

ANNA LUERSSEN, Ph.D.
Curriculum Vitae November 23, 2020

Associate Professor of Psychology
E-mail: anna.luerssen@lehman.cuny.edu
Phone: (917) 797-8649
Fax: (718) 960-8092

Department of Psychology
Gillet Hall, Room 113
250 Bedford Park Blvd. West
Bronx, NY, 10468

EDUCATION

- Ph.D.** Social-Personality Psychology, *University of California, Berkeley*, 2013
Dissertation: Blind and deaf to acceptance: The role of self-esteem in capitalizing on social acceptance
Committee: Özlem Ayduk (chair), Serena Chen, Robert Levenson, Jack Glaser
- M.A.** Social-Personality Psychology, *University of California, Berkeley*, 2010
Thesis: Why doesn't positive evaluation always feel good?
Committee: Özlem Ayduk (chair), Rodolfo Mendoza-Denton, Serena Chen
- B.A.** Psychology and Latin American Studies, *New York University*, 2005
Thesis: Does the past predict the future? Construal level theory in the past
Thesis advisers: Yaacov Trope, Elizabeth Parks

PUBLICATIONS

- Shane, J., **Luerssen**, A., & Carmichael, C., (in press). Friends, family, and romantic partners: Three critical relationships in older women's lives. *Journal of Woman and Aging*.
- Luerssen**, A., Shane, J., & Budescu, M. (2019). Emerging adults' relationship with caregivers and their romantic attachment: Quality communication helps. *Journal of Child and Family Studies*, 28(12), 3412–3424.
- Luerssen**, A. & Ayduk, Ö. (2019). Self-esteem and anxious responses to partner feedback: Parsing anticipatory and consummatory anxiety. *Personal Relationships*, 26(1), 137-157.
- Luerssen**, A., & Ayduk, Ö. (2017). Executive functions promote well-being: Outcomes and mediators. In M. Robinson & M. Eid (Eds), *The happy mind: Cognitive contributions to well-being* (pp. 59–75). Springer. http://doi.org/10.1007/978-3-319-58763-9_4
- Luerssen**, A., Jhita, G. J., & Ayduk, Ö. (2017). Putting yourself on the line: Self-esteem and expressing affection in romantic relationships. *Personality and Social Psychology Bulletin*, 43(7), 940–956. <http://doi.org/10.1177/0146167217702374>
- Luerssen**, A., Gyurak, A., Wendelken, C., Ayduk, O., & Bunge, S. (2015). Delay of gratification in childhood linked to cortical interactions with the nucleus accumbens. *Social Cognitive and Affective Neuroscience*, 10(12), 1769-1776.
- Luerssen**, A., & Ayduk, Ö. (2013). The role of emotion and emotion-regulation in the ability to delay gratification, In J. Gross (Ed.), *Handbook of Emotion Regulation* (2nd ed.) (pp. 111-125). New

York: Guilford Press.

Gyurak, A., Hooker, C., Miyakawa, A., Verosky, S., **Luerssen**, A., & Ayduk, Ö. (2011). Individual differences in neural responses to rejection: The joint effect of self-esteem and attentional control. *Social Cognitive and Affective Neuroscience*, 7(3), 322-331.

Ayduk, Ö., Gyurak, A., & **Luerssen**, A. (2009). Rejection sensitivity moderates the impact of rejection on self-concept clarity. *Personality and Social Psychology Bulletin*, 35(11), 1467-1478.

Ayduk, Ö., Gyurak, A., & **Luerssen**, A. (2008). Individual differences in the rejection-aggression link in the hot sauce paradigm: The case of rejection sensitivity. *Journal of Experimental Social Psychology*, 44(3), 775-782.

MANUSCRIPTS UNDER REVIEW/REVISION

Ascigil, E., **Luerssen**, A., & Gordon, A. M., (invited submission). Stress and support in couples during the COVID-19 pandemic. *Journal of Personal and Social Relationships*.

MANUSCRIPTS IN PROGRESS/PREPARATION

Luerssen, A., & Gordon, A. M. (in progress). Making the most of a partner's compliment: Spontaneous reciprocity linked to relationship satisfaction and positive emotion.

Luerssen¹, A., Chung¹, J., & Taşfiliz, D. (in progress). Concerns that positive emotions can bring about negative consequences. ¹co-first authors

Ugurlu, O., **Luerssen**, A., Mauss, I., & Ayduk, Ö. (in progress). Attention to rewards in the delay of gratification task is associated with attention to emotion in evocative images.

FUNDED GRANTS

- 2020** Role – Principle Investigator, PSC CUNY 51. Title: Concurrent Stress in the Daily Lives of Couples *Lehman College, City University of New York* (\$3,481)
- 2018** Role – Principle Investigator, PSC CUNY 49. Beliefs and worries about positive emotion: Measurement development and personality Correlates. *Lehman College, City University of New York* (\$5,980)
- 2018** Role – Participating Faculty, National Science Foundation. Title: Building capacity: A faculty development program to increase students' quantitative reasoning skills. (Principle Investigator: Esther Wilder), *Lehman College City University of New York* (\$1,500,000)
- 2017** Role – Principle Investigator, Shuster Award Program, Title: Self-esteem, anticipatory emotion, and behavioral responses to positive feedback from romantic partners, *Lehman College City University of New York* (\$300)

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- 2017** Role – Principle Investigator, Lehman College Faculty/Student Publication Grant, Title: Gender and positive feedback exchanges in romantic relationships, *Lehman College City University of New York* (\$1,000)
- 2016** Role – Co-Principle Investigator (with Dr. Mia Budescu), Bruce and Jane Walsh Grant in Memory of John Holland. Title: Message in a bottle: Socialization patterns and adolescents' goal pursuit during the transition out of high school, *Lehman College City University of New York* (\$12,850)
- 2016** Role – Co-Principle Investigator (with Dr. Susan Dumais), Graduate Research Technology Initiative. Title: Interdisciplinary Social Science Research on Family Dynamics and Education and Psychosocial Outcomes. *Lehman College, City University of New York* (\$4,476)
- 2015** Role – Principle Investigator, PSC CUNY 46. Title: Self-Esteem and Emotional Responses to Compliments from Romantic Partners. *Lehman College, City University of New York* (\$5,670)
- 2014** Role – Principle Investigator, PSC CUNY 45. Title: Self-esteem and the disconnect between anticipatory and consummatory emotional responses to compliments. *Lehman College, City University of New York* (\$3,500)
- 2009** Role – Co-Principle Investigator (with Dr. Anett Gyurak), Hornaday Graduate Research Grant. Title: Self-regulatory skills and social well-being in childhood. *University of California, Berkeley* (\$12,000)

PENDING AND UNFUNDED GRANTS

- 2019** (pending)
- (pending) Role – Principle Investigator, Junior Faculty Research Award in Science and Engineering. Title: Concurrent Stress in Close Relationships
- 2016** (unfunded) Role – Senior Personnel*, Research Experiences for Undergraduates – National Science Foundation. Title: Interdisciplinary Social Science Research on Family Dynamics and Education (Co-Principle Investigators: Naomi Spence, Susan Dumais), *Lehman College City University of New York* (\$358,708) *If funded role would have been changed to Co-Principle Investigator
- 2015** (unfunded) Role – Co-Principle Investigator (with Drs. Jacob Shane and Mia Budescu), CUNY Collaborative Grant. Title: Message in a bottle: Socialization patterns and adolescents' goal pursuit during the transition out of high school

CONFERENCE TALKS

Luerssen, A. & Ayduk, Ö. (May, 2019). Self-esteem and anxious responses to partner feedback: Parsing anticipatory and consummatory anxiety. Oral presentation at the *Association for*

- Luerssen, A. & Ayduk, Ö.** (March, 2018). Self-Esteem and Emotional Responses to Social Feedback – Parsing Anticipatory and Consummatory Emotion. Oral presentation at the *Annual Meeting of the Society for Personality and Social Psychology (SPSP)*, Atlanta, GA, USA.
- Luerssen, A., Gyurak, A., Wendelken, C., Ayduk, Ö., & Bunge, S.** (May, 2015). Delay of gratification in childhood linked to cortical interactions with the nucleus accumbens. Oral presentation at the *Annual Meeting of the Association for Psychological Science*, New York City, NY, USA.
- Luerssen, A., Jhita, G.J., & Ayduk, Ö.** (March, 2015). The bad and the ugly: Low self-esteem and maladaptive responses to enhancing behaviors in romantic relationships. Oral presentation at the *Lehman College, Sigma Xi Chapter Meeting*, Bronx, NY, USA.
- Luerssen, A., Jhita, G.J., & Ayduk, Ö.** (May, 2014). Putting yourself on the line – Self-esteem and compliment giving in romantic relationships. Oral presentation at the *Annual Meeting of the Association for Psychological Science*, San Francisco, CA, USA.
- Luerssen, A., Wu, Z., & Ayduk, Ö.** (July, 2012). Self-Esteem influences affective responses to compliments from romantic partners. Oral presentation at the *Annual Meeting of the NIMH Training Consortium in Affective Science*, Berkeley, CA, USA.
- Luerssen, A., Gyurak, A., & Ayduk, Ö.** (May, 2012). The role of self-esteem in processing social acceptance from romantic partners. A daily diary study. Oral presentation at the *Annual Meeting of the Association for Psychological Science*, Chicago, IL, USA.
- Luerssen, A.** (August, 2011). Emotion and delay of gratification revisited. Oral presentation at the *Annual Meeting of the NIMH Training Consortium in Affective Science*, Berkeley, CA, USA.
- Luerssen, A., Gyurak, A., Ayduk, Ö., & Bunge, S.** (June, 2011). Emotion and delay of gratification. Oral presentation at the *Biannual Meeting of the Association for Research in Personality*, Riverside, CA, USA.
- Luerssen, A., Gyurak, A., Ayduk, Ö., & Bunge, S.** (May, 2011). Emotion and delay of gratification. Oral presentation at the *Berkeley-Stanford Student Conference*, Berkeley, CA, USA.
- Ayduk, Ö., Gyurak, A., & Luerssen, A.** (January, 2011). “Who am I and what do I want in life?” Implications of rejection for self-concept clarity for rejection sensitive individuals. Paper presented in L. M. Jeremka (Co-Chair) and N. Collins (Co-Chair), Connect or protect? New insights into motivated responses to social exclusion. Symposium conducted at the *Annual Meeting of the Society for Personality and Social Psychology (SPSP)*, San Antonio, TX, USA.
- Luerssen, A.** (July, 2010). Emotion and delay of gratification. Oral presentation at the *Annual Meeting of the NIMH Training Consortium in Affective Science*, Berkeley, CA, USA.

CONFERENCE POSTER PRESENTATIONS

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- Wu, Z., Luerssen, A., & Ayduk, Ö. (January, 2013). Self-esteem influences affective responses to compliments from romantic partners. Poster presentation at the *Annual Meeting of the Society for Personality and Social Psychology (SPSP)*, New Orleans, LA, USA.
- Luerssen, A., Gyurak, A., & Ayduk, Ö. (January, 2012). The role of self-esteem in processing social acceptance from romantic partners. A daily diary study. Poster presentation at the *Annual Meeting of the Society for Personality and Social Psychology (SPSP)*, San Diego, CA, USA.
- Luerssen, A., Gyurak, A., Ayduk, Ö., & Bunge, S. (January, 2011). Emotion and delay of gratification. Poster presentation at the *Annual Meeting of the Society for Personality and Social Psychology (SPSP)*, San Antonio, TX, USA.
- Luerssen, A. & Ayduk, Ö. (January, 2010) Why doesn't social acceptance always feel good? Depressive symptoms and the connection between acceptance and rejection information, Poster presentation at the *Annual Meeting of the Society for Personality and Social Psychology (SPSP)*, Las Vegas, NV, USA.
- Luerssen A., Kross, E., & Ayduk, Ö. (February, 2009) The benefits of a self-distanced perspective transfer beyond the context of initial memory recall, Poster presentation at the *Annual Meeting of the Society for Personality and Social Psychology (SPSP)*, Tampa, FL, USA.
- Luerssen, A. (May, 2005). Does the Past Predict the Future? Construal Level Theory in the Past, Poster presentation at the *New York University Undergraduate Research Conference*, New York, NY, USA.

TEACHING EXPERIENCE

- Fall 2019** Professor Social Psychology (one section; Psy 260), *Lehman College, City University of New York*, 30 students, *Student-Rated Teaching Effectiveness: 1.41* (1 = Excellent, 5 = Poor)
- Professor Motivation and Emotion (two sections; PSY 308), *Lehman College, City University of New York*, 64 students, *Student-Rated Teaching Effectiveness: 1.38 & 1.78* (1 = Excellent, 5 = Poor)
- Spring 2019** Professor Social Psychology (one section; Psy 260), *Lehman College, City University of New York*, 32 students, *Student-Rated Teaching Effectiveness: 1.18* (1 = Excellent, 5 = Poor)
- Professor Motivation and Emotion (two sections; PSY 308), *Lehman College, City University of New York*, 60 students, *Student-Rated Teaching Effectiveness: 1.22 & 1.45* (1 = Excellent, 5 = Poor)
- Fall 2018** Professor Social Psychology (one section; Psy 260), *Lehman College, City University of New York*, 29 students, *Student-Rated Teaching Effectiveness: 1.35* (1 = Excellent, 5 = Poor)
- Professor Motivation and Emotion (two sections; PSY 308), *Lehman College, City University of New York*, 59 students, *Student-Rated Teaching Effectiveness: 1.38 & 1.67*

(1 = Excellent, 5 = Poor)

- Spring 2018** Professor Motivation and Emotion (two sections; PSY 308), *Lehman College, City University of New York*, 55 students, *Student-Rated Teaching Effectiveness: 1.48 & 2.23* (1 = Excellent, 5 = Poor)
- Fall 2017** Professor Social Psychology (one section; Psy 260), *Lehman College, City University of New York*, 27 students, *Student-Rated Teaching Effectiveness: 1.55* (1 = Excellent, 5 = Poor)
- Professor Motivation and Emotion (two sections; PSY 308), *Lehman College, City University of New York*, 58 students, *Student-Rated Teaching Effectiveness: 1.64 & 1.71* (1 = Excellent, 5 = Poor)
- Summer 2017** Professor Social Psychology (one section; Psy 260), *Lehman College, City University of New York*, 14 students, *Student-Rated Teaching Effectiveness: 1.38* (1 = Excellent, 5 = Poor)
- Spring 2017** Professor Motivation and Emotion (two sections; Psy 308), *Lehman College, City University of New York*, 57 students, *Student-Rated Teaching Effectiveness: 1.31 & 1.41* (1 = Excellent, 5 = Poor)
- Fall 2016** Professor Emotion and Motivation (one section; Psy 308), *Lehman College, City University of New York*, 29 students, *Student-Rated Teaching Effectiveness: 1.17* (1 = Excellent, 5 = Poor)
- Professor Social Psychology (two sections; Psy 260), *Lehman College, City University of New York*, 56 students, *Student-Rated Teaching Effectiveness: 1.41 & 2.11* (1 = Excellent, 5 = Poor)
- Spring 2016** Professor Emotion and Motivation (two sections; Psy 308), *Lehman College, City University of New York*, 57 students, *Student-Rated Teaching Effectiveness: 1.14 & 1.64* (1 = Excellent, 5 = Poor)
- Fall 2015** Professor Emotion and Motivation (one section; Psy 308), *Lehman College, City University of New York*, 31 students, *Student-Rated Teaching Effectiveness: 1.33* (1 = Excellent, 5 = Poor)
- Professor Social Psychology (two sections; Psy 330), *Lehman College, City University of New York*, 57 students, *Student-Rated Teaching Effectiveness: 1.29 & 1.56* (1 = Excellent, 5 = Poor)
- Summer 2015** Professor Emotion and Motivation (Psy 308), *Lehman College, City University of New York*, 10 students, *Student-Rated Teaching Effectiveness: 1.25* (1 = Excellent, 5 = Poor)
- Spring 2015** Professor Emotion and Motivation (two sections; Psy 308), *Lehman College, City University of New York*, 63 students, *Student-Rated Teaching Effectiveness: 1.12 & 1.1* (1 = Excellent, 5 = Poor)

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- Professor Social Psychology (two sections; Psy 330), *Lehman College, City University of New York*, 59 students, *Student-Rated Teaching Effectiveness: 1.16 & 1.52* (1 = Excellent, 5 = Poor)
- Fall 2014** Professor Social Psychology (two sections: Psy 330), *Lehman College, City University of New York*, 56 students, *Student-Rated Teaching Effectiveness: 1.12 & 1.55* (1 = Excellent, 5 = Poor)
- Summer 2014** Professor Emotion and Motivation (one sections; Psy 308), *Lehman College, City University of New York*, 7 students, *Student-Rated Teaching Effectiveness: 1.0* (1 = Excellent, 5 = Poor)
- Spring 2014** Professor Emotion and Motivation (two sections; Psy 308), *Lehman College, City University of New York*, 61 students, *Student-Rated Teaching Effectiveness: 1.29 & 1.11* (1 = Excellent, 5 = Poor)
- Professor Social Psychology (one section; Psy 330), *Lehman College, City University of New York*, 31 students, *Student-Rated Teaching Effectiveness: 1.24* (1 = Excellent, 5 = Poor)
- Fall 2013** Professor Emotion and Motivation (two sections; Psy 308), *Lehman College, City University of New York*, 60 students, *Student-Rated Teaching Effectiveness: 1.74 & 1.80* (1 = Excellent, 5 = Poor)
- Fall 2012** Graduate Student Instructor in Research and Data Analysis in Psychology (Psych 101 with Dr. Sheri Johnson), *University of California Berkeley*, 38 students, *Student-Rated Teaching Effectiveness: 6.81/7.0*
- Spring 2012** Graduate Student Instructor in Social Psychology (Psych 160 with Dr. Serena Chen), *University of California Berkeley*, 75 students, *Student-Rated Teaching Effectiveness: 6.52/7.0*
- Fall 2011** Guest lecturer in Personality Psychology “A Social-Cognitive Approach to Self-Regulation: Delay of Gratification,” *University of California Berkeley*
- Fall 2010** Graduate Student Instructor in Research and Data Analysis in Psychology (Psych 101 with Dr. Sheri Johnson), *University of California Berkeley*, 50 students, *Student-Rated Teaching Effectiveness: 6.59/7.0*
- Fall 2009** Graduate Student Instructor in Personality Psychology (Psych 150 with Özlem Ayduk), *University of California Berkeley*, 75 students, *Student-Rated Teaching Effectiveness: 6.49/7.0*
- Fall 2009** Guest lecturer in Personality Psychology “A Social-Cognitive Approach to Self-Regulation: Delay of Gratification,” *University of California Berkeley*
- Spring 2009** Graduate Student Instructor in Personality Psychology (Psych 150 with Özlem Ayduk), *University of California Berkeley*, 75 students, *Student-Rated Teaching Effectiveness: 6.85/7.0*

Fall 2008 Graduate Student Instructor in Human Emotion (Psych 156 with Dr. Dacher Keltner), *University of California Berkeley*, 75 students, *Student-Rated Teaching Effectiveness: 6.14/7.0*

MENTORING EXPERIENCE

2019 – 2020 Honors thesis supervisor Nabunu Diaby, *Lehman College, City University of New York*

2018 – 2019 Honors thesis supervisor Ashley Heilweil, *Lehman College, City University of New York*

2017 – 2018 Honors thesis supervisor Yashira Rodriguez & Christy Ng, *Lehman College, City University of New York*

2015 – 2016 Honors thesis supervisor Sara Mazo, *Lehman College, City University of New York*

2012 – 2013 Honors thesis supervisor Jarrod Butler, *University of California, Berkeley*
(Jarrod Butler earned Highest Honors, Warner Brown Memorial Prize in Psychology)

2012 – 2013 Honors thesis supervisor Jyoti Jhita, *University of California, Berkeley*

2011 – 2012 Honors thesis supervisor Zhenni Wu, *University of California, Berkeley*
(Zhenni Wu earned Highest Honors, Warner Brown Memorial Prize in Psychology)

2010 – 2011 Honors thesis supervisor Kate Sackett, *University of California, Berkeley*

SERVICE

Fall 2019 – Present Academic Job Search Committee, *Psychology Department, Lehman College, City University of New York*

Spring 2019 - Present Psychology Academic Integrity Committee

April 10, 2019 Organizer, Careers in Counseling Psychology Panel, *Lehman College, City University of New York*

Spring 2019 – Present Department Representative (Psychology) Faculty Senate, *Lehman College, City University of New York*

February 20, 2019 Moderator for the “Meet the Meta Majors: Careers in Social Work and Counseling” panel organized by the Career Exploration & Development Center, *Lehman College, City University of New York*

November 8, 2018 Presentation on Psychology and STEM for the National STEM Day celebration organized by the Pathways to STEM Success Club, *Lehman College, City University of New York*

Fall 2018 – Present	Secretary, Phi Beta Kappa Committee, <i>Lehman College, City University of New York</i>
Summer 2018	Pathways to Student STEM Success (PTS3) Research Experience for Undergraduate Program (co-supervisor three undergraduate students), <i>Lehman College, City University of New York</i>
April 2017 – Present	Research Participation Program Review, <i>Lehman College, City University of New York</i>
May 4, 2017	Organizer, Social Work for Psychology Majors Panel, <i>Lehman College, City University of New York</i>
Spring 2017 – Fall 2018	Social Justice Committee, <i>Lehman College, City University of New York</i>
2016 – 2017	Senator-at-Large, <i>Lehman College, City University of New York</i>
October 19, 2016	Sophomore Year Initiative's Majors and Minors Fair, <i>Lehman College, City University of New York</i>
Spring 2016	Teaching Evaluation Form Committee, <i>Lehman College, City University of New York</i>
2015 – 2018	Senate Library and Information Technology Committee, <i>Lehman College, City University of New York</i>
2015 – 2016	Executive Committee of the General Faculty, <i>Lehman College, City University of New York</i>
November 21, 2014	General Education Assessment scoring, <i>Lehman College, City University of New York</i>
2014 – Present	Psychology Department Speaker Series Organizer, <i>Lehman College, City University of New York</i>
October 20th, 2014	Sophomore Year Initiative's Majors and Minors Fair, <i>Lehman College, City University of New York</i>
Fall 2014	Psychology Department Furniture Committee, <i>Lehman College, City University of New York</i>
Spring 2014	Planning Committee: Psychology Department Lecturer Job Search, <i>Lehman College, City University of New York</i>
October 23, 2013	Sophomore Year Initiative's Majors and Minors Fair, <i>Lehman College, City University of New York</i>

PROFESSIONAL TRAINING/SKILLS

- September 26 – 27, 2018** – A Practical Guide to Multilevel Modeling, Two-day online workshop, *Society for Personality and Social Psychology*
- June 2018** STEM Active Learning Professional Development Summer Institute - Growth Mindset, Two-day workshop, *Bronx Community College, City University of New York*
- Spring 2015** Writing Across the Curriculum, Two-day workshop, *Lehman College, City University of New York*
- 2014 – 2015** Lehman College Quantitative Reasoning Faculty Development Workshop, *Lehman College, City University of New York*
- Spring 2014** How Learning Works Workshop Series, attended four workshops, *Lehman College, City University of New York*
- June 2014 – July 2018** Freelance Textbook Editor, W.W. Norton & Co.
- Summer 2014** ‘Experiential Learning Builds Social Capital: Here’s How,’ Freelance Blog Post, The Other Lobe, <http://otherlobe.com/>
- Fall 2013** Essential Instructional Design for Faculty: An Advanced Online Workshop
- Fall 2013** New Faculty Orientation, attended nine workshops, *Lehman College, City University of New York*
- November 6, 2013** American Council on Education (ACE): Career Paths and Strategies for Success workshop, *Lehman College, City University of New York*
- 2012 – 2013** Blogger for Psych-Your-Mind psychology research blog, psych-your-mind.blogspot.com/
- Spring 2011** Certified Coder Facial Action Coding System
- 2010 – 2015** Freelance Online Reviewer, Aplia Cengage Learning, Learning Design Group, Psychology
- Summer 2011** Advanced Longitudinal Data Analysis Workshop, *University of California, Davis*
- Summer 2009** UCLA Advanced Neuroimaging Summer School, *University of California, Los Angeles*

AWARDS

- 2013** Graduate Student Mentorship Award, *University of California, Berkeley*

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- 2012** Departmental Fellowship Award (1-semester tuition and stipend), Summer Research Fellowship Award, *University of California, Berkeley*
- 2010** Outstanding Graduate Student Instructor Award, *University of California, Berkeley*
- 2009** NIMH Predoctoral Training Consortium in Affective Science (3-year tuition and stipend) Honorable Mention National Science Foundation Graduate Research Fellowship Program
- 2008** Hornaday Graduate Research Fellowship, *University of California, Berkeley*
- 2007** William V. Power Graduate Award, Diebold Fellowship (1 semester tuition and stipend), *University of California, Berkeley*
- 2005** Magna Cum Laude Honors, Latin American Studies Award, Psychology Honors, Phi Beta Kappa inductee, *New York University*
- 2001 – 2005** National Dean’s List, *New York University*