townsend, 1994; Udry, 1994; Jalan and Ravallion, 1999; Angelucci et al., 2010). In developed countries, inter-household transfers are also widespread (Altonji et al., 1992, 1997; Bernheim et al., 2004; Arrondel and Masson, 2006).

Becker's (1974) model of altruism is the seminal theory of inter-household transfers. This model was subject to an early test by Cox (1987), who found that inter-vivos transfers were more consistent with exchange-related motives than with pure altruism. A recent literature has used experiments to examine motivations behind giving. Studies have explored the existence and nature of altruistic motives for giving, such as Andreoni and Vesterlund (2001), Andreoni and Miller (2002), Binzel and Fehr (2013a,b), Camerer and Fehr (2004), and DellaVigna et al. (2012). Other work, such as Leider et al. (2009) and Ligon and Schechter (2012), has highlighted that transfers may reflect selfish or "exchange" motives – desires on the part of givers to reward recipients for past behavior or to influence future behavior – in addition to altruism.¹

In this paper, we examine a cross-cutting issue: whether and how givers seek to influence or control the consumption patterns of gift recipients. Would an ability to wield control over recipient consumption out of gifted resources affect givers' expected utility from giving, and their giving decisions overall? While in-kind transfers by governments have been the subject of a great deal of study (see, Currie and Gahvari, 2008, for a review), whether and how individual givers value "directed" giving has received less attention. Understanding how individuals value directed giving has potentially important theoretical and practical implications. From a theoretical standpoint, evidence of a desire for control on the part of givers rules out certain models of the giving decision – for example, it is inconsistent with a simple model of pure altruism and perfect rationality on the part of givers and recipients.

Evidence on directed giving motives could also have important practical or policy implications. If such motives exist and play a quantitatively substantial role, real-world transfer behavior may be affected by regulatory or technological developments that facilitate givers' control over recipient consumption. For example, new technologies such as the Internet facilitate in-kind giving over distances (via online merchants), and telecommunications can improve long-distance monitoring of transfer recipients. In the legal realm, trusts and other legal instruments allow givers to place limits on how recipients can use inter-vivos transfers and bequests. In the charitable giving context, directed giving motives might explain the strategy of soliciting donations for specific, defined uses, rather than general ones.

The question we pose is also related to research on the motivations behind *in-kind* giving. Giving often takes the form of cash transfers, but a substantial share of giving is in-kind. Standard models of giving imply that givers, who may not be fully aware of recipient preferences, cannot do better at raising recipient utility than by giving cash (as opposed to making in-kind gifts), which allows recipients to make utility-maximizing consumption choices on their own.² The prevalence of in-kind giving is therefore a puzzle for very standard models.

The prevalence of in-kind giving is especially interesting because research on the effects of in-kind government transfers has mostly shown that they are inframarginal; they do not seem to change food consumption patterns relative to cash transfers (for example, see Moffitt (1989) on the Puerto Rican case, Hoynes and Schanzenbach (2009) on the US Stamp Food program, and Cunha (2014) on a similar Mexican program). Though, Cunha et al. (2011) point to a pecuniary benefit for consumers of goods provided by in-kind transfers, arising from the negative equilibrium effect on prices that these transfers have in local markets (via increased supply of goods transferred in-kind).

Elaborations of standard models can, however, explain in-kind giving in the absence price effects. Pollak (1988) models in-kind gifts, or tied transfers, within the family as direct consequences of paternalistic preferences, where parents derive utility from their children's consumption of only a subset of goods. In-kind gifts are just a way to promote the consumption of those preferred goods. Waldfogel (1993) hypothesizes that individuals may give in-kind gifts if they think they know the recipient's preferences better than recipients do themselves. His data reject this hypothesis, however: undergraduates report valuing in-kind gifts received at large discounts relative to market prices. Prendergast and Stole (2001) instead rationalize in-kind gifts in a signaling model. They hypothesize that in-kind gifts allow givers to send positive signals to recipients, by putting in the effort to select a gift and to show the recipient that the giver knows the recipient's preferences well.

A number of theories can generate directed giving, or giving in which givers seek control over the use of transferred resources. In the examples we discuss, givers' desire for control arises because giver utility depends on the composition (not just the level) of gift-recipient expenditures. For example, in a *paternalistic model*, givers may value the utility recipients gain from consumption of "virtue" goods, but not recipient utility from consumption of "vice" goods. This makes it possible for givers to raise their own utility from giving by making in-kind gifts. An alternative model is one where gift recipients may consume either "public" goods (goods which generate utility for givers as well as recipients) or "private" goods (which generate utility only for recipients).³ In this *public goods model*, givers can raise their own utility by making in-kind gifts of public goods. In both the paternalistic and public goods models, giver utility rises with in-kind giving because givers

¹ Barr and Genicot (2008) and Attanasio et al. (2012) use experiments to examine the determinants of the composition and functioning of informal risk-sharing networks.

² An exception would occur when an altruistic gift-giver is faced with the "Samaritan's dilemma," i.e. when the recipient's optimal dynamic strategy is to over-spend in early periods in the expectation that the giver will increase the value of gifts at later periods if the recipient's income is low at that time. In this setting, in-kind gifts in early periods would be a way to rein in over-spending by the recipient, which would likely be welfare-enhancing. This argument is formalized by Bruce and Waldman (1991).

³ Examples of public goods in this context include housing and other household durables, which may be enjoyed by givers on occasion, or investments in children in the recipient household who are related to the giver.

can control recipient consumption patterns better with in-kind gifts than with cash gifts. Both models make ambiguous predictions as to whether the possibility of making in-kind gifts leads to more or less gift-giving overall.⁴

The main contribution of our paper is to provide the first direct experimental evidence supporting a class of models that generate motives for directed giving. In addition, we reveal a pattern in the results that is distinctive of the paternalistic model and thus suggests this model more relevant than either the public goods or the signaling model of giving. We conduct a labin-the-field experiment with large stakes. Respondents were clients of a microfinance institution in urban Mozambique, and played a series of dictator games in which their counterpart (the recipient of gifted funds) was, according to the respondents, the closest person to them outside of their own household. Experimental rounds vary on, among other things, whether giving to the counterpart can be in cash alone, or can be either cash or in-kind. One of the choices made by each respondent is, at the end of the experiment, chosen at random to be implemented in reality.

Our focus on transfers between members of a social network distinguishes our research from the vast majority of dictator game experiments on willingness to give anonymously to unknown recipients with whom no future interaction is expected. Leider et al. (2009), Ligon and Schechter (2012) and Binzel and Fehr (2013a,b) are recent exceptions that also study individuals with social ties. In our view, experiments on non-anonymous giving in social networks merit greater attention. Many have observed that the level of sharing in anonymous lab settings is high relative to similar interactions of strangers outside the lab (e.g., DellaVigna, 2009). This suggests that the motives behind giving in classic dictator game experiments may be different from those that inspire the large amounts of giving that occurs between members of social networks. Our experiment is designed to understand better the motives for giving among friends and family.

By studying giving within a social network, we lose an advantage of anonymous giving experiments. Because our subjects interact after the experiment, the possibility that they are playing a repeated game makes interpretation of their experimental behavior more difficult. To aid interpretation, we use our experimental results and a survey of the participants to investigate the role of repeated interaction. In particular, we look for evidence of favor trading after the experiment and for evidence that givers favored durable goods that could serve as tangible reminders of their favor to recipients. We also look for evidence of standard economic advantages of giving in-kind rather than cash, such as convenience or price, that would motivate in-kind giving in repeated games among agents with standard preferences. This is important because the advantages of cash giving in static models also apply to many dynamic ones.

We find that in-kind giving is appealing to our study respondents. As a baseline, we find that when we only allow respondents to give in the form of cash, they give 39.6% of their endowments to their counterparts on average. In contrast, when respondents can freely choose to give to counterparts in some combination of cash or in kind, they give 25.9% of the endowment in cash and 19.2% in kind. In other words, in-kind giving displaces a substantial share of giving that would otherwise be in cash. As a result, when in-kind giving is an option, a large share of giving (42.6%) is in kind, rather than in cash.

Our other key finding is that offering respondents the option of in-kind giving leads to substantially more total giving. When respondents also have the option of making in-kind gifts (in addition to cash gifts), they give 45.1% of their endowments, in comparison to 39.6% of their endowments when giving can only be in cash. This 5.5 percentage point effect is about three-tenths of a standard deviation of the percentage given in the experiment.

The in-kind effect is also large relative to the effect of other determinants of giving in our experiment. A very large increase in the rate of return to giving (moving from 0% to 200% return) raises the fraction shared by 2.4 percentage points, ⁹ while a four-fold increase in the size of the endowment given to respondents (from 300 to 1200 meticais) leads sharing to fall by 2.7 percentage points. ¹⁰ The in-kind effect is therefore at least twice as large in magnitude as the effects of these very large changes in other economic determinants of giving.

These results are consistent with both directed giving models (paternalistic and public goods models), as well as a signaling model of giving (Prendergast and Stole, 2001) where givers seek to demonstrate how well they know the preferences of their recipients. To distinguish among these models, we implemented additional experimental choices where givers could not make the exact in-kind consumption choices themselves. In these rounds, givers only specified the money amounts allocated to in-kind goods, and recipients made the final choice of goods purchased with these in-kind funds.¹¹ The goods

⁴ A review of the theoretical motivations for in-kind giving is provided by Currie and Gahvari (2008) who highlight the relevance of paternalistic arguments in explaining existing social in-kind transfer programs.

⁵ In-kind options were presented in the form of a catalog with categories for housing, education, grocery, clothing, health, agricultural inputs, and other.

⁶ A key advantage of the Mozambique sample is that income levels are relatively low by developed-country standards, allowing us to implement a high-stakes experiment (from the respondent standpoint) on a reasonable research budget. The value of the endowment allocated by respondents ranged across experimental choices from 4% to 16% of median monthly household consumption in the sample.

⁷ The findings of Bezu and Holden (2013), who compare giving in a dictator game to a spouse to giving to an anonymous recipient are consistent with this natural view. Goeree et al. (2010), and d'Exelle and Riedl (2010) also find evidence, beyond family ties, of the importance of social distance for giving.

⁸ The in-kind giving choices in this and the following paragraph refer to experimental rounds 5–8, the "in kind with respondent purchase" rounds. See Section 3 and the Appendix for further details.

⁹ In experimental rounds with a rate of return to giving of x%, each amount a respondent gave out of their endowment to the counterpart was "matched" by the experiment with funds amounting to an additional x% and then shared with the counterpart.

¹⁰ One US dollar was worth roughly 27 Mozambican meticals during the time period of this experiment.

¹¹ This is analogous to "gift cards" that are common in more developed economies, which provide funds that are to be used in specific establishments (stores, restaurants, etc.) but cannot be directly converted to cash.

that recipients could choose among in these in-kind allocations included both public and private goods; in other words, givers could not control whether recipients chose public vs. private goods. The manner of selection of the in-kind goods by gift recipients was such that recipients could not use the in-kind resources for expenditures such as alcohol, tobacco, or entertainment, that would be viewed by givers as unproductive or inappropriate (vice goods). Making in-kind gifts in this fashion would also presumably have no signaling value. If in-kind giving is little affected by the ability to ensure the gift takes the form of public goods, then paternalism, rather than public good consumption or signaling, is the dominant motive behind in-kind giving.

We find that offering this form of the in-kind option also has a statistically significant positive effect on giving. This effect is only slightly smaller than the effect of the main in-kind option (where respondents make final purchase decisions), and the two in-kind effects are statistically indistinguishable from one another. The fact that the in-kind effect is still positive and significant when recipients make final purchase decisions suggests that the paternalistic model of giving is the most empirically relevant in this context.

Additional analysis helps us evaluate other explanations for the results. We provide evidence – based on an examination of heterogeneity in the treatment effect – against the hypotheses that the "in-kind effect" reflects the value of free delivery of the in-kind items, the opportunity for counterparts to consume goods not available in their local areas, or the opportunity to give the counterpart a tangible reminder of the giver's generosity.

As a final test of whether the in-kind effect is driven by directed giving as opposed to other motivations, we examine qualitative respondent self-reports on their own motivations for in-kind giving. These data reveal that a desire to control how recipients use gifted resources figures prominently in decisions to give in kind, and these individual-level responses correlate positively with the extent to which respondents increase their own giving in response to the in-kind option in the experiment. Other motivations for in-kind giving figure much less prominently in these qualitative data.

The remainder of the paper is organized as follows. Section 2 presents a model of directed giving. Section 3 describes the experiment and the baseline data. Section 4 presents the main empirical results, quantifying the in-kind effect. Section 5 presents additional empirical analyses intended to reveal the mechanisms behind the in-kind effect. Section 6 concludes.

2. Directed giving in theory

We present here two simple models that generate directed giving, or giving in which givers seek control over the use of transferred resources: a paternalistic model and a public goods model. In both cases, the giver's desire for control arises because giver utility depends on the composition, not just the level, of the recipient's expenditures. Givers therefore prefer to give in-kind because doing so permits better control over recipient consumption patterns than does giving cash. The basic mechanisms underlying these models appear in the literature on in-kind government transfers (see Currie and Gahvari, 2008, for a review), and they make intuitive predictions. We provide them (a) to fix ideas, (b) to show how predictions regarding in-kind giving can be refined, and (c) to show that these models make ambiguous predictions as to whether the possibility of making in-kind gifts leads to more or less gift-giving overall.

2.1. A paternalistic model of giving

In this model, givers value the utility recipients gain from consumption of "virtue" goods, but not recipient utility from consumption of "vice" goods. This makes it possible for givers prefer making gifts in-kind.¹²

An altruistic giver decides how much of a windfall to donate to a recipient, either in cash or in kind. Suppose, for simplicity, that there are two composite goods x and y with prices p_x and p_y denominated in meticais. To make the discussion more vivid, we will call x the virtue good, and y the vice good.

In the absence of a gift, a recipient with wealth ω would solve

$$\max_{x,y} u(x) + v(y)$$
s.t. $\omega - p_x x - p_y y \ge 0$
 $x, y \ge 0$

Under standard assumptions, the recipient's indirect utility is a well-behaved function of wealth, $R(\omega)$; so if the giver donates some amount of cash g to the recipient then the benefit to the recipient is denoted by $x^*(g)$, $y^*(g)$ the optimal choices associated with a cash gift of size g.

¹² The model is reminiscent of Banerjee and Mullainathan (2010), who model the conflict between the present and future self over consumption of temptation goods. In our case, the conflict is between the giver and recipient over the recipient's consumption.

Suppose instead that the giver allocates an amount k of the virtue good to the recipient. Assume that this gift is infinitely divisible, has a retail value of $g(p_x k = g)$, and can be sold for cash only at some discount $(1 - \delta)$. In this case, the recipient solves

(P)
$$\max_{x,y,s} u(x + (1-s)k) + v(y)$$
$$s.t. \quad \omega - p_x(x - s\delta k) - p_y y \ge 0$$
$$x, y, s \ge 0$$
$$s \in [0, 1]$$

where *s* is the fraction of the virtue good gift that is sold instead of being consumed.

If the solution to this problem involves no sale of the virtue good (s = 0) and additional purchases of the virtue good (x > 0), then the recipient's optimal choices \tilde{x} , \tilde{y} satisfy $u'(\tilde{x} + k)/v'(\tilde{y}) = p_x/p_y$, $\tilde{x} + k = x^*(g)$, and $\tilde{y} = y^*(g)$. In other words, the giver's demand that the recipient consume at least k of the virtue good is not binding in this case; and the recipient's ultimate consumption does not depend on whether the gift with a market value of g meticals was cash or in-kind. 13

In the more interesting case, there is some cost to selling the in-kind gift (δ < 1) and the size of the in-kind gift, (k), exceeds the amount of the virtue good that the recipient would have chosen were the gift to be made in cash, $x^*(g)$. A standard argument about the advantages of cash over in-kind assistance then applies. If $k > x^*(g)$, then the recipient is worse off than she would be with the gift's cash equivalent, g. We know this is true because the allocation (x, y) = (x, y) is feasible when the recipient is allocated the cash gift x, but she does not choose it.

We will denote by $K(\omega, k)$ the indirect utility of the recipient with wealth ω who has been given an in-kind gift of size k. Using this notation, the argument given above implies that for a gift composed of a cash amount i and an in-kind amount k. such that, $p_x k + i = g$,

$$R(\omega + g) \ge K(\omega + i, k) \tag{1}$$

and the inequality is strict if $k > x^*(g)$.

Inequality (1) makes in-kind giving a puzzle for basic models of altruism. We present here a simple theory of in-kind gifts that blends altruism and paternalism. In a standard model of altruism, when given a money windfall of size m the giver solves

$$\max_{c,i,k} (1 - \alpha)V(c) + \alpha K(\omega + i, k)$$
s.t.
$$m - c + \frac{(i - p_x k)}{1 + r} \ge 0$$

where V(c) is the giver's utility from consumption of a composite good c denominated in meticais, $\alpha \in [0, 1]$ gives the altruistic weight on the recipient's utility, and all other variables are defined as above. Anticipating our experiments, we also introduce a relative price of giving r. When r is higher, giving is cheaper. Inequality (1) from above implies that giving nothing in kind, $k^* = 0$, solves this altruistic giver's problem. If, in addition, we set aside cases where the in-kind gift would not bind, then in-kind giving is never optimal.

Suppose, instead, that the giver, while altruistic, does not entirely respect the preferences of the recipient. He cares about her well-being only along certain dimensions. For simplicity, assume that the giver respects only the recipient's consumption of virtue goods. In this case, the giver solves

$$\max_{c,i,k} (1 - \alpha) V(c) + \alpha - u(i,k)$$
s.t.
$$m - c - \frac{(i + p_x k)}{1 + r} \ge 0$$

$$c, i, k \ge 0$$

where $\sim u(i, k)$ is the value from virtue good consumption to a recipient who received a gift consisting of cash i and in-kind amount k. That is,

$$u(i, k) \equiv u(x^*(\omega + i, k))$$

where $x^*(\omega + i, k)$ solves problem (P) above given wealth $\omega + i$ and in-kind gift k.

This simple model of altruism tinged by paternalism makes sense of in-kind gifts. More precisely, this model implies:

Result 1. The giver strictly prefers an in-kind gift k with market value g to a cash gift of g if and only if $k > x^*(g)$.

¹³ The same is, of course, also true if there is no cost to selling the gift ($\delta = 1$).

In other words, the giver prefers to give in-kind whenever it generates more consumption of the virtue good than would occur if he just gave cash. That is true because the giver places zero value on the recipient's vice good consumption and values her virtue good consumption monotonically. If we set aside knife-edge cases of indifference, this model also predicts that gifts would never combine of cash and in-kind. A richer model of giver preferences that, instead of entirely ignoring vice utility only gave it a weight less than one, would predict that some gifts would consist of both cash and in-kind. In these cases, the giver would equate the marginal altruistic utility from giving in-kind with the marginal altruistic utility from giving cash.

Result 2. The level of virtue good consumption is weakly higher when the option to give in-kind is available.

Proof. Let \hat{g} denote the optimal gift when only cash can be given, and (i', k') the optimal gift when both forms of giving are possible. If $\hat{g} = 0$, the claim is trivially true. Suppose instead $\hat{g} > 0$ and, contrary to the claim, $x^*(i', k') < x^*(\hat{g})$. Consider an alternative allocation (0, k'') where $x^*(0, k'') = x^*(\hat{g})$. This allocation generates the same utility from altruism as $(\hat{g}, 0)$. The positive costs of selling any part of the in-kind gift imply

$$p_X k'' \le \hat{g}$$
 (2)

because giving in-kind weakly raises the relative price of the vice good for the recipient; every meticais-worth of the gift she liquidates to purchase the vice costs her $1 - \delta$ meticais. It follows that if the gift \hat{g} was feasible then so is (0, k''), and this alternative gift leaves the giver with at least as much own consumption as the strictly cash gift \hat{g} . By construction, marginal utility to the giver from altruism is the same at gift (0, k'') as at $(\hat{g}, 0)$, and we have just argued that marginal utility from own consumption is weakly lower. Thus, either (0, k'') is optimal, or an even larger in-kind gift is preferred.

Inequality (2) isolates the key effect on the giver of providing the in-kind option. The possibility of giving in-kind lowers the effective price, in terms of own consumption c of producing virtue good consumption and thus altruistic utility. This effective price change generates income and substitution effects which both point in the same direction. The substitution effect gives incentive to buy more virtue good and less own consumption, and the income effect creates incentive to buy more of both.

If we understand that the introduction of the in-kind option effectively reduces the price to the giver of generating recipient virtue good consumption, it is straightforward to see that the net effect on the total market value of the gift, or its complement c, is ambiguous. The lower effective price of getting the recipient to consume the virtue good creates incentive for the giver to substitute out of own consumption and into giving (the substitution effect). But the lower effective price makes every level of virtue good production cheaper, in terms of c, to obtain, and thus creates incentive to purchase more own consumption (income effect). Whether the market value of the gift increases when the in-kind option becomes available depends, therefore, on the relative magnitude of these income and substitution effects.

Result 3. The introduction of the in-kind option has an ambiguous effect on the total market value of the gift.

2.2. A public goods model of giving

A related model of directed giving is one where gift recipients may consume either "public" goods (goods which generate utility for givers as well as recipients) or "private" goods (which generate utility only for recipients). In this *public goods model*, givers can raise their own utility from giving by making in-kind gifts of public goods.

In the interest of brevity, we provide the formal exposition of this model in Appendix A, and simply note here that the model makes similar predictions to the paternalistic model. In particular, analogs of Results 1 through 3, discussed above in the context of the paternalistic model, also hold in the public goods model.

2.3. Impure altruism and in-kind giving

These two models of giving address the puzzle that in-kind giving presents for standard and basic models of altruism. In a standard model of altruism, where all goods are private and the donor's utility simply includes a positive weight on the utility of their recipient, giving in-kind can never help, and might hurt.

This observation has motivated alternative models of giving that rationalize in-kind gifts. Waldfogel (1993) offers a model of altruistic donors, and recipients who may not know, with certainty, what consumption bundle they would prefer. The model thus opens the possibility that a donor may know his recipient better than she knows herself. At a minimum, it creates the incentive for a donor to take on a bit of risk by giving in-kind with the hope that the realization of the utility from the gift beats the safe return from giving cash. Prendergast and Stole (2001) take a different approach. They motivate non-monetary gifts with a donor's preference to be perceived as confident about what the receiver likes. By purchasing a gift, the donor issues a costly signal that he is so confident in recipient preferences that he is willing to give in-kind rather than cash. That model explains both why people give non-monetary gifts, and why "the thought alone" does not count as much as the thought backed up by an actual purchase.

The two simple models presented above suggest alternative motivations for giving in kind, motivations that have been discussed in the literature on in-kind government transfers (see the review by Currie and Gahvari, 2008, and Cunha, 2014). In the paternalistic model, the donor simply gains utility from the recipient's consumption of some goods (virtue goods), but

not others (vice goods). In the public goods model, the mechanism behind in-kind giving is shared consumption. In many settings, both donor and recipient may gain utility from a gift, not because the donor is altruistic, but because the donor, in effect, consumes the gift as well.

These are different forms of impure altruism than the one developed in Andreoni (1989, 1990). In Andreoni's models, the donor is motivated by the warm glow he derives from the gift. This impure altruism doesn't induce preferences over in-kind vs. cash giving. In our models, the donor's altruism is impure but structured in particular ways. The common feature of the models we present is that the donor's utility is influenced by the *composition* of recipient expenditures (even when the *level* of recipient expenditures is held constant). The donor gives in kind, and thus benefits the recipient, because she either induces consumption of the particular ("virtue") goods she differentially values, or procures valuable public goods for herself.

2.4. Distinguishing among the models

While the paternalistic and the public goods model share many predictions, a test allows us to distinguish between them and, as a byproduct, shed light on the relevance of the signaling model. The test examines whether givers still seek in-kind giving if the in-kind allocations can only be made to a very broad set of goods that includes a mixture of public and private goods, but that excludes "vice" goods. To be specific (and anticipating our experimental setup), consider a situation where in-kind giving involves providing recipients with something akin to a gift card, that can be used for purchases of a wide range of goods from a catalog, but that rules out use for vices (e.g., alcohol, tobacco, or sex services).

In such a scenario, paternalistic givers would value in-kind giving just as much as they did when they directly controlled the purchases, so long as vice goods are not in the catalog. Because the catalog includes both private and public goods, however, givers motivated by their interest in consuming public goods will value this form of giving much less than when they directly controlled the purchases. The value to the giver of an in-kind gift is diminished, in this scenario, by the recipients' purchases of private goods. ¹⁴ In addition, there would also be no value of in-kind giving under the signaling model, as givers would be unable to signal their knowledge of recipient preferences.

Result 4. If givers assign the same value to direct control of an in-kind option as to an in-kind option that excludes only vice goods, this would be consistent with a paternalistic model, but not with either a public goods or signaling model of giving.

This result motivates our first analysis in Section 5.

3. Background, sample, and description of intervention

3.1. Sample and baseline survey

Participants were individuals with savings accounts at Banco Oportunidade de Moçambique (BOM), our local project partner. BOM is a microfinance bank in the Opportunity International network. It has two branches in the Maputo capital city area at which we conducted this study. Participants were interviewed immediately before the experiment between May and July 2012, along with their counterparts.¹⁵

The interviewer team had a desk at each of the two Maputo branches of BOM and invited savings account holders visiting the branch when the team was present to participate in the experiment.¹⁶ To be considered eligible, a respondent had to identify a counterpart at their "most closely connected household" (MCCH) outside of their own home who owned a cell phone and had a bank account (other than one shared with the respondent). This selection criterion was designed to allow for phone interviews of the counterpart and bank transfers of the monetary payoffs from the experiment.¹⁷ Respondents were not told anything about the experimental rounds at the time that they identified their counterparts (and were not allowed to change their counterparts later after the experimental rounds were explained).

The baseline survey was administered immediately before the experiment and asked questions about the participants' demographic characteristics, labor market status, expenditure patterns and property ownership, as well as on gift giving (and receiving) behavior.

¹⁴ The value of the in-kind option without direct control does not go to zero so long as, by constraining the recipient to choose from the catalog, the giver induces more public good consumption than she would by giving a cash amount of equal value.

¹⁵ A simultaneous 10-minute phone interview was conducted with the counterpart of each participant. At the beginning of the phone interview, clients were asked to briefly talk to their counterpart, reassuring them that they were collaborating with the research team conducting the interviews and summarizing the purpose of the project. It was not possible to contact 29 counterparts (or 12.1%) of the clients interviewed. A few counterpart interviews (6.9%) were not conducted at the same time as client interviews, but sometime within the week following the initial client interview.

¹⁶ Interviewer teams were present in the BOM branches during all working hours of all working days. For project funding reasons, there were two spells of interviewer presence at BOM branches: May 2–17 and June 18 to July 20.

¹⁷ Of a total of 283 individuals approached and willing to participate in the survey during the two fieldwork spells described above, 26 (9.2%) could not be interviewed because their counterpart in the MCCH did not have access to a bank account and 13 (4.6%) were excluded because their counterpart did not own a cell phone.

Our sample of interest consists of 239 respondents who were administered the baseline survey and asked to make the dictator-game allocations. We excluded a small number (5) of individuals who did not provide complete responses to all experimental rounds.

Table 1 presents summary statistics from the baseline survey. Nearly half of the sampled respondents (47%) were females. Respondents had a median age of 34 years and 57% of these respondents had not been born in Maputo city. A majority (61%) were or had been married before, and the median household size was 5 people. A large fraction (80%) of the respondents in our sample had completed primary school and 27% had finished high school. Most (77%) of the respondents in our sample reported being employed. Median monthly household expenditure was 7425 meticais (roughly US\$275), 74% of the respondents reported owning their home, 48 owned agricultural land, 41 owned farm animals, and 27% owned a car.

We note that 21% of the counterparts to our respondents do not live in the greater Maputo city area, i.e. their closest relationship outside the home is in a distant location. In terms of transfers made, 60% of the respondents in the baseline sample report having given cash to their counterparts over the past year. The average of annual cash transfers is 5668 meticais. Many (46%) report having made in-kind transfers to their counterparts over the past year. Annual in-kind transfers are valued at an average of 687 meticais. Overall, 66% of the individuals in our sample state they have given money or goods to their counterpart in the MCCH, and average annual transfers are valued at 6355 meticais.

Table 1 also presents data on transfers received by the participants in the experiment from their counterparts in the MCCH, which are also substantial. More than half (56%) of the baseline survey respondents report having received cash from their counterparts in the MCCH (with an annual average value of 2995), whereas 51% declare having received in-kind gifts (with an average value of 1453 meticais). In total, 66% of the respondents in the baseline survey received either money or gifts from their counterparts in the MCCH, with an average annual value of 4448 meticais. The percentage of people sending remittances is therefore very close to the percentage of people receiving transfers, although the annual amount of cash received is only about 70% of the annual amount sent.

Importantly, our experiment endows respondents with substantial real resources and then asks them to make sharing decisions. The amounts involved in our experiment make them, in fact, important real-world decisions. The minimum endowment of 300 meticais amounts to 4.7% of total transfers to the counterpart in the last 12 months; for the maximum endowment of 1200 meticais the corresponding percentage is 18.9%.

Table 2 shows the relationship between the respondents in the baseline sample and their counterparts in the MCCH. Counterparts tend to be siblings (nearly one third), followed by friends (about 17%), cousins and children (each around 10%).

3.2. Description of experiment

The experiment was administered to respondents face-to-face, immediately after they answered the baseline survey. While the respondent was making the experimental choices, counterparts answered the baseline survey on the phone (fielded by another project staff member), and were not told anything about the experimental choices the respondent was facing.

The experiment offered respondents a number of choices, wherein they decided on the allocation of a large real stake that could be as high as 3600 meticais (roughly US\$133). This amount is nearly half the median monthly household expenditure in the baseline sample.

Respondents were offered 29 different choice rounds, which are detailed in the Appendix. One of these choices would be implemented in reality, following a random draw made by the individual at the end of the experiment, and respondents knew this in advance. A subset of 15 of these rounds is the subject of the present paper.¹⁸

The first set of choices, rounds 1–4, asked respondents to decide on how to share an amount of money between "self" and "other," to be paid the day after.¹⁹ The "other" was the counterpart identified by the respondent at the outset. The rounds varied in the rate of return to giving (i.e. the amount by which the amount allocated to other was multiplied) and the overall amount at stake. The rate of return to giving was either 0% or 200%.²⁰ The overall amount at stake for "self" was either 300 or 1200 meticais. These rounds are referred to as "cash rounds" because respondents could only share resources with counterparts in the form of cash.

The second set of choices proposed to participants was the same as above, with an added option: respondents could decide whether gifts to the counterpart would be made in the form of a direct deposit to their counterpart's account on the next day (cash), or in the form of a delivery of goods (with the value that they choose to allocate) to their counterpart's doorstep (in-kind). Prior to making their choices, respondents were shown a catalog depicting sample items of goods they could provide to counterparts, in the following categories: housing, education, grocery, clothing, health, and agricultural inputs. They were told that they would be given the option of shopping for these items with the project staff or of having

¹⁸ Analysis of other rounds will be the subject of future papers. The other rounds not analyzed in the current paper are aimed at examining present-bias in sharing decisions. These were four cash rounds where all payments were delayed 60 days, and another ten rounds measuring the time consistency of choices using the convex time budget method. See the Appendix for further details.

¹⁹ The value at stake would be deposited in the respondent's or the counterpart's bank account the next day.

²⁰ A rate of return of 0% meant that exactly the amount shared by the respondent was given to the counterpart, while a 200% rate of return meant that the amount shared by the respondent from the endowment was tripled by the experiment and then given to the counterpart.

Table 1Baseline summary statistics.

	Mean	Std. dev.	Min.	10th pct.	Median	90th pct.	Max.	Num. o
Demographics								
Gemale (indic.)	0.47							239
Age in years	35.69	11.17	18.00	22.00	34.00	52.00	77.00	239
Born in Maputo City (indic.)	0.43							238
Ever married (indic.)	0.61							238
Household size	5.49	2.21	1.00	3.00	5.00	8.00	15.00	237
lighest education level completed: less	0.20							238
than primary completion (indic.)								
lighest education level completed:	0.45							238
primary, no high school degree (indic.)								
lighest education level completed: high	0.27							238
school degree (indic.)								
lighest education level completed: some post-high school (indic.)	0.08							238
abor, expenditures, and assets								
urrently employed (indic.)	0.77							239
otal household expenditure (monthly)	7425	5284	750	3000	6000	12,000	44,000	236
as house (indic.)	0.74	3204	750	3000	0000	12,000	44,000	239
as land (indic.)	0.48							239
as farm animals (indic.)	0.40							239
as automobile (indic.)	0.27							239
, ,	0.27							233
cansfer characteristics punterpart lives outside Maputo City	0.21							218
(indic.)	0.60							239
ash transfer made to counterpart (indic.)		1 4 411	0	0	100	13.175	102.550	
mount of cash transfers to counterpart	5668	14,411	U	U	100	13,175	102,550	239
-kind transfer made to counterpart	0.46							238
(indic.)	687	1540	0	0	0	2000	10.000	239
alue of in-kind transfers to counterpart		1542	U	U	U	2000	10,000	
ash or in-kind transfer made to	0.66							239
counterpart (indic.) alue of cash + in-kind transfers to counterpart	6355	14,842	0	0	750	14,550	102,550	239
ash transfer received from counterpart	0.56							239
(indic.)	0.50							233
mount of cash transfers from counterpart	2995	9958	0	0	0	8600	120,000	239
kind transfer received from counterpart	0.51	3330	O	O	O	0000	120,000	239
(indic.)	0.51							233
'alue of in-kind transfers from counterpart	1453	6681	0	0	0	3000	80,000	239
ash or in-kind transfer received from	0.66	0081	U	U	U	3000	80,000	239
counterpart (indic.)	0.00							233
alue of cash + in-kind transfers from	4448	12,061	0	0	400	12,000	120,200	239
counterpart	1110	12,001	O	O	400	12,000	120,200	233
action shared with counterpart in experimen	nt							
ash rounds (rounds 1–4)	0.396	0.193	0.000	0.163	0.381	0.625	1.000	239
-kind rounds with respondent purchase	0.451	0.208	0.000	0.200	0.438	0.750	1.000	
(rounds 5–8)	0.151	0.200	0.000	0.200	0.150	0.750	1.000	233
n-kind rounds with counterpart purchase	0.436	0.216	0.000	0.175	0.412	0.750	1.000	239
(rounds 9–12)								
elf-reported reasons for in-kind transfers								
aving the in-kind option made me give	0.70							239
more to my relative (indic.)	0.70							233
	0.59							239
ike the in-kind option because it gives	0.59							239
me more control over what my relative								
is purchasing (indic.)	0.22							220
like the in-kind option because of the free	0.33							239
delivery of the in-kind items (indic.)	6 10							222
ike the in-kind option because I can get	0.46							239
my relative items that he/she can't get in								
his/her local area (indic.)								
/hen it comes to the in-kind option, I	0.73							239
prefer the control aspect over the free								
delivery aspect (indic.)								

Notes: All variables are from 2012 baseline survey of respondents. Variables denominated in money terms are in Mozambican meticals (US\$1 = 27 meticals during the mid-2012 study period). "indic." = indicator variable. All transfer variables refer to last 12 months.

Table 2Relationships of counterpart to respondent.

	Count	Share of total	Cumulative share
Sibling	77	32.4%	32.4%
Friend	41	17.2%	49.6%
Cousin	24	10.1%	59.7%
Child	23	9.7%	69.3%
Parent	20	8.4%	77.7%
Nephew/Niece	17	7.1%	84.9%
Uncle/Aunt	15	6.3%	91.2%
Other relative	10	4.2%	95.4%
Spouse	6	2.5%	97.9%
Boyfriend/Girlfriend	4	1.7%	99.6%
Grandparent	1	0.4%	100.0%
Total	238	100.0%	

Note: Counterpart's relationship to respondent reported by respondent in baseline survey. Relationship not reported for one observation.

the staff shop for these items. The project team would deliver the goods directly to the counterpart's doorstep. These rounds are referred to as "in-kind rounds." Due to time constraints, we did not ask in each in-kind round for the exact goods to be purchased. The exact goods were only specified if an in-kind round was selected for implementation at the end (and if that allocation had a nonzero in-kind allocation).

In a first subset of choices (rounds 5–8), respondents were told that they would select the in-kind goods if one of those rounds was chosen for implementation. These are the "in kind with respondent purchase" rounds. In a second subset of choices (rounds 9–12), the in-kind goods selection would be made by the counterpart ("in kind with counterpart purchase"). (See Section 5 for further discussion and analysis of rounds 9–12.)

Because in rounds 5–12 respondents did not have to specify the exact goods to be purchased out of in-kind allocations, those rounds provide no information on consumption categories that respondents prefer. We therefore implemented one round (round 13) designed to elicit more specific information for all respondents on the kinds of in-kind items they would like to transfer to counterparts. In this round, respondents allocated an endowment of 1200 meticais but were told that the entire amount had to be given to the counterpart in kind. Respondents were asked to specify the in-kind allocation across seven expenditure categories: housing, education, health, clothing, agricultural inputs, groceries, and other.²¹

In two additional rounds, the entire endowment of 1200 meticais was allocated to the counterpart, and the focus is on the respondent's preferences for making the allocation in cash vs. in-kind. In round 14, respondents were asked to divide the endowment into cash versus an in-kind gift with respondent purchase. The choice in round 15 was similar, but in this case the options were cash vs. in-kind with counterpart purchase.

In practice, the experiment was implemented as follows. Each participant was given a number of tokens (which varied depending on each round, as detailed in the Appendix), and had two bins placed in front of him/her as in Appendix Figure 1. Depending on the decision round, he or she would be told that one bin represented a certain value for him or herself, whereas the other represented value for his or her counterpart in the MCCH.²² Whenever the participant needed to allocate value between cash or in kind, a smaller bin would be placed inside the counterpart's bin to represent the in-kind allocation. The order under which the different rounds were presented to the experiment participants was randomized as detailed in Appendix B. The actual round to be implemented was chosen randomly: the participant would pick a round from a closed box, as shown in Appendix Figure 4.

As noted in Section 1, we expect participants and their counterparts to meet again, and the anticipation of these repeated interactions should influence participants' choices. While our model is static, it can capture in reduced form certain repeated interactions that simply involve the donor's future consumption of the virtue good. However, the model does not capture a form of repeated interaction that involves the participant and counterpart playing, in effect, a trust game or trading favors outside of the experiment. In such interactions, the pair takes advantage of the high rate of return to giving that the experiment provides, and the counterpart returns part of the gift (or some other favor) to the participant after it is delivered. We note, however, that in kind gifts are much less divisible and fungible than money. This makes in kind gifts less attractive for purposes of trust game or favor trading interactions. The relative difficulty of returning gifts in kind, or recovering favors of equal monetary value, suggests that any such interactions should dampen the effects of motives for giving in kind.

²¹ Appendix Figures 1 and 2 show how this was implemented in practice. Appendix Table 3 summarizes respondent allocations in this round: housing (41.6%), education (16.5%), groceries (14.2%), health (11.2%), clothing (10.9%), agricultural inputs (5.3%), and other (0.3%). If round 13 was chosen for implementation, the respondent then would be asked for the specific items to be purchased within the categories to which funds were allocated. Data from this round are used in the analysis of Appendix C of whether respondents are playing a favor exchange game.

²² For each participant, the side on which each bin (representing "self" vs. "other") was determined randomly.

Table 3Fraction of endowment shared with counterpart across rounds.

Round		Endowment	ROR	Fraction shared	, total
Panel A: cash	n rounds				
1		300	0%	0.377	
2		1200	0%	0.382	
3		300	200%	0.433	
4		1200	200%	0.394	
Average frac	tion shared			0.396	
Round	Endowment	ROR	Fraction shared in cash	Fraction shared in kind	Fraction shared, total
Panel B: in-ki	ind rounds, respondent	makes purchase			
5	300	0%	0.246	0.207	0.455
6	1200	0%	0.244	0.188	0.433
7	300	200%	0.296	0.191	0.484
8	1200	200%	0.251	0.183	0.433
Average frac	tion shared:		0.259	0.192	0.451
Panel C: In-ki	ind rounds, counterpar	t makes purchase			
9	300	0%	0.254	0.177	0.431
10	1200	0%	0.237	0.172	0.409
11	300	200%	0.299	0.161	0.460
12	1200	200%	0.277	0.167	0.444
Average frac	tion shared:		0.267	0.169	0,436

Notes: Endowments are in Mozambican meticais (US\$1 = 27 meticais). "ROR" is rate of return to giving (each meticai shared with counterpart is multiplied by ROR and then shared). Figures based on full sample of 239 observations. In "cash" rounds, sharing with counterpart can only be in cash. In "in-kind" rounds, sharing with counterpart can be in any combination of cash or in kind. Prior to making choices in in-kind rounds, respondent is shown catalog with range of goods that can be purchased with amounts allocated to in-kind. Allocation of cash vs. in-kind sharing in rounds 5–12 is in money terms (e.g., x meticais shared in cash and y meticais shared in-kind). One round is chosen randomly to be implemented at end of experiment (including rounds described in Appendix that are not the focus of this paper.) Specific in-kind purchase decisions only made if an in-kind round is randomly selected for implementation at end of experiment. In "In-kind rounds, respondent makes purchase" (rounds 5–8), respondent makes actual purchase decision using resources allocated to in-kind if one of these rounds is chosen for implementation. In "In-kind rounds, counterpart makes purchase" (rounds 9–12), counterpart makes actual purchase decision using resources allocated to in-kind if one of these rounds is chosen for implementation.

4. Empirical results

Most empirical analyses of the paper contain multiple observations per respondent; each respondent was asked to make choices in multiple versions of the dictator game and our interest is in comparing sharing decisions across choices that vary in dimensions such as the availability of the in-kind option, the endowment size, and the rate of return to giving. Some other empirical analyses will be at the respondent level (one observation per respondent), for example when we examine the relationship between a respondent's propensity to share in the experimental allocations and his or her transfer activity in the baseline survey.

A key outcome in this investigation is the fraction of the endowment that a respondent chooses to share with his or her counterpart. Table 1 presents some summary statistics on fraction shared with the counterpart in various rounds, looking separately at the cash rounds (1–4), the in-kind rounds with respondent purchase (5–8), and the in-kind rounds with counterpart purchase (9–12). Respondents share substantial fractions of their endowments on average: in the cash rounds the fraction shared is 0.396, while in the in-kind rounds the figure is 0.451 and 0.436 when the purchase decision is made, respectively, by respondents and counterparts.

Table 3 provides a round-by-round examination of this outcome variable. Panel A presents the fraction shared in the cash rounds (rounds 1–4), which ranges from 0.382 to 0.433. Panel B presents the fraction shared in the in-kind rounds with respondent purchase (rounds 5–8), which ranges from 0.433 to 0.484. Finally, Panel C displays the fraction shared in the in-kind rounds with counterpart purchase (rounds 9–12); these figures range from 0.409 to 0.460.²³

When the in-kind option is offered, a substantial amount of sharing is shifted from sharing in cash to sharing in kind. In Panels B and C, the average fraction shared in cash is only 0.259 and 0.267, respectively (compared to 0.396 in Panel A).²⁴ And yet, the fraction shared in total in Panels B and C is higher than in Panel A, so a substantial fraction of the sharing is done in kind. In Panel B, 42.6% of sharing is in kind (0.192 divided by 0.451), while in Panel C the corresponding figure is 38.8%.

²³ The fraction shared in the experiment is positively associated with transfer behavior as reported by respondents in the baseline survey. In respondent-level regressions of total annual transfers to the counterpart (cash plus in-kind, denominated in meticais) on the average fraction shared in rounds 1–8, the coefficient on fraction shared is positive and significant at the 5% level.

²⁴ These differences in fraction shared in cash between the cash rounds, on the one hand, and the in-kind rounds, on the other, are highly statistically significant. The *t*-statistic for the test that the difference between fractions shared in cash between Panels A and B (0.396 vs. 0.259) is zero is 9.64. The *t*-statistic for the corresponding difference between Panels A and C (0.396 vs. 0.267) is 9.27.

Table 4Correlation between experimental sharing and real-world transfers.

Ordinary least-squares estimates						
Dependent variable	Transfers made to counterpart			Transfers received from counterpart		
	in cash	in kind (2)	in total (3)	in cash (4)	in kind (5)	in total (6)
Fraction shared in experiment	11,556	390	11,946	6788	132	6920
	(5811)**	(407)	(5904)**	(3683)*	(1072)	(3892)*
Constant	769	522	1291	117	1397	1514
	(2048)	(186)***	(2090)	(1100)	(618)**	(1290)
Number of observations <i>R</i> -squared	239	239	239	239	239	239
	0.02	0.00	0.02	0.02	0.00	0.01

Notes: Unit of observation is a respondent. "Fraction shared in experiment" is mean fraction of endowment shared with counterpart in rounds 1–8 (median 0.4, mean 0.424, std. dev. 0.189). See Appendix for exact round definitions. Dependent variables are from baseline survey, are denominated in meticais, and refer to last 12 months.

- * Significant at 10%.
- ** Significant at 5%.
- *** Significant at 1%.

Robust standard errors in parentheses.

4.1. Does sharing in the experiment correspond with real world transfers?

It is important to ask whether decisions in the experiment have any statistical relationship with non-experimental transfer behavior reported in the baseline survey. If they do, this increases confidence that our results are relevant for decisions outside of experimental conditions. We regress various types of transfer activity reported in the baseline survey (transfers made to counterparts and received from counterparts, separately for cash, in-kind, and total) on the fraction that respondents share in the experiment (the average across in rounds 1–8). The fraction shared variable has a median of 0.4, a mean of 0.424, and a standard deviation of 0.189.

Results presented in Table 4 reveal a positive relationship between experimental and "real-world" sharing. The fraction shared in the experiment is positively and statistically significantly associated with both real-world transfers made by respondents to counterparts, in cash and in total (columns 1 and 3). The coefficient on real-world transfers in-kind (column 2) is also positive, but smaller in magnitude and is not statistically significantly different from zero. Transfers received by respondents from counterparts are also positively associated with respondent sharing in the experiment, and the coefficients in the regressions for cash and total transfers are statistically significantly different from zero at the 10% level (columns 4 and 6). The association between sharing in the experiment and self-reported transfer behavior lends credence to the idea that patterns revealed in this experiment reflect real-world behavior.

4.2. Impact on sharing of in-kind option and other economic determinants: main results

We now turn to estimating the impact on sharing of the in-kind option and other economic determinants. To address this question, we focus on rounds 1–8 (the four cash rounds plus the four in-kind rounds with respondent purchase), so there are eight observations per respondent.

Our main regression equation is as follows:

$$y_{ir} = \xi + \alpha K_r + \beta R_r + \gamma E_r + \lambda_i + \varepsilon_{ir}, \tag{1}$$

where y_{ir} is the fraction of the endowment shared with the counterpart for respondent i in experimental round r. K_r is an indicator variable equal to 1 if a round allows sharing with counterparts in kind, and is 0 otherwise (if $K_r = 0$, the round only allows sharing in cash). R_r is an indicator variable equal to 1 if there is a high rate of return to giving (200%) in that round, and is 0 otherwise (if $R_r = 0$, rate of return to giving is 0%). E_r is an indicator variable equal to 1 if the round involves a large endowment (1200 meticais), and is 0 otherwise (if $E_r = 0$, the endowment is 300 meticais). λ_i is a respondent fixed effect, and ε_{ir} is a mean-zero error term.

The regression equation is estimated via ordinary least squares with standard errors clustered at the respondent level. The variation in K_r , R_r , and E_r across rounds is imposed by the experiment and therefore exogenous. Coefficient estimates on these variables can therefore be interpreted as causal.

Results are in Table 5. We first exclude respondent fixed effects and in column 1 simply regress the fraction of the endowment shared with the counterpart on indicator variables for the in-kind rounds, rounds with the high rate of return to giving (200% instead of 0%), and rounds with a large endowment (1200 instead of 300 meticais). The coefficient on the in-kind indicator is positive and statistically significantly different from zero at the 1% level. Because each respondent makes decisions for each round, the coefficients are mechanically identical when individual fixed effects are included in the regression (column 2). Individual fixed effects explain a substantial fraction of variation in giving: the *R*-squared of the

Table 5Determinants of fraction of endowment shared with relative.

Dependent variable: fraction of endowment shared with count Rounds: 1 through 8	erpart		
	(1)	(2)	(3)
In-kind (α)	0.055 (0.009)***	0.055 (0.010)***	0.075 (0.017)***
High rate of return to giving (β)	0.024 (0.012)**	0.024 (0.013)*	0.053 (0.020)***
High endowment (γ)	-0.027 (0.009)***	-0.027 (0.009)***	0.002 (0.015)
In-kind \times High rate of return to giving (δ)			-0.020 (0.018)
In-kind $ imes$ High endowment ($oldsymbol{\phi}$)			-0.020 (0.018)
$ \mbox{High endowment} \times \mbox{High rate of return to giving} \left(\eta \right) $			-0.037 (0.018)**
Constant	0.398 (0.014)***	0.398 (0.010)***	0.379 (0.014)***
Respondent fixed effects	<u>-</u>	Y	Y
Number of observations	1912	1912	1912
R-squared	0.02	0.51	0.51
Linear hypothesis tests (p-values)			
$\alpha = \beta$	0.037	0.050	0.333
$\alpha = abs(\gamma)$	0.033	0.046	0.000
$\beta = abs(\gamma)$	0.876	0.884	0.070
$\alpha + \delta + \phi = 0$	n.a.	n.a.	0.025
$\beta + \eta = 0$	n.a.	n.a.	0.338
$\gamma + \eta = 0$	n.a.	n.a.	0.026

Notes: Unit of observation is an allocation chosen by a respondent. 239 respondents included in each regression. There are 8 observations per respondent, corresponding to rounds 1 through 8 described in Appendix (2 rates of return × 2 endowments × allow or not allow in-kind gifts). "In-kind" is an indicator variable for the allocation allowing either in-kind or cash gifts to counterpart (omitted category: only cash gifts allowed). "High rate of return to giving" is an indicator variable for 200% rate of return to giving (omitted category: 0% rate of return). "High endowment" is an indicator variable for the endowment equalling 1200 meticais (omitted category: endowment is 300 meticais).

Standard errors in parentheses, clustered by respondent.

regression rises from 0.02 to 0.51 between columns 1 and 2 of the table.²⁵ The "in-kind effect" – 5.5 percentage points – is large, amounting to about 14% of mean sharing across the cash rounds and 0.285 standard deviations of the fraction shared in the cash rounds.

Standard economic determinants also have statistically significant effects on sharing. In rounds with the high rate of return to giving, respondents share 2.4 percentage points more. The high endowment has the opposite effect, reducing fraction shared by 2.7 percentage points.

Strikingly, the in-kind effect is larger in magnitude than the impacts of these large changes in "standard" economic factors, the rate of return to giving and the endowment. The p-values of linear hypothesis tests reported at the bottom of the table (in both columns 1 and 2) indicate that the coefficient on the in-kind indicator (α) is statistically significantly different from that of the high rate of return (β), at the 5% level. The same is true for the test of the difference between the in-kind coefficient and the coefficient on the high endowment indicator (γ).

Fig. 1 presents the cumulative distribution function of giving when transfers can be in cash alone (top line) and when either in-kind or cash giving is allowed (bottom line). The CDF for giving with the in-kind option is clearly shifted to the right, indicating that the in-kind option increases giving across the full giving distribution.

In column 3, we test whether the in-kind, rate of return, and endowment effects interact with one another by adding to the right-hand-side of equation (1) all possible interactions among the three indicator variables:

$$y_{ir} = \xi + \alpha K_r + \beta R_r + \gamma E_r + \delta (K_r \times R_r) + \phi (K_r \times E_r) + \eta (E_r \times R_r) + \lambda_i + \varepsilon_{ir}, \tag{2}$$

The in-kind effect is independent of the rate of return and the endowment size: neither interaction with the in-kind indicator is statistically significantly different from zero. The endowment size and the rate of return to giving do interact: the coefficient on that interaction term is negative and statistically significantly different from zero at the 5% level. The

^{*} Significant at 10%.

^{**} Significant at 5%.

^{***} Significant at 1%.

²⁵ Even though more residual variation is being explained with the addition of the respondent fixed effects, standard errors rise slightly owing to the reduction in degrees of freedom.

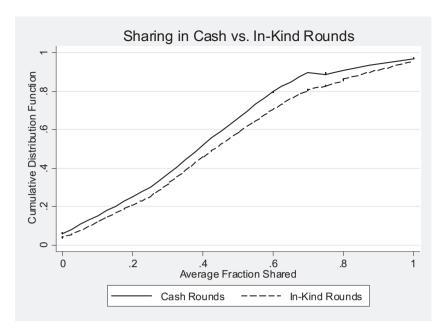


Fig. 1. Cumulative distribution functions for sharing in cash vs. in-kind rounds. *Note*: distributions shown are (1) solid line: average fraction shared in cash rounds (rounds 1–4); (2) dashed line: average fraction shared in in-kind rounds with respondent purchase (rounds 5–8).

p-values of hypothesis tests reported at the bottom of the table indicate that the rate of return effect is only statistically significantly different from zero when the endowment is low; and the endowment effect is only significantly different from zero when the rate of return to giving is high.

5. Discussion and additional analyses

In the context of the theoretical model presented above, the results presented so far indicate that respondents do value giving in kind, since in-kind sharing represents a substantial fraction of giving in rounds where it is allowed. In addition, we find that the in-kind option leads to increased sharing, a point on which the theory was ambiguous. The analyses we present in this section are aimed at distinguishing among possible theories of these results.

5.1. Distinguishing among the paternalistic, public goods, and signaling models

We begin with an evaluation of the paternalistic, public goods, and signaling motivations behind in-kind giving. We test whether the "in-kind effect" changes when the choice of goods from the catalog for in-kind allocations are given to the counterpart (instead of the respondent).

In the rounds examined so far, where the respondents can ultimately choose exactly what the counterpart is getting (the "in-kind with respondent purchase" rounds), paternalistic, public goods, and signaling motivations could all help explain demand for in-kind giving. But when the ultimate choice of goods out of in-kind allocations is given to the counterpart (in the "in-kind with counterpart purchase" rounds), counterparts could choose freely from among private or public goods. As a result, if the public goods motive for giving were dominant then the demand for in-kind giving by respondents should be importantly diminished in these rounds. In addition, the "in-kind with counterpart purchase" rounds do not allow respondents to signal their knowledge of counterpart preferences, and so in-kind giving in those rounds could not be explained by the signaling model.

By contrast, if clients are motivated by paternalistic giving motives, they could still increase their giving in the "inkind with counterpart purchase" rounds because that option makes it very difficult to use the gifted resources for socially undesirable expenses such as gambling, sex services, and possibly even alcohol. The "in-kind with counterpart purchase" rounds make vice good purchases less likely because choices in the in-kind rounds are made from the catalog presented at the outset of the experimental rounds, or by the requirement that the respondent accompany the project staff to purchase the goods in question. This set-up is likely to exclude socially undesirable purchases by counterparts, and – more to the point – is likely to discourage purchases of which counterparts know respondents would not approve.

For analysis of these "in-kind with counterpart purchase" rounds, we add four additional observations per respondent to the dataset analyzed in Table 5. These are rounds 9–12, where sharing is also allowed in-kind but if one of these rounds

Table 6Determinants of fraction of endowment shared with relative, including rounds with in-kind allocations where counterparts choose.

	(1)	(2)	
n-kind (α)	0.047	0.055	
	(0.009)***	$(0.009)^{***}$	
High rate of return to giving (β)	0.027	0.027	
	(0.012)**	(0.012)**	
High endowment (γ)	-0.024	-0.024	
	(0.008)***	(0.008)***	
n-kind, counterpart chooses exact gifts (θ)		-0.016	
		(0.010)	
Number of observations	2868	2868	
R-squared	0.48	0.48	

Notes: Unit of observation is an allocation chosen by a respondent. 239 respondents included in each regression. Each regression includes respondent fixed effects. Compared to Table 5, this table adds 4 observations per respondent (rounds 9–12), in which respondent's counterpart makes the final decision on spending of resources allocated to "in-kind("but where respondent still chooses amount in meticais allocated to in-kind "basket"). "In-kind, counterpart chooses is indicator variable for these allocations (rounds 9–12). "In-kindis indicator variable equal to one for both kinds of in-kind rounds (rounds 5 through 12). See Appendix for exact round definitions. See Table 5 for other variable definitions.

Standard errors in parentheses, clustered by respondent.

is chosen for implementation at the end of the experiment, the counterpart (rather than the respondent) makes the final purchase decision for any amounts allocated to in-kind by the respondent.²⁶ We estimate the following regression:

$$y_{ir} = \xi + \alpha K_r + \beta R_r + \gamma E_r + \theta (K_r \times C_r) + \lambda_i + \varepsilon_{ir}, \tag{3}$$

where C_r is an indicator variable equal to 1 for the "in-kind with counterpart purchase" rounds (rounds 9–12), and 0 otherwise. The in-kind indicator variable K_r is equal to 1 for all in-kind rounds (rounds 5–12). The coefficient θ on the interaction term $K_r \times C_r$ is the *difference* in the effect of the in-kind option when counterparts make the final purchase decision, relative to the effect of the in-kind option when respondents make the final purchase decision. A large and statistically significant negative interaction term coefficient (θ) would be evidence in favor of the signaling or public goods models, as would an inability to reject the hypothesis that the in-kind effect is zero when counterparts make the final purchase decision ($\alpha + \theta = 0$).

Results are in Table 6. The evidence favors the paternalistic model, rather than the public goods or signaling models of giving. While the coefficient on the interaction term coefficient θ is negative, it is small in magnitude (only about three-tenths the size of the "in-kind with respondent purchase" coefficient α) and is not statistically significantly different from zero.²⁷

In the context of our theoretical model, these results indicate that the "in-kind with counterpart choice" rounds still give sufficient assurance to respondents that counterparts will use gifted resources in ways of which they approve, leading them to be about as willing to share with counterparts in those rounds as they are in the "in-kind with respondent choice" rounds. Because the "in-kind with counterpart choice" rounds offer respondents no ability to direct counterpart consumption to public goods or to signal their knowledge of counterpart preferences, we conclude that there is little evidence that either the public goods or signaling models could explain the "in-kind effect" in this experiment.²⁸

5.2. Are respondents and counterparts playing a favor exchange game?

A possible alternative explanation for our results is that individuals are playing a favor exchange game, as in Abdulkadiroglu and Bagwell (2013) or Hauser and Hopenhayn (2008). Respondents, aware that they are in a repeated relationship with their counterparts, may make transfers with the expectation of receiving a subsequent benefit. While existing favor exchange models do not provide a rationale for making gifts in kind, one might imagine that in-kind gifts are

^{*} Significant at 10%.

^{**} Significant at 5%.

^{***} Significant at 1%.

²⁶ To be clear, these rounds were asked of respondents at the same time as all the other rounds of the experiment. We simply introduce them now to the dataset for analysis alongside the other rounds.

²⁷ An *F*-test on the hypothesis that the in-kind effect is zero when counterparts make the purchase decision ($\alpha + \theta = 0$) is rejected at the 1% level (the *p*-value of the test, reported at the bottom of the table, is 0.001).

²⁸ These results are bolstered by a comparison of allocations to in-kind in rounds 14 and 15, wherein an endowment of 1200 meticals was mandated to be given entirely to the counterpart, and respondents were simply asked to split this money between cash and in-kind. In round 14 the respondent made the ultimate in-kind purchase decision, while in round 15 the counterpart did so. The amounts allocated by respondents to in-kind across these rounds are very similar and not statistically significantly different from one another (allocations to in-kind are 517 and 541 meticals in rounds 14 and 15, respectively).

Table 7Heterogeneity in impact of in-kind option, by location of counterpart.

Dependent variable: fraction of endowment shared with counterpart Rounds: 1 through 8					
	(1)	(2)			
In-kind (α)	0.055 (0.010)***	0.058 (0.011)***			
High rate of return to giving $(oldsymbol{eta})$	0.026 (0.014)*	0.026 (0.014)*			
High endowment (γ)	-0.026 (0.010)***	-0.026 (0.010)***			
In-kind × Counterpart lives outside Maputo City (θ)		-0.016 (0.026)			
Number of observations R-squared	1744 0.50	1744 0.50			
Linear hypothesis test (p -value) $\alpha + \theta = 0$	n.a.	0.072			

Notes: unit of observation is an allocation chosen by a respondent. 218 respondents included in each regression. Each regression includes respondent fixed effects. Rounds 1–8 included in sample. See Appendix for specific round definitions. "Counterpart lives outside Maputo City" is indicator variable for respondent's game counterpart living outside Maputo City. Sample size is smaller because of some missing data on counterpart location. See Appendix for exact round definitions. See Table 3 for other variable definitions.

Standard errors in parentheses, clustered by respondent.

used as a system of accounting between parties to a transfer, being more tangible than cash and thus more likely to ensure later reciprocity.

We provide two pieces of suggestive evidence that respondents do not appear to be playing a favor exchange game with counterparts, and that a (modified) favor exchange model is unlikely to explain the in-kind effect we find. First, we analyze data from a post-experiment survey (conducted 30 days after the experiment) and find no evidence of favor exchanges: real-world net transfers from counterparts to respondents do not respond to our experimental transfers from respondents to counterparts. Second, we show that the in-kind effect is not larger for individuals who are more inclined to make in-kind gifts of durable (as opposed to more immediately consumable) goods; in other words, the in-kind effect does not seem to be motivated by a desire to provide a longer-lasting, tangible reminder of the gift. We provide details and further discussion of these analyses in Appendix C.

5.3. Are respondents simply valuing free delivery of in-kind goods?

Another hypothesis about the mechanism behind the in-kind effect is that respondents simply value the free delivery of the in-kind items, which was offered as part of the experiment. This explanation says that the increase in total sharing in the in-kind rounds simply reflects respondents "purchasing" the free delivery.

One way of testing this hypothesis would be to test whether the in-kind effect is larger for respondents whose counterparts live in another city, for whom delivery costs would be more important than when respondents and counterparts both live nearby. All our respondents live in Maputo City, while 21% of counterparts live outside of the city and its suburbs.

We test the "free delivery" hypothesis by running the following regression:

$$y_{ir} = \xi + \alpha K_r + \beta R_r + \gamma E_r + \theta (K \times Far_r) + \lambda_i + e_{ir}, \tag{5}$$

where Far_r is an indicator variable equal to 1 if the counterpart lives outside Maputo City, and 0 otherwise. If the "free delivery" hypothesis were true, it should be the case that $\theta > 0$.

Results are in Table 7. We are missing information on counterpart location for 21 respondents, so we first confirm in column 1 that the original in-kind effect (Eq. (1)) still holds for this slightly smaller sample. Results are almost identical to those in the full sample.

In column 2, we present results from estimation of Eq. (5). Contrary to the prediction of the free delivery hypothesis, the coefficient on θ is actually negative and not statistically significantly different from zero at conventional levels. There is no support in these results for the free delivery hypothesis.²⁹

^{*} Significant at 10%.

^{**} Significant at 5%.

^{***} Significant at 1%.

²⁹ These results also are inconsistent with the related hypothesis that respondents like the in-kind option because it allows them to purchase goods for their counterparts that the counterparts cannot obtain in their local areas. This hypothesis arises because Maputo City is the country's largest urban area with the largest variety of goods. This "availability of goods" hypothesis would also predict that the in-kind effect would be larger for respondents whose counterparts live outside Maputo City.

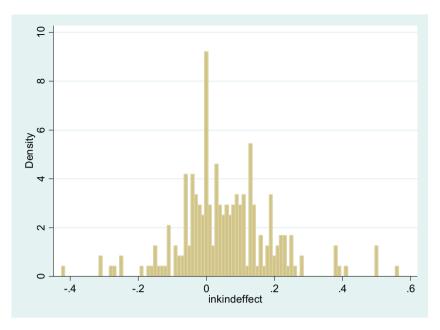


Fig. 2. Distribution of individual-level in-kind effect (calculated using "in-kind with respondent purchase" rounds). *Note: N* = 239. Individual in-kind effect is mean fraction given to counterpart in in-kind rounds (rounds 5–8) minus mean fraction given to counterpart in cash rounds (rounds 1–4), calculated separately for each individual. Mean (std. dev.) of in-kind effect is 0.055 (0.138). Bin width = 0.01. Highest frequency bin is 0 (9.2% of observations). 60.7% of observations are in a positive bin.

5.4. Evidence from post-experimental qualitative responses

Our last evidence on the relevance of static models of directed giving as explanations for the in-kind effect comes from qualitative responses on the part of respondents. After all experimental rounds had been completed, we asked respondents several questions related to their motivations for giving in-kind. We instructed respondents to think about their responses in rounds 5–8 (in kind with respondent purchase) in comparison to their responses in the cash rounds (1–4).

Mean responses to these binary responses are presented at the bottom of Table 1. We first asked respondents what effect the in-kind option had on their willingness to share their endowments with counterparts. We were interested in the extent to which this qualitative response accorded with our quantitative findings in the experiment. 70% of respondents reported having shared more when the in-kind option was available. 30

We then asked respondents four other questions aimed at revealing mechanisms behind the in-kind effect. 59% of respondents agreed with the statement, "I like the in-kind option because it gives me more control over what my relative is purchasing" (which we take to be representative of directed giving hypothesis). Smaller percentages agreed with other statements representing alternative mechanisms: 33 percent agreed with the statement "I like the in-kind option because of the free delivery of the in-kind items," and 46 percent agreed that "I like the in-kind option because I can get my relative items he/she can't get in his/her local area." Finally, when we asked respondents to directly choose between two options by asking whether they agreed with the statement "When it comes to the in-kind option, I prefer the control aspect over the free delivery aspect," 73% expressed agreement.

We interpret these qualitative responses as supportive of the hypothesis that directed giving preferences are an important source of in-kind giving in the experiment. In particular, the responses reveal that respondents did believe that their in-kind transfers would in fact influence counterpart expenditure composition, and would not just be inframarginal.

It is useful to further test whether these qualitative responses are correlated with respondents' actual behaviors in the experimental rounds. To this end, we created a variable intended to capture each individual's in-kind effect. We define the "individual in-kind effect" as the mean fraction given to counterpart in in-kind rounds (5–8) minus the mean fraction given to counterpart in the cash rounds (1–4), separately for each individual. The mean (std. dev.) of the individual in-kind effect is 0.055 (0.138), and its distribution is presented in Fig. 2. The individual in-kind effect is greater than zero for 60.7% of observations.

We then regress the binary variables representing the answers to the qualitative questions just described on the individual in-kind effect variable. Results are in Table 8. A first test of the consistency of the qualitative self-reports is the result in

³⁰ The question refers to sharing with "relatives" but it should have been clear to respondents that this encompassed sharing with counterparts who are not relatives.

Table 8Correlation between individual in-kind effect and self-reported reasons for allocating in-kind.

Dependent variable:	Having the in-kind option made me give more to my relative	I like the in-kind option because it gives me more control over what my relative is purchasing	I like the in-kind option because of the free delivery of the in-kind items	I like the in-kind option because I can get my relative items that he/she can't get in his/her local area	When it comes to the in-kind option, I prefer the control aspect over the free delivery aspect
	(1)	(2)	(3)	(4)	(5)
Individual in-kind effect	0.621	0.392	0.252	0.365	0.438
	(0.207)***	(0.232)*	(0.230)	(0.225)	(0.207)**
Constant	0.665	0.564	0.312	0.444	0.704
	(0.033)***	(0.035)***	(0.033)***	(0.035)***	(0.032)***
Number of observations <i>R</i> -squared	239	239	239	239	239
	0.03	0.01	0.01	0.01	0.02

Notes: Unit of observation is a respondent. "Individual in-kind effect" is mean fraction given to counterpart in in-kind rounds (rounds 5–8) minus mean fraction given to counterpart in cash rounds (rounds 1–4), calculated separately for each individual. See Appendix for exact round definitions. All dependent variables are indicators (1 if statement is true, 0 otherwise), and are self-reported.

- * Significant at 10%.
- ** Significant at 5%.
- *** Significant at 1%.

Robust standard errors in parentheses.

column 1: the individual in-kind effect strongly positively predicts whether a respondent reports that the in-kind option made him/her share more with the counterpart.

If a desire for control underlies the in-kind effect found in this experiment (our directed giving hypothesis), then we should find that the individual in-kind effect is positively correlated with the answers to the questions in columns 2 and 5 of the table (liking in-kind due to control, and preferring control over free delivery). This is exactly what we find: the coefficients on the individual in-kind effect are positive and significantly different from zero at conventional levels. The coefficients are relatively sizable in magnitude. For example, a one-standard-deviation higher in-kind effect leads is associated with a 5.4 percentage point higher (over a base of 56.4%) likelihood of liking the in-kind option because it gives the respondent more control over counterpart purchases (column 2). If other mechanisms, such as a desire for free delivery and obtaining hard-to-obtain goods for counterparts, were important, we should also find a positive and significant relationship between the individual in-kind effect and the dependent variables in columns 3 and 4 of the table. As it turns out, however, the evidence here is much weaker. While the coefficients on the individual in-kind effect are positive in both columns, in neither case is the coefficient statistically significantly different from zero at conventional levels.³¹

All told, it appears that respondents were attracted to the in-kind option because it gave them more control over counterparts' consumption. By contrast, other reasons why respondents may have valued the in-kind option get much weaker (if any) support in these qualitative responses.

5.5. Evidence against the "two box" hypothesis

Another interpretation of the "in-kind effect" is that it reflects a kind of experimenter demand. In the in-kind rounds, respondents were presented with two boxes in which to place their chips to be shared with counterparts. In the cash rounds, respondents were presented with just one box for their shared chips. (In all cases there was only one box for chips kept by the respondent.) A worry is that respondents may have felt some implicit demand to put at least some chips in each box they were presented with. The question is whether the "in-kind effect" we document derives simply from the fact that the in-kind rounds involved the addition of one more box to receive shared allocations.

If this alternative interpretation were true, the prediction would be that the in-kind effect should be driven by (or at least be larger for) individuals who have a tendency to split their sharing with the respondent into both cash and in-kind allocations (in the in-kind rounds). By contrast, if the in-kind effect is just as large for individuals who do not split their in-kind allocations, this "two box" hypothesis would have less credence. We test this hypothesis and find no evidence in support of the "two box" hypothesis. We provide details of the analysis and a discussion of the results in Appendix D.³²

³¹ That said, we cannot formally reject that the coefficients in columns 3 and 4 are equal in magnitude to those in columns 2 and 5.

³² In addition to the concern that the "in-kind effect" might reflect experimenter demand, one might also worry that the *level* of in-kind allocations (presented in Table 3, for example) might also be influenced by experimenter demand. If so, then we would expect that allocations to other in the in-kind rounds would be dominated by split allocations, where respondents put some chips into both the cash and in-kind boxes. As it turns out, this is far from the case. Out of all in-kind rounds (rounds 5–8) where there was a nonzero allocation to "other", 45.1% are fully in cash, and 27.9% are fully in kind, totaling nearly three-quarters (73.0%) that are not split.

6. Conclusion

We conducted an artefactual field (lab-in-the-field) experiment among microfinance bank clients in urban Mozambique. Respondents made allocations in a dictator game where their counterpart was the closest person to them outside of their household, and so are intended to represent inter-household transfers from respondents to counterparts. Our aims were to test the extent to which individuals seek to make gifts in kind (in the form of goods and services, instead of purely cash), and to measure the impact on total giving when respondents could share resources in kind as well as in cash. We find that in-kind giving is commonly chosen even when respondents have the option of giving purely in cash. What's more, the option to give in kind raises total giving (compared to giving that can only be in cash). We provide auxiliary results suggesting that these results are most consistent with a model where individuals seek to direct recipient expenditures away from "vice" goods (a paternalistic giving model), rather than alternative models (public goods or signaling models).

In many developing country contexts, inter-household transfers are prevalent and large in magnitude. It is therefore important to understand the economics underlying decisions over such transfers. Our experiment reveals that a perhaps underappreciated factor – a desire to direct or control how gift recipients use transferred resources – has large effects on giving. We also show that this "in-kind effect" is large in comparison to other economic determinants of giving, such as the rate of return to giving and the size of the endowment to be shared. These findings should inform future theoretical and empirical investigations of inter-household transfers.

This study also advances our understanding of how artifactual field experiments can be used to shed light on questions in development economics. Inter-household transfers are substantial in practice, and research on them is voluminous, but they have rarely been the subject of experimental studies. We show that a relatively simple experiment with modest budgetary requirements can be used to shed light on key features of the economic decision problem facing individuals who consider sharing resources with someone else in their social network. We anticipate that artifactual field experimental designs will continue to yield insights into the economics of inter-household transfer behavior in future research.

These results also have potential implications for policy and the design of financial products. Mechanisms that allow individuals to control or circumscribe how gift recipients use transferred resources can have positive impacts on the total value of transferred resources. A context in which such mechanisms could be highly relevant is in transfers from migrants to counterparts in home areas. Remittances sent by migrants are a very large international financial flow to developing countries, amounting to more than three times foreign aid (Yang, 2011). There is an emerging body of field evidence on whether migrants seek to monitor and control how recipients use remittances. Ashraf et al. (2015) find in a randomized field experiment that savings in remittance-recipient households in El Salvador rise when migrants (in the US) are given new financial products that facilitate monitoring of remittance-recipient savings. Torero and Viceisza (2013) test whether migrants share more with remittance recipients in the form of groceries than in cash. Chen (2013) finds evidence of non-cooperative behavior related to use of household resources in migrant households. Ambler (2015) tests whether remittance recipients use resources differently when migrants can monitor use. Batista and Narciso (2013) show that increased communication flows between migrants and their networks cause an increase in the value of remittance flows to members of those networks.

The giving that we studied was person-to-person, non-anonymous, and within a social network. It thus differs substantially from government-sponsored transfer programs and also from charitable gifts to anonymous recipients. If, however, the desire to control the use of a donation extends to charitable giving, it may help explain why non-profits often solicit donations not to support cash transfers to anonymous beneficiaries but to purchase specific items for named individuals. Many charities suggest that givers "adopt" a child or village and provide the opportunity to control the use of the gift. For example, Heifer International offers donors the opportunity to purchase specific farm animals that will be given to households in developing countries (Heifer International, 2012). A model of directed giving similar to ours could explain the prevalence of such charitable appeals. An important avenue for future research would be to conduct lab-in-the-field as well as randomized field experiments testing whether the option to donate in kind increases charitable giving relative to giving that can only be in cash.³³

Appendix A. Supplementary data

Supplementary data associated with this article can be found, in the online version, at http://dx.doi.org/10.1016/j.jebo.2015.03.008.

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³³ In this vein, Eckel et al. (2014) find in a field experiment that charitable giving to a public university is higher when givers have the option of directing funds to a particular (rather than general) purpose.

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