

## Hand Hygiene Song and Dance: Hit the Road Germs!

To help staff remember the correct steps for performing hand hygiene with alcohol-based hand sanitizer, we composed lyrics for “Hit the Road Germs” as a duet between nursing home staff and the germs. We had staff practice the moves while they sang along! A poster from the World Health Organization showing all the steps for hand hygiene with alcohol-based hand sanitizer is shown in [Appendix Q](#) below.

### Hit the Road Germs!

Lyrics based on the song “Hit the Road Jack” recorded by Ray Charles.

**Staff** Hit The Road Germs!  
And Don’t You Return No More, No More, No More, No More.  
Hit The Road Germs!  
And Don’t You Return No More.  
[Repeat!]

**Germs** Oh Mister, Oh Lady, Don’t You Treat Us So Mean!  
You’ve Got The Cleanest Hands We’ve Ever Seen.  
Well We Guess If You Wash So, We’ll Have To Grab Our Friends And Go.

**Staff** That’s Right!  
Hit The Road Germs!  
And Don’t You Return No More, No More, No More, No More.  
Hit The Road Germs!  
And Don’t You Return No More.  
[Repeat!]

**Germs** Listen Nursey, Listen CENA, We’ll Be Sure To Return,  
So This Washing Routine You Better Learn!  
Whether It’s MRSA Or The Flu,  
We’re Gonna Try To Come Right Back On You!  
Well We Guess If You Wash So, We’ll Have To Grab Our Friends And Go.

**Staff** That’s Right!  
Hit The Road Germs!  
And Don’t You Return No More, No More, No More, No More.  
Hit The Road Germs!  
And Don’t You Return No More.....  
And Don’t You Return No More.....

Charles, Ray. “Hit the Road Jack.” By Percy Mayfield. *Hit the Road Jack*.  
ABC-Paramount. 1961.