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Education

University of Michigan, Ann Arbor, Michigan Expected in 2015
 PhD in Social Psychology
 Advisors: Dr. Ethan Kross & Dr. Christopher Peterson (Deceased)

University of Michigan, Ann Arbor, Michigan 2014
 MS in Social Psychology
 Thesis: The loyalty dilemma: Exploring the influence of relational distance on interpersonal moral judgment
 Advisor: Dr. Ethan Kross

Teachers College, Columbia University, New York, New York 2006
 MA in Organizational Psychology

South Dakota State University, Brookings, South Dakota 1996
 BA in Sociology

Awards & Honors

Junior Research Fellow, Robert Wood Johnson Foundation Positive Health Grant – April 2013

United States (U.S.) Army Medical Department (AMEDD) Long Term Health Education and Training (LTHET) Program – full funding of graduate (Doctoral) program through the USAMEDD

Eisenhower Leadership Development Program (ELDP), United States Military Academy (USMA) at West Point – full funding of graduate (Masters) program through the USMA

U.S. Army Reserve Officer Training Corps (ROTC) Scholarship recipient – full funding of Undergraduate program through U.S. Army ROTC program

Military Awards: The Bronze Star; The Meritorious Service Medal; The Army Accommodation Medal; The Major General Aubrey “Red” Newman medallion for excellence in mentoring, coaching, and counseling; The Combat Action, Senior Parachutist, Air Assault, Parachute Rigger, and the Republic of Korea Army Parachutist Badges.

Research Interests

The social psychology of morality

Behavioral ethics

The influence of interpersonal relationships (dyadic & group) on moral cognition and behavior

Self-control and emotion regulation

Military service member, veteran, and family well-being

Publications

Lester, P.B., Harms, P.D., Herian, M., & Sowden, W.J. (2014). A force of change: the U.S. Army's Global Assessment Tool. *Journal of Positive Psychology*.

Hannah, S.T., & Sowden, W.J. (2012). Leadership in the profession of arms. In M. Rumsey (Ed.), *Oxford Handbook of Leadership*. Oxford University Press: New York.

Sowden, W.J., & Stewart, D.L. (2012). *The dilemma of competing loyalties in the Profession of Arms*. In M.H. Wiggins & L. Dabeck (Eds.) *Symposium Report- Fort Leavenworth Ethics Symposium 2011*. The CGSC Foundation Press: Kansas.

Leavitt, K. & Sowden, W.J. (2010). Automatic ethics: what we take for granted matters. *Military Review*. Special Edition- September 2010, 86-89.

Sowden, W.J. (2010). Discretionary judgment and the PME. In M.H. Wiggins & L. Dabeck (Eds.) *Symposium Report- Fort Leavenworth Ethics Symposium: Exploring the Professional Military Ethic*, pp. 177-190. The CGSC Foundation Press: Kansas.

Doty, J., & Sowden, W.J. (2009). Character vs. competency, it must be both! *Military Review*. Vol. 89 (6), 69-76.

Presentations

Sowden, W.J., Hitokoto, H., Arieli, S., & Muroff (2015, February). *A cross-cultural study examining the relationship between self-construal, relational distance, and interpersonal moral judgment*. Poster to be presented at the 16th Annual Meeting of the Society for Personality and Social Psychology (SPSP): Long Beach, California.

Sowden, W.J. (2014, July). *The social prism of loyalty: How interpersonal relationships refract moral judgment*. Paper presented as part of the *moral judgment in groups* symposium at the 17th annual European Association of Social Psychology (EASP): Amsterdam, The Netherlands.

Sowden, W.J., Kopelman, S., Arora, P. (2014, July). *The moral influence of social relationships on cooperation*. Paper presented at the 27th Annual Conference of the International Association for Conflict Management (IACM): Leiden, The Netherlands.

Sowden, W.J. & Kross, E. (2014, May). *Psychological self-distance and moral judgment*. Poster presented at the 26th Annual Convention for the Association for Psychological Science (APS): San Francisco, CA.

Sowden, W.J. (2014, February). *Interpersonal loyalty: The relational dimension of moral judgment*. Invited presentation at the University of Michigan Decision Consortium, Ann Arbor, Michigan.

Sowden, W.J. (2014, February). *Loyalty vs. honesty: The influence of relationships on moral judgment*. Poster presented at the 15th Annual Meeting of the Society for Personality and Social Psychology (SPSP): Austin, Texas.

Sowden, W.J., & Kopelman, S. (2013, July). *The relational dilemma: exploring interpersonal loyalty and betrayal*. Paper presented at the 15th International Conference on Social Dilemmas (ICSD): Zurich, Switzerland.

Sowden, W. J., & Kopelman, S. (2013, July). *When relationships collide – managing the conflict of loyalty*. Paper presented at the 26th Annual Conference of the International Association for Conflict Management (IACM): Tacoma, WA.

Sowden, W. J. (2013, June). *Relational dilemmas and their effects on individuals, relationships, and organizations*. Paper presented as part of the *Positive Business and Positive Organizations: Current Research Findings* symposium at the 3rd World Congress on Positive Psychology: Los Angeles, CA.

Sowden, W. J. (2013, June). *Is loyalty good for you (and your organization)?* Poster presented at the 2013 Positive Organizational Scholarship Research Conference: Ann Arbor, MI.

Chopik, W. J., Sowden, W. J., & Bremner, R. H. (2012, May). *"State" of the Union: Increases in personal pronouns and present tense*. Poster presented at the 24th annual meeting of the Association for Psychological Science: Chicago, IL.

Sowden, W.J., & Stewart, D.L. (2011, November). *The dilemma of competing loyalties in the Profession of Arms*. Paper presentation at the annual Fort Leavenworth Ethics Symposium: Fort Leavenworth, KS.

Sowden, W.J. (2010, November). *Discretionary judgment in the PME*. Paper presentation at the annual Fort Leavenworth Ethics Symposium: Fort Leavenworth, KS.

Doty, J., & Sowden, W.J. (2009, November). *Character vs. competency, it must be both!* Paper presentation at the annual Fort Leavenworth Ethics Symposium: Fort Leavenworth, KS.

Teaching Experience

University of Michigan

Psych 280: Introduction to Social Psychology, GSI Fall Semester 2013
- Guest lecture: the social psychology of morality (Spring Semester 2014)
Psych 280: Introduction to Social Psychology, GSI Winter Semester 2013
- Guest lecture: the social psychology of morality
Psych 476: Positive Psychology, GSI Fall Semester 2012
- Guest lecture: the positive psychology of groups
- Recognized as an exemplary teacher by the Department of Psychology

United States Military Academy

MX 400: Officership, Instructor Academic Year 2008-2009

Teachers College, Columbia University

ORLJ 5310: Practicum in Coaching, Teacher's Assistant (TA) Academic Years 2007-2008
2008-2009

Affiliations and Memberships

United States Army

Association for Psychological Science

Society for Personality and Social Psychologists

Academy of Management

International Positive Psychology Association

International Association for Conflict Management

Center for Positive Organizations, Ross School of Business, University of Michigan

University of Michigan Emotion and Self-Control Laboratory

University of Michigan Decision Laboratory