

Interactive Activity: Putting on and Taking Off Personal Protective Equipment (PPE)

Supplies

- Gloves
- Gowns
- Masks
- Face shield or goggles
- Waste bin
- Simulated germs (e.g., chocolate syrup, washable paint, betadine)
- Hand hygiene products (soap/water and alcohol-based hand sanitizer)
- Prizes



A volunteer demonstrates for the audience how to put on personal protective equipment, including gowns and gloves

Directions

1. Ask for a volunteer to demonstrate putting on and taking off PPE.
2. Have the volunteer put on PPE, such as gloves, a gown, etc. Have the group observe the volunteer for putting on PPE correctly and in the correct order. (Remember to always start with proper hand hygiene).
3. Simulate contamination of the PPE during resident care by placing a small amount of the simulated germ product on their gloved hands and gown.
4. Have the volunteer remove their PPE. The group should again observe the volunteer's PPE removal to make sure it is done in the proper order and that they do not contaminate their hands or clothing.
5. The volunteer should also properly dispose of their contaminated PPE in the waste bin and perform hand hygiene.
6. Thank the volunteer and consider giving them a prize for their participation.
7. Ask the group for feedback: *What did the volunteer do well? Were there any opportunities for improvement?*
8. Repeat the activity with additional volunteers and different combinations of PPE.