

AMIE M. GORDON

UNIVERSITY OF MICHIGAN, ANN ARBOR
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updated 9/29/24

POSITIONS HELD

- 2020-PRESENT **Assistant Professor in Social Psychology**
2022-PRESENT Faculty Affiliate, Michigan Institute for Data Science
2021-PRESENT Faculty Associate, Center for Positive Organizations
2020-PRESENT Faculty Associate, Research Center for Group Dynamics
University of Michigan, Ann Arbor
- 2019-2020 **Visiting Assistant Professor in Social Psychology**
University of Michigan, Ann Arbor
- 2017- 2020 **Principal Research Scientist**
Emotion, Health, and Psychophysiology Lab
University of California, San Francisco

EDUCATION

- 2015-2017 **Postdoctoral Fellow**, *Greater Good Science Center Postdoctoral Fellowship*
Health Psychology, University of California, San Francisco
- 2013-2015 **Postdoctoral Fellow**
Institute of Personality and Social Research, University of California, Berkeley
- 2013 **Ph.D.**
Social-Personality Psychology, University of California, Berkeley
- 2006 **B.A.**
Psychology with minor in Political Science, *departmental and college honors*
University of California, Los Angeles, *summa cum laude*

RESEARCH INTERESTS

Affect; Interpersonal Relationships; Prosocial Processes; Health & Wellbeing; Psychophysiology

AWARDED GRANTS AND FELLOWSHIPS

- 2024-2026 SSHRC Insight Development Grant, Co-I, \$70,905, PI: Amy Muise
We 'Just Click': Does Romantic Chemistry Predict Relationship Development and Maintenance
- 2022-2024 Michigan Institute for Data Science: Propelling Original Data Science Grant, PI, \$29,938
Developing a large-scale dataset to track romantic relationship formation and maintenance
- 2021-2023 UCLA Expanding the Frontiers of Relationship Science Research Grant, PI, \$149,614
Concurrent Stress: A Common Yet Understudied Reality for Romantic Couples
- 2021-2022 University of Michigan LSA Social Science Scholarship/Research Award, Co-PI, \$27,627
Sleep and relationship quality during the transition to parenthood: An experimental pilot study using infant simulators
- 2021 University of Michigan LSA Social Science Summer Writing Group Award, Co-PI
Close Relationships Summer Faculty Writing Group
- 2019 SPSP Small Conference Grant, PI
Bringing sleep-wake processes into personality and social psychological research
- 2018-2021 Samsung Grant, Principal Research Scientist
Measuring stress and blood pressure in daily lives
- 2018 SPSP Op-Ed Training Grant, "The Country Needs Marital Therapy"
- 2017-2018 UC Health Psychology Consortium Research Grant, Co-I, PIs: Brenda Major & Aric Prather
Risk and resilience among Latino/a first-year students: The role of sleep and perceived discrimination

2015-2017	Greater Good Science Center: Science of Gratitude Postdoctoral Fellowship
2009-2012	National Science Foundation Graduate Research Fellowship (3-year fellowship)
2007-2009	Berkeley Fellowship for Graduate Study (2-year fellowship)
2005-2006	UCLA Undergraduate Research Scholars Program

MENTORED GRANTS AND FELLOWSHIPS

2024-2026	NSF SBE Postdoctoral Fellowship, Co-Sponsoring Scientist PI: Tatum Jolink (U-M) <i>Compatibility in emerging relationships among straight and queer daters</i>
2021-2022	Love Consortium Graduate Fellowship, Mentor Mentee: Tatum Jolink (UNC-Chapel Hill), <i>The bidirectional link between felt and enacted love and sleep</i>
2020-2021	Love Consortium Graduate Fellowship, Mentor Mentee: Yoobin Park (University of Toronto), <i>Does grateful love take two? New insights into partner match on gratitude using six longitudinal datasets</i>

HONORS AND AWARDS

RESEARCH

2023	John A. Swets Memorial Award for Excellence in Collaborative Research in Psychological Science, <i>University of Michigan</i>
2022	Gerald R. Miller Early Career Award, <i>International Association for Relationship Research</i>
2022	Caryl E. Rusbult Close Relationships Early Career Award <i>Relationships Researchers Interest Group, Society for Personality and Social Psychology (SPSP)</i>
2019	Fellow of the <i>Society of Experimental Social Psychology (SESP)</i>
2019	APS Rising Star Award
2013	Greater Good Science Center: Science of Gratitude Dissertation Research Award, <i>UC Berkeley</i>
2013	<i>Relationships Research Interest Group</i> Best Student Paper Award, Honorable Mention
2013	Best Student Paper Award, <i>SPSP</i>
2012	Student Travel Award, <i>IARR</i>
2011	Student Travel Award, <i>SPSP</i>
2011	Travel Award, <i>National Science Foundation (NSF)</i>
2008	Abigail Reynolds Hodgen Publication Fund Award, <i>UC Berkeley</i>
2005	Brueck Scholarship, <i>UCLA</i>
2005	Stone Research Award, <i>UCLA</i>

TEACHING, MENTORSHIP, & SCHOLARSHIP

2023	Nominee – ACUM Outstanding Advisor Award, <i>University of Michigan</i>
2021	Nominee – Golden Apple Award, <i>University of Michigan</i>
2012	Outstanding Graduate Student Instructor (GSI) Award, <i>UC Berkeley</i>
2011	Outstanding GSI Nominee (top 15% of Departmental GSI ratings), <i>UC Berkeley</i>
2006	Phi Beta Kappa

PEER-REVIEWED PUBLICATIONS (pdfs of all my publications are available [here](#))

†Student mentee *Contributed equally

1. Park, Y., **Gordon, A. M.**, Prather, A. A., & Mendes, W. B. (2024). Better sleep and less stress following sex. Findings from a large-scale ecological momentary assessment study, *Health Psychology*. Advanced online publication.
2. **Gordon, A. M.**, †Luciani, M., & †From, A. (2024). I love you but I hate your politics: Antecedents and consequences of political (dis)similarity in romantic couples. *Journal of Personality and Social Psychology*. Advanced online publication.
3. Stellar, J. E., Bai, Y., Anderson, C. L., **Gordon, A. M.**, McNeil, G., Peng, K., & Keltner, D. (2024). Culture and awe: Understanding awe as a mixed emotion. *Affective Science*, 5, 160-170.

4. Newman, D. B., **Gordon, A. M.**, O'Bryan, J., & Mendes, W. B. (2024). Stress reduction experiments in daily life: Scaling from the lab to the world. *Journal of Experimental Social Psychology: General*, *153*(4), 1076–1092.
5. **Gordon, A. M.** & †Diamond, E. (2023). Feeling understood and appreciated in relationships: Where do these perceptions come from and why do they matter? *Current Opinion in Psychology*, *53*, 10168.
6. †Ascigil, A., Luerssen, A., Gonzalez, R., & **Gordon, A. M.** (2023). Predictors of relationship satisfaction during the Covid-19 pandemic. *Social and Personality Psychology Compass*, e12881.
7. †From, A., Luerssen, A., & **Gordon, A. M.** (2023). Both overwhelmed or in it together? Similarity in COVID-19-related stress and romantic relationship quality. *Social and Personality Psychology Compass*, e12789.
8. Qaiser, J., Leonhardt, N. D., Le, B. M., **Gordon, A. M.**, Impett, E. A., & Stellar, J. E. (2023). Shared hearts and minds: Physiological synchrony during empathy. *Affective Science*, *4*, 711-721.
9. Park, Y., **Gordon, A. M.**, & Mendes, W. B. (2023). Age differences in physiological reactivity to daily emotional experiences. *Affective Science*, *4*, 487-499.
10. Mak, H. W., **Gordon, A. M.**, Prather, A. A., Epel, E. S., & Mendes, W. B. (2023). Acute and chronic stress associations with blood pressure: An ecological momentary assessment. *Psychosomatic Medicine*, *85*, 585-595.
11. Sell, N., Sisson, N., **Gordon, A. M.**, Stanton, S., & Impett, E. A. (2023). Daily sleep quality and support in romantic relationships: The role of negative affect and perspective-taking. *Affective Science*, *4*, 370-384.
12. Don, B., **Gordon, A. M.**, & Mendes, W. B. (2023). The good, the bad, and the variable: Examining stress and blood pressure responses to close relationships. *Social Psychological and Personality Science*. *15*, 288-298.
13. †Park, Y., **Gordon, A. M.**, Muise, A., & Impett, E. A. (2023). Differing levels of gratitude between romantic partners: Concurrent and longitudinal links with satisfaction and commitment in six dyadic datasets. *Personality Science*, *4*, 1-22.
14. MacKenzie, N., **Gordon, A. M.**, Impett, E. A., & Rosen, N. (2023). Indirect associations between infant sleep, parental sleep, and sexual well-being in new parent couples. *Journal of Family Psychology*, *37*, 347-357.
15. Newman, D., **Gordon, A. M.**, Prather, A. A., & Mendes, W. B. (2023). Examining daily associations among sleep, stress, and blood pressure across adulthood. *Annals of Behavioral Medicine*. *57*, 453-462.
16. **Gordon, A. M.**, Cross, E., †Ascigil, E., Balzarini, R., Luerssen, A., & Muise, A. (2022). Feeling appreciated buffers against the negative effects of unequal division of household labor on relationship satisfaction. *Psychological Science*, *33*, 1313-1327.
17. Harris, P., **Gordon, A. M.**, Dover, T. L., Small, P., Collins, N. L., & Major, B. (2022). Sleep, emotions, and sense of belonging: A daily experience study. *Affective Science*, *3*, 295-306.
18. Newman, D. **Gordon, A. M.**, & Mendes, W. B. (2021). Comparing daily physiological and psychological benefits of gratitude and optimism using a digital platform. *Emotion*, *21*, 1357-1365.
19. **Gordon, A. M.** & Mendes, W. B. (2021). A large-scale study of stress, emotions, and blood pressure in daily life using a digital platform. *Proceedings of the National Academy of Sciences*, *118*(31), e2105573118.
20. **Gordon, A. M.**, †Carrillo, B., & Barnes, C. (2021). Sleep and social relationships in healthy populations: A systematic review. *Sleep Medicine Reviews*, *57*, 101428.
21. Joel, S., Eastwick, P. W., Allison, C. J., Arriaga, X. B., Baker, Z. G., Bar-Kalifa, E., Bergeron, S., Birnbaum, G., Brock, R. L., Brumbaugh, C. C., Carmichael, C. L., Chen, S., Clarke, J., Cobb, R. J., Coolsen, M. K., Davis, J., de Jong, D. C., Debrot, A., DeHaas, E. C., Derrick, J. L., Eller, J., Estrada, M. J., Faure, R., Finkel, E. J., Fraley, R. C., Gable, S. L., Gadassi, R., Girme, Y. U., **Gordon, A. M.**, Gosnell, C. L., Hammond, M. D., Hannon, P. A., Harasymchuk, C., Hofmann, W., Horn, A. B., Impett, E. A., Jamieson, J. P., Keltner, D., Kim, J. J., Kirchner, J. L., Kluwer, E. S., Kumashiro, M., Larson, G., Lazarus, G., Logan, J. M., Luchies, L. B., MacDonald, G., Machia, L. V., Maniaci, M. R., Maxwell, J. A., Mizrahi, M., Muise, A., Niehuis, S., Ogolsky, B. G., Oldham, C. R., Overall, N. C., Perrez, M., Peters, B. J.,

- Pietromonaco, P. R., Powers, S. I., Prok, T., Pshedetzky-Shochat, R., Rafaeli, E., Ramsdell, E., Reblin, M., Reicherts, M., Reifman, A., Reis, H. T., Rhoades, G. K., Rholes, W. S., Righetti, F., Rodriguez, L. M., Rogge, R., Rosen, N. O., Saxbe, D., Sened, H., Simpson, J. A., Slotter, E. B., Stanley, S. M., Stocker, S., Surra, C., Vaughn, A. A., Vicary, A. M., Visserman, M. L., & Wolf, S. (2020). Machine learning uncovers the most robust self-report predictors of relationship quality across 43 longitudinal couples studies. *Proceedings of the National Academy of Sciences* 117(32), 19061-19071.
22. **Gordon, A. M.**, Prather, A. A., Dover, T., Espino-Pérez, K., Small, P., & Major, B. (2020). Anticipated and experienced ethnic/racial discrimination and sleep: A longitudinal study. *Personality and Social Psychology Bulletin*, 46(12), 1724-1735.
 23. **Gordon, A. M.**, †Del Rosario, K., Flores, A. J., Mendes, W. B., & Prather, A. A. (2019). Bidirectional links between sleep and social rejection. *Psychosomatic Medicine*, 81(8), 739-748.
 24. Stellar, J. E., **Gordon, A. M.**, Anderson, C. L., Piff, P. K., McNeil, G. D. & Keltner, D. (2018). Awe and humility. *Journal of Personality and Social Psychology*, 114, 258-269.
 25. **Gordon, A. M.**, Mendes, W. B., & Prather, A. A. (2017). The social side of sleep: Elucidating the links between sleep and social processes. *Current Directions in Psychological Science*, 26, 470-475.
 26. Bai, Y., Maruskin, L. A., Chen, S., **Gordon, A. M.**, Stellar, J. E., McNeil, G. D., Peng, K., & Keltner, D. (2017). Awe, the diminished self, and collective engagement: Universals and cultural variations in the small self. *Journal of Personality and Social Psychology*, 113, 185-209.
 27. ***Gordon, A. M.**, *Stellar, J. E., Anderson, C. L., McNeil, G. D., Loew, D., & Keltner, D. (2017). The dark side of the sublime: Distinguishing a threat-based variant of awe. *Journal of Personality and Social Psychology*, 113, 310-328.
 28. Stellar, J. E., **Gordon, A. M.**, Piff, P. K., Anderson, C.L., Cordaro, D., Bai, Y. & Maruskin, L. & Keltner, D. (2017). Self-transcendent emotions and their social functions: Compassion, gratitude, and awe bind us to others through prosociality. *Emotion Review*, 9, 200-207.
 29. **Gordon, A. M.** & Chen, S. (2016). Do you get where I'm coming from?: Perceived understanding buffers against reduced relationship satisfaction after conflict. *Journal of Personality and Social Psychology*, 110, 239-260.
 30. Kuehn, M. M., Chen, S., **Gordon, A. M.** (2015). Having a thicker skin: Social power buffers the negative effects of social rejection. *Social Psychological and Personality Science*, 6, 701-709.
 31. Stellar, J. E., John-Henderson, N., Anderson, C. L., **Gordon, A. M.**, McNeil, G. D. & Keltner D. (2015). Positive affect and inflammation: Discrete positive emotions predict lower levels of pro-inflammatory cytokines, *Emotion*, 15, 129-133.
 32. **Gordon, A. M.** & Chen, S. (2014). The role of sleep in interpersonal conflict: Do sleepless nights mean worse fights? *Social Psychological and Personality Science*, 5, 168-175.
 33. **Gordon, A. M.** & Chen, S. (2013). Does power help or hurt? The moderating role of self-other focus on power and perspective taking in romantic relationships. *Personality and Social Psychology Bulletin*, 39, 1097-1110.
 34. Joel, S., **Gordon, A. M.**, Impett, E. A., MacDonald, G., & Keltner, D. (2013). The things you do for me: Perceptions of a romantic partner's investments promote gratitude and commitment. *Personality and Social Psychology Bulletin*, 39, 1333-1345.
 35. Impett, E. A., Gere, J., Kogan, A., **Gordon, A. M.**, & Keltner, D. (2013). How sacrifice impacts the giver and the recipient: Insights from approach-avoidance motivational theory. *Journal of Personality*, 82, 390-401.
 36. **Gordon, A. M.**, †Tuskeviciute, R., & Chen, S. (2013). A multi-method investigation of depressive symptoms, perceived understanding, and relationship quality. *Personal Relationships*, 20, 635-654.
 37. **Gordon, A. M.**, Impett, E. A., Kogan, A., Oveis, C., & Keltner, D. (2012). To have and to hold: Gratitude promotes relationship maintenance in intimate bonds. *Journal of Personality and Social Psychology*, 103, 257-274.
 38. Impett, E. A., Kogan, A., English, T., John, O., Oveis, C., **Gordon, A. M.**, & Keltner, D. (2012). Suppression sours sacrifice: Affective and relational costs of suppressing emotions in romantic relationships. *Personality and Social Psychology Bulletin*, 38, 707-720.

39. Kogan, A., Impett, E. A., Oveis, C., Hui, B, **Gordon, A. M.**, & Keltner, D. (2010). When giving feels good: The intrinsic benefits of sacrifice in romantic relationships for the communally motivated. *Psychological Science*, *21*, 1918-1924.
40. Impett, E. A., **Gordon, A. M.**, Kogan, A., Oveis, C., Gable, S. L., & Keltner, D. (2010). Moving toward more perfect unions: Daily and long-term consequences of approach and avoidance goals in romantic relationships. *Journal of Personality and Social Psychology*, *99*, 948-963.
41. **Gordon, A. M.**, & Chen, S. (2010). When you accept me for me: The relational benefits of intrinsic affirmations from one's relationship partner. *Personality and Social Psychology Bulletin*, *36*, 1439-1453.
42. Impett, E. A. & **Gordon, A. M.** (2010). Why do people sacrifice to approach rewards versus avoid costs? Insights from attachment theory. *Personal Relationships*, *17*, 299-315.
43. Impett, E. A., **Gordon, A. M.**, Strachman, A. (2008). Attachment and daily sexual goals: A study of dating couples. *Personal Relationships*, *15*, 375-390.

BOOK CHAPTERS

- Gordon, A. M.**, & Thorson, K. R. (*forthcoming*). Design considerations and analysis of longitudinal data. In H. T. Reis, T. West & C. M. Judd (Eds.), *Handbook of Research Methods in Social and Personality Psychology* (3rd edition). Boston, MA: Cambridge University Press.
- Stellar, J. E. & **Gordon, A. M.** (2024). Awe, compassion, and gratitude. In A. Scarantino (Ed.), *Handbook of Emotion Theory*.
- Gordon, A. M.**, Mendes, W. B., & Prather, A. A. (2019). Sleep and Social Processes. In Z. Krizan (Ed.), *Sleep, Personality, and Social Behavior*. Springer.
- Impett, E. A., & **Gordon, A. M.** (2009). Sexual attraction. In H. T. Reis & S. Sprecher (Eds.), *Encyclopedia of Human Relationships* (pp 134-137). Thousand Oaks, CA: Sage.
- Impett, E. A., & **Gordon, A. M.** (2008). For the good of others: Toward a positive psychology of sacrifice. In S. J. Lopez (Ed.), *Positive Psychology Perspective Series* (Vol. 2). Westport, CT: Greenwood Publishing Group.

CONFERENCE PAPER PRESENTATIONS

- Society for Experimental Social Psychology (SESP)**: Santa Fe, NM, 2024 (symposium on close relationships); Madison, WI, 2023 (**co-chair** & discussant, symposium on relationship formation); Philadelphia, PA, 2022 (co-author, symposium on political partisan misperceptions; co-author, symposium on micro-interventions)
- Society for Personality and Social Psychology (SPSP)**: San Diego, CA, 2024 (paper presentation on SES and health and well-being); Portland, OR, 2019 (**co-chair**, symposium on sleep and social processes); San Diego, CA, 2016 (symposium on sleep, self-regulation and social behavior); Long Beach, CA, 2015 (**chair**, symposium on sleep and social psychology; co-author, symposium on humility); New Orleans, LA, 2013 (**chair**, symposium on gratitude; co-author, symposium on social power).
- International Association for Relationships Researchers (IARR)**: Boston, MA, 2024 (symposiums on stress and relationships, sleep and relationships); Toronto, ON, 2016 (**chair**, symposium on new research on responsive behaviors); Chicago, IL, 2012 (symposium on differing perspectives on prosociality; paper on sleep and conflict); Providence, RI, 2008 (paper on attachment and approach-avoidance goals).
- Association for Psychological Science (APS)**: San Francisco, CA, 2018 (symposium on sleep and social processes); Chicago, IL, 2016 (symposium on sleep); San Francisco, CA, 2014 (symposium on perceptions of other's positive behaviors)
- Society for Affective Science (SAS)**: Boston, MA, 2017 (paper on sleep and positive emotions)

CONFERENCE POSTER PRESENTATIONS

- Society for Personality and Social Psychology**: San Diego, CA, 2012 (power and prosociality); San Antonio, TX, 2011 (gratitude); Las Vegas, NV, 2010 (gratitude); Tampa, FL, 2009 (benefits of affirming the intrinsic self); Albuquerque, NM, 2008 (attachment and daily goals); Memphis, TN, 2007 (approach and avoidance commitment)

INVITED TALKS

- 2024 Michigan State University, Social-Personality Psychology Colloquium Series
- 2023 Dallas Sleep Roundtable
University of Michigan, Spring LIFE Academy
Sabanci University Faculty of Arts and Social Sciences, Health, Stress & Relationships Symposium
International Association for Relationships Researchers (IARR) Mini Conference, Keynote Speaker
University of Minnesota, Interpersonal Relationships Group Speaker Series
University of Rochester, Psychology Colloquium Series
- 2022 University of Michigan, Clinical Breadth Class
University of Michigan, MIDAS Annual Data Science & AI Summit
University of Michigan, Michigan Institute for Data Science (MIDAS)
University of Maryland, Social, Decision and Organizational Science Colloquium Series
Close Relationship Preconference, Rusbult Early Career Award Address, SPSP
Emotions Preconference, SPSP
Ann Arbor District Library, Exploring the Mind Community Talks
- 2021 University of Michigan, Clinical Psychology Brown Bag
University of Michigan, Psychology Methods Hour
University of Rochester, Rochester Relationships Lab
University of Michigan, Social Psychology Brown Bag
The Stress Measurement Network, Best Practices in Assessment of Stress in Daily Life
- 2020 The Love Consortium, moderator for “Harnessing Gratitude for Good” Event
- 2019 American Water Company
San Francisco Metro Transit Authority
Greater Good Science Center, The Science of a Happy Relationship Workshop
SF Jewish Community Center
MAP Energy, Keynote Speaker
University of California, Santa Barbara, Department of Psychology
- 2018 University of Michigan - Ann Arbor, Department of Psychology
Stanford University, Affective Science Seminar
UC San Francisco, Center for Health and Community
Vitalant, Keynote Speaker
National Parks Service – Golden Gate Division
Solano Community, Keynote Speaker: College Faculty Convocation
Rady School of Management, Economics and Strategic Management Area, UCSD
- 2017 Kellogg School of Management, Management and Organizations Area, Northwestern
The Greater Good Science Center, Gratitude in Business Summit
UC Berkeley, Institute for Personality and Social Psychology
Haas School of Business, Management of Organizations Area, UC Berkeley
- 2015 Kaiser Permanente
- 2014 The Greater Good Science Center, Gratitude Summit
- 2013 The Greater Good Science Center, Conference on Expanding the Science and Practice of Gratitude
UC Irvine, Department of Psychology and Behavioral Sciences
University of Toronto, Relationships Interest Group (TRIG)
- 2012 Santa Clara University, Psychology Department
- 2010 UC Berkeley, Institute for Personality and Social Psychology

TEACHING EXPERIENCE**STATISTICAL WORKSHOPS (PREPPED AND TAUGHT)**

- 2024 *Advanced Topics in Dyadic Longitudinal Data Analysis*, 2-Day Workshop
Dyadic Longitudinal Data Analysis, 4-Day Workshop
- 2023 *Dyadic Longitudinal Data Analysis*, 4-Day Workshop
- 2019 *A Practical Guide to MLM*, 2-Day Workshop, University of Toronto

- Multilevel Modeling Theory and Analysis*, 2-Day Workshop, UC Berkeley
- 2018 *2-Part MLM Webinar*, SPSP Online Learning
Multilevel Modeling Theory and Analysis, 2-Day Workshop, Stanford University
Dealing with Dyadic Longitudinal Data, 1-Day Workshop, University of Toronto
Practical MLM for Intermediate Users, Invited Deep-Dive Workshop, SPSP Conference
- 2017 *Multilevel Modeling Theory and Analysis*, 2-Day Workshop, University of Toronto
- 2016 *Multilevel Modeling Refresher Course*, Center for Health and Community, UCSF
- 2015 *Analyzing Multilevel Data*, Affective Sciences Seminar, UC Berkeley
- 2013 *Multilevel & Dyadic Modeling*, 3-Day Workshop, UC Berkeley

PSYCHOLOGY DEPARTMENT, UNIVERSITY OF MICHIGAN

GRADUATE COURSES

- Social Psychology Research Methods*: WINTER 2022, 2024
Political Psychology and Attitudes: Focusing on Political Polarization: WINTER 2023
The Psychology of Close Relationships: WINTER 2021

UNDERGRADUATE COURSES

- The Psychology of Close Relationships*: FALL 2020, 2021, 2022, 2024

PSYCHOLOGY DEPARTMENT, UNIVERSITY OF CALIFORNIA, BERKELEY

GRADUATE COURSES

- Psychological Statistics and Data Analysis Part 2*: Lab Instructor and TA, SPRING 2013
Psychological Statistics and Data Analysis Part 1: Lab Instructor and TA, FALL 2012

UNDERGRADUATE COURSES

- Social Psychology*, GSI: SPRING 2011
Research and Data Analysis in Psychology, Lab Instructor and GSI: SPRING 2010, SUMMER 2008

MENTORING EXPERIENCE

POSTDOCTORAL SCHOLARS

- 2024-2025 Cansu Yilmaz (visiting scholar from Turkey)
 2023- Tatum Jolink (NSF SBE postdoctoral awardee)

DOCTORAL STUDENTS

- 2024- Alfred Koo (Co-Advisor)
 2024- Noa Boker Segal (Co-Advisor)
 2023- Yaxin Xiao (Secondary Advisor)
 2022- Emily Diamond
 2022- Savannah Adams (Secondary Advisor)
 2021- Micaela Rodriguez (Secondary Advisor)
 2020- Annika From (Co-Advisor)
 2020-2022 Esra Ascigil (Secondary Advisor)
 2020-2022 Lester Sim (Secondary Advisor)

DISSERTATION COMMITTEES

- 2023 Annika From (Personality and Social Context)
 2022 Esra Ascigil (Personality and Social Context)
 2022 Lester Sim (Personality and Social Context)
 2022 Qinggang Yu (Social Psychology)
 2022 Jennifer Piemonte (Women's Studies and Psychology)
 2022 Zachary Reese (Social Psychology)
 2020 Staci Gusakova (Women's Studies and Psychology)

HONORS THESES & POST-BAC STUDENTS SUPERVISED:

- 2024-2025 Jordan Bacharach
 Natalie Pierce
 Hannah Lubowitz

2023-2024	Helen Devine (Best Honors Thesis Award)
2022-2023	Emma Morse
2021-2022	Lara Zammit (Masters Student, University of Michigan School of Social Work)
2020-2021	Catherine Garton (PhD Student, Stanford Affective Science)
2018-2020	Katherine Ross (PhD Student, University of Michigan Clinical Psychology)
2016-2019	Kareena delRosario (PhD Student, NYU Social Psychology)
2015-2017	Belinda Carrillo (UC Berkeley Social-Personality Psychology PhD)
2013-2014	Shahin Bavarsad; Nabilla Mohamed
2011-2012	Jessica Berrie; Mikhaella Hodges (U Northern Illinois Clinical Psychology PhD)
2009-2010	Marc Weintraub (U Miami Clinical Psychology PhD) Rugile Tuskeviciute (NYU Social Psychology PhD)

SOFTWARE

WHIRLWELL

Developed in collaboration with software developers at the University of Michigan, this mobile application provides a platform for intensive longitudinal studies. The app works with Qualtrics, one of the most commonly-used online survey programs, but provides flexibility in terms of when and for how long surveys are available. To minimize attrition, the app notifies participants to complete surveys.

REVEL

Developed in collaboration with Elizabeth Bruch, Associate Professor of Sociology and Complex Systems, and software developers at the University of Michigan, this is a dating app designed to track people as they date and form relationships. The app is available to University of Michigan students and allows them to fill out a profile, complete prompted surveys, filter, view, and swipe on profiles, block users, and chat with people they match with. Revel users are part of a research study, and our research team will use the data to answer questions about dating, compatibility, and the formation and maintenance of relationships.

PROFESSIONAL ACTIVITIES

JOURNAL REVIEWING

Associate Editor: *Emotion* (2023-Present)

Editorial Board: *Affective Science* (2020-present), *Personality and Social Psychology Bulletin* (2021-present), *Emotion* (2018-2022), *Journal of Social and Personal Relationships* (2019-2022)

Ad Hoc Reviewer: *European Journal of Social Psychology*, *Hormone & Behavior*, *Journal of Experimental Psychology: General*, *Journal of Experimental Social Psychology*, *Journal of Family Psychology*, *Journal of Personality*, *Journal of Personality and Social Psychology*, *Journal of Positive Psychology*, *Journal of Research in Personality*, *Motivation and Emotion*, *Personal Relationships*, *Personality and Social Psychology Bulletin*, *PLOS One*, *PNAS*, *Psychological Bulletin*, *Psychological Science*, *Psychosomatic Medicine*, *Science Advances*, *Scientific Reports*, *SLEEP*, *Sleep Health*, *Social and Personality Psychology Compass*, *Social Psychological and Personality Psychology*, *Trends in Cognitive Science*

GRANT REVIEWING

Ad Hoc Reviewer: *National Science Foundation*, *U-M MIDAS*

CURRENT AND PAST AFFILIATIONS

Association for Psychological Science, International Association for Relationships Researchers, Society for Affective Science, Society for Experimental Social Psychology, Society for Personality and Social Psychology

PAST AND CURRENT PROFESSIONAL SERVICE

Department and University: Psychology Executive Committee, *UM* ('24-'25); RCGD Executive Committee ('24), *UM*; Annual Review Committee, *UM* ('24,'25); Industry Careers Committee, *UM*; Katz-Newcomb Committee ('23), *UM*; Social Psych Culture Committee ('23-'24; Chair, '24), *UM*;

Chris Peterson Memorial Committee ('22), *UM*; SAA Committee ('22-'24), *UM*; Future Hiring Committee, *UM*; Graduate Admissions Committee ('19-'20, '21-'22, '22-'23), *UM*; Brickman Award Committee, *UM*; President of Gordon-Allport Society, *UC Berkeley*; Colloquium Committee, *UC Berkeley*; Graduate Admissions Committee, *UC Berkeley*

Professional Societies: Symposium Review Committee, *IARR*; Abstract Review Committee, *SAS*; Student Award and Poster Review Committees, *SPSP*

POPULAR WRITING

The Boston Globe: [The Country Needs Marital Therapy](#) (Nov. 2020)

Harvard Business Review: [How Working Parents Can Prioritize Sleep](#) (Mar. 2020)

Psychology Today: [Blog](#) (2013-2023), [Love: What Really Matters](#) (Cover Story, Sept. 2020)

Greater Good Magazine (2013-Present)

Psych Your Mind Blog (2011-2015), *Co-Founder*

REPRESENTATIVE MEDIA MENTIONS

- 2024 The Hill - *Taylor Swift, Brittany Mahomes underscore dividing lines: Can Democrats and Republicans be friends?*
The Guardian - *The science isn't there: do dating apps really help us find our soulmate?*
National Geographic - *This is your brain on dating apps*
- 2023 SPSP - *Positive Experiences in Close Relationships Are Associated With Better Physical Health*
CNN - *Strong, steady friendships may be an asset to your physiological health, study shows*
Glam - *Is the Advice to Never go to Bed Angry Actually Valid?*
- 2022 The Atlantic - *The Glory of Feeling Fine*
BBC - *The inevitability of the office romance*
Futurity - *Appreciation may offset unequal chores for couples*
Brides - *What Do Couples Argue About the Most?*
- 2021 The Atlantic - *The Most Effective Way to Thank Your Significant Other*
Michigan Radio Stateside - *How the pandemic changed our relationships - for better and worse*
TIME Magazine - *We Need More 'Good Conflict' in Our Lives. Here's How It Works*
British Vogue - *Maybe the Gratitude Trend isn't All Positive*
- 2020 Discover Magazine - *Awe-Struck*
Shondaland - *Constructive Ways to Deal with Conflict*
- 2019 KQED Forum - *Strengthening Marriage Through "Sleep Divorce"*
The Times - *Two Little Words That Can Make Everything Better in the Workplace*
Thrive Global - *Make November a Month of Gratitude*
- 2018 Beme News (CNN's YouTube Channel) - *We're Working Ourselves to Death*
Health Magazine - *Tapping into Gratitude*
- 2017 APS Observer Magazine - *The Hidden Costs of Sleep Deficits* (Cover Story)
The New York Times - *Relationship Problems? Try Getting More Sleep*
The Guardian - *Looking Tired Can Harm Your Social Life, Say Researchers*
Business Insider - *6 Unexpected Psychological Reasons People Get Into Fights*
- 2016 The Huffington Post - *How To Find Common Ground When You And Your Partner Disagree*
Business Insider - *Psychologists Figured Out One Trait That Makes Relationships Last*
The Independent - *Arguing With A Partner Is Beneficial When Both Feel Understood, Say Psychologists*
- 2015 The New York Times - *Can Scientific Relationship Advice Save Your Marriage?*
CNN - *Why 3-Day Weekends Are Good For You*
- 2014 Harvard Business Review - *Working Too Hard Makes Leading More Difficult*
The Wall Street Journal - *To Build Intimacy, Trust, Satisfaction, Celebrate the Good Times*
Business Insider - *Giving Thanks Could Be the Key To Lasting Relationships*
- 2013 Slate - *The Real Reason You and Your Partner Fight So Much*
The Los Angeles Times - *Get Some Sleep, and Your Partner Will Thank You*
The Huffington Post - *Poor Sleep Could Negatively Impact Gratitude in Relationships, Study Suggest*